

CURRICULUM VITAE

.1PERSONAL DATA

Name :Ibrahim Moustafa Moustafa

Date of Birth: 5-3-1976

Place of Birth: Egypt

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.2ACADEMIC/PROFESSIONAL PARTICULARS

a) Field of Specialization:

Major Field of Specialization: Physical Therapy.

Fine Field Specialization: Basic science fir Physical Therapy.

b) Academic Qualifications

- **Bsc**of Physical Therapy, Cairo University,Egypt, 1998, very good.
- **Msc**of Physical Therapy Cairo University, Egypt, 2004, very good.

Title of thesis: Dermatomal somatosensory evoked potential demonstration of nerve root function after 2-way traction.

- **Ph.D**of Physical Therapy, 2009, Cairo University, Egypt, very good(GPA 3.26).

Dissertation Title:Remodling of thoracolumbar orthosis in view of three dimensional analysis and its therapeutic application.

c) Academic Honors and Awards

- International publication award Cairo University -2013.

- International publication award Cairo University -2014.
- International publication award Cairo University -2015.
- Mediterranean Region original research Poster award – Athena- 2015

.3CAREER DETAILS

a) Academic Positions Held

- Assistant professor-Basic science department – Faculty of Physical Therapy --Cairo University-Egypt form 2014-till now.
- Lecturer-Basic science department – Faculty of Physical Therapy - CairoUniversity-Egypt form 2009-2014.
- Assistant Lecturer-Basic science department – Faculty of Physical Therapy -Cairo University –Egypt-from 2004-2009.
- Demonstrator–Basic science department–Faculty of Physical Therapy -Cairo University –Egypt-from 1999-2004.

b) Administrative Positions Held (Dates: MM/YY-MM/YY)

- Vice dean for community service and environment development Beni-SuefUniversity –Egypt,form 2014 up to now .
- The head of technology club-Faculty of Physical Therapy –Cairo University Egypt,from 2013 to 2014.

.4Teaching

a) Summary of Courses Taught

| Course code | Course name | Number of Times Taught |
|--------------------|---------------------------|-------------------------------|
| 10106 | Therapeutic modalities I | 12 |
| 20105 | Therapeutic modalities II | 12 |

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|--------------|---|----|
| | Neuroscience | 8 |
| | Electrotherapy I | 2 |
| | Electrotherapy II | 2 |
| 40107 | Research and statistics | 12 |
| | Manual muscle testing | 6 |
| | advanced electrotherapy course(diploma) | 6 |
| | peripheral mobilization(diploma) | 6 |
| | soft tissue mobilization(diploma) | 6 |
| | Scientific writing (master) | 2 |
| | Exercise physiology | 1 |

5 .RESEARCH

a) Research Interests

List of research interests in order of priority:

- Structural rehabilitation of the spine.
- Posture.
- EMG and evoked potential studies.
- Spinal mobilizations and manipulations.
- Pain management

b) Publications/Citations Data

Type of Publication Number of Publications

Articles in International Refereed Journals 11

Conference Papers 5

Others (specify)

- One article published in press release journal (American journal of clinical chiropractic)

- Two articles published in bulletin of Faculty therapy Cairo University.

Citation Source Number of Citations

Google scholar citation

140

(c) Participation in Regional & International Conferences

Name of Conference/Workshop/Forum/Symposium, Place (City&Country), Date (include only last five years)

| Title | Attendance/presentation | year | Local/international |
|---|-------------------------|-------|---------------------|
| • the 12th international Scientific Conference of Physical Therapy Cairo University: under the title "Physical Therapy approach of modernization and development" | Participation | 2010. | Local |
| • The six conference of human performance in health and disability | Attendance | 2010 | Local |
| • The sixteen international conference of physiotherapy WCPT | Presentation | 2011 | International |
| • the first annual conference of resala center for special needs "the future of pediatric rehabilitation" | Attendance | 2013 | local |
| • the 9th national conference of human performance in health and disability & chronic occupational & environmental respiratory diseases and human | Presentation | 2013 | local |

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|---|---------------------|-------------|--|
| performance-Nano technology | | | |
| <ul style="list-style-type: none"> the 14th international Scientific Conference of Physical Therapy Cairo University: under the title " physical Therapy The Future of Treatment" | Presentation | 2013 | local |
| <ul style="list-style-type: none"> the 15th international Scientific Conference of Physical Therapy Cairo University: under the title " Manual Therapy and Technology in Physical Therapy" | Presentation | 2014 | <ul style="list-style-type: none"> Local |
| <ul style="list-style-type: none"> Two conference papers accepted in The World Federation of Chiropractic congress 2015, | | 2015 | <ul style="list-style-type: none"> International |

Service as Reviewer

Journals

- Journal of Manipulative & Physiological Therapeutics, ISSN: 01614754 published by Mosby (I reviewed ten articles).
- Disability and rehabilitation journal, ISSN: 0963-8288 published by Informa Healthcare (I reviewed five articles).
- Bulletin of Faculty of Physical Therapy ,ISSN: 1110-6611 published by Medknow (5 articles)
- Clinical rehabilitation journal (I reviewed three articles).
- Journal of back and musculoskeletal rehabilitation (I reviewed three articles I reviewed five articles).

