



Students Projects 2023/2024:

Project #	Title	Student names	Supervisor & Co-Supervisor
1	The effect of mental stress on muscle strength among young adults in the UAE	Baian Mohamad Taieb Raghad Mohammad Mansour Dana Mohammed Razmk Sarah Ali Taha Pooya Mohammadi Hamza Amgad Shahin	Mrs. Amal Ms. Zaina
2	Effect of isometric handgrip exercises on resting blood pressure and heart rate variability in young pre-hypertensive population	Sohaila sherif razan ayman Ayah sarhan Farah alsalah Ola Alustwani sohayla mustafa	Dr. Kalyana Ms. Maryam Mohammed
3	The associations between body mass index, quality of sleep, and academic performance among university of Sharjah students: a cross-sectional study	Israa Gamal Hamed Yasmin Mohammed Fatima Wael Sara nafe ahmed othman Yarah Arikat Nour Hatem	Dr. Walid Kamel Ms. Amenah Hisham
4	Effect of asymptomatic and symptomatic COVID-19 on cardiorespiratory functions, physical activities, cognitive functions, and health related quality of life	Mariem Mohamed Ibrahim Amna Ibrahim Alyassi Rana Adel Ibrahim Fatima Saeed Alqahtani Laila Ali Alkaabi	Prof. Fatma Hegazy Ms. Sara Atef
5	Comparison of balance between individuals with flat feet and individuals with normal arched feet –an observational study	Menatalla mahmoud Meera al ali Suhaila basim Omama ahmed Mariam ali muhriz Narjes fadil	Prof. Ibrahim Ms. Ghayda Anwar

6	Work-related musculoskeletal disorders (WRMD) and job satisfaction among physical therapists in United Arab Emirates	Randa hazem Seba nizam Fatima Amr Hend Ahmed Nada Ali Alaa Ibrahim	Dr. Meeyouny Ms.Dalia
7	Prevalence of Sarcopenia among older adults in UAE	Khuloud Idlbi Reem mazouz Nada hatem Omar othman Ruqia Mohamd Salman	Ms. Siva Ms. Rofida
8	The Effect of Screen Time on Respiratory Function and Associated Factors	Salma hamada Marya sharif Fatima yousif Fatema juma Ayman A. Jalil Juman	Dr. Alham Ms. Dalia
9	Validity of Fibion Accelerometers vs Cardiopulmonary Exercise Testing in Measuring Energy Expenditure During Functional Activities in Healthy Individuals	Sirine Aibeche soad majid sumayah shaif Malak Bakhshwangy asma ali alowais Fadak Dashti	Dr. Ashokan Ms. Hanan Youssef Ms. May Tamim
10	Comparing the effects of different auricular vagus nerve stimulation (AVNS) parameters on heart rate variability (HRV), and balance in collegiate athletes: A Randomized Controlled Trial	Safiya Tahhan Zeineb Dridi Ghassan Jamal AlJubeh Tewfiq Ahmed Mohammed Monzer Omar Lena Elmenshawy	Dr. Tamer Ms. Raheesa
11	"Correlation Between Physical Activity, Stress and Academic Achievement Among UOS Health Students. Academic Achievement Among UOS Health Students."	Hakimeh E. Ebrahimi Hessa A. Alfadhil Moza Ahmed alsuwaidi Alreem jasem Atefeh Mohammad Omran Abdulrahman	Prof. Fatma Ms. Hanan Youssef
12	Effect of asymptomatic and symptomatic COVID-19 on cardiorespiratory functions,	Mariam Khalifa Almuhairi Huda Alzuhair	Dr. Kalyana Ms. May Tamim

	physical activities, cognitive functions, and health related quality of life	Khadija Ibrahim Mariam Eisa Salim Mobina Emadi Fatima Almansoori	
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