Membership of Journal Editorial Boards

Editorial board member of *Journal of Pain Management & Medicine*

Managing editor of Bulletin of Faculty of Physical Therapy Cairo University editorial board Since 2015 January

Editorial board member of *Journal of Pain Management & Medicine*

Editorial board member of *Austin spine journal*

List of Publications (in chronological order, starting with most recent)

a) International Refereed Journals (Published or Accepted only)(Authors, Title of Article, Name of Journal, Publisher (Country), Pages,Year

- Moustafa IM, Diab AA, Harrison DE, taha S. The addition of a sagittal cervical posture corrective orthotic device to a multimodal rehabilitation program improves short and long term outcomes in patients with discogenic cervical radiculopathy. Archives of Physical Medicine and Rehabilitation 2016 in press .
Publisher Elsevier
- Moustafa IM, Diab AA, Harrison DE. The Effect of Normalizing the Sagittal Cervical Configuration on Dizziness, Neck Pain , and Cervicocephalic Kinesthetic Sensibility: A 1-Year Randomized Controlled Study. European Journal of Physical and Rehabilitation Medicine 2016 in press
Publisher , Edizioni Minerva Medica
- Moustafa IM, Diab AA, Harrison DE .The Effect of Normalizing the Sagittal Cervical Configuration for the Management of Cervicogenic Headaches: A 2-Year Pilot Randomized Controlled Trial Journal: Journal of Manipulative and Physiological Therapeutics 2016 in press **Publisher ,Mosby**
- Moustafa IM, Diab AA. The addition of upper cervical manipulative therapy in the treatment of patients with fibromyalgia: a randomized controlled trial. Rheumatology

International. 2015 Jul;35(7):1163-74. doi: 10.1007/s00296-015-3248-7

Publisher ,Springer.

- Moustafa IM, Diab AA.The effect of adding forward head posture corrective exercises in the management of lumbosacral radiculopathy: randomized controlled study.J Manipulative PhysiolTher 2015 Mar-Apr;38(3):167-78. doi: 10.1016/j.jmpt.2014.11.009

Publisher ,Mosby.

- Moustafa IM, Diab AA. Multimodal treatment program comparing 2 different traction approaches for patients with discogenic cervical radiculopathy: a randomized controlled trial. J Chiropr Med. 2014 Sep;13(3):157-67. doi: 10.1016/j.jcm.2014.07.003.

Publisher, Elsevier.

- Diab AA1, Moustafa IM The efficacy of lumbar extension traction for sagittal alignment in mechanical low back pain: a randomized trial. J Back Musculoskeletal Rehabil. 2013;26(2):213-20. doi: 10.3233/BMR-130372.

Publisher, IOS Press.

- Moustafa IM¹, Diab AA. Extension traction treatment for patients with discogenic lumbosacral radiculopathy: a randomized controlled trial. Clin Rehabil. 2013 Jan;27(1):51-62. doi: 10.1177/0269215512446093. Epub 2012 Jun 8.

Publisher SAGE Publications

- DiabAA, MoustafaIM.Lumbar lordosis rehabilitation for pain and lumbar segmental motion in chronic mechanical low back pain: a randomized trial.J Manipulative PhysiolTher. 2012 May;35(4):246-53. doi: 10.1016/j.jmpt.2012.04.021.

Publisher, Mosby

- Diab AA, Moustafa IM. The efficacy of forward head correction on nerve root function and pain in cervical spondylotic radiculopathy: a randomized trial. Clin Rehabil. 2012 Apr;26(4):351-61. doi: 10.1177/0269215511419536. Epub 2011 Sep 21.
Publisher, SAGE Publications.

b) Conference Papers

- Moustafa I, Diaab A, Harrison D. Randomized controlled trial on denneroll and lumbar radiculopathy. accepted in WFC (world federation of chiropractic) congress. 2015, Athens.
- Moustafa I, Diaab A, Harrison D. 2-way traction for cervical spondylotic dizziness accepted in WFC (world federation of chiropractic) congress., Athens 2015.
- Moustafa I, Diaab A, Ahmed A, Harrison D. THE EFFICACY OF CERVICAL LORDOSIS REHABILITATION FOR NERVE ROOT FUNCTION, PAIN, AND SEGMENTAL MOTION IN CERVICAL SPONDYLOTIC RADICULOPATHY", WCPT, Holland, 21 June 2011. Published in physiotherapy volume 97 supplement S1.
- Ahmed A. Moustafa I, Elgayed S, Ibrahim I. Polarity effect of microcurrent electrical stimulation on tendon healings: biomechanical and histopathological studies WCPT, Holland, 22 June 2011. Published in physiotherapy volume 97 supplement S1.

c) Other Publications

- Moustafa I, Diab A. Does Improvement Towards A normal Cervical Sagittal Configuration Aid in the Management of Fibromyalgia: A randomized controlled trial Bull. Fac. Ph. Th. Cairo Univ 18(2) 2013.
- Moustafa I, Diab A, Ahmed A, Harrison D. New RCT Shows Improved Pain, Motion & Nerve Function with Lordosis Correction. American journal of clinical chiropractic 2010.

- Moustafa I, DiabA. New Bracing Concept in the Treatment of Chronic Mechanical Low Back Pain: A Randomized Trial. Bull. Fac. Ph. Th. Cairo Univ 14(2) 2009.

Continuing Education Attended:

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| Mulligan mobilization concept | 2016 |
| Osteopathic techniques for physiotherapists | 2016 |
| 4D formetric posture analysis | 2016 |
| Motion analysis | 2015 |
| Accupunture techniques | 2014 |
| Towards international publications | 2014 |
| NCS and EMG techniques for physiotherapy | 2014 |