



## Faculty Member CV

### Dr. Tamer M. Shousha

<b>Rank / Position</b>	<b>Assistant Professor</b>
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<b>Department</b>	<b>Physiotherapy</b>
<b>Academic Qualifications:</b>	<b>PhD. of Physical Therapy, 2014</b> <b>MSc. of Physical Therapy, 2008</b> <b>BSc. of Physical Therapy, 2001</b>
<b>Work Experiences:</b>	<b>Academic:</b> <ul style="list-style-type: none"><li>• Instructor of orthopedic physical therapy, Faculty of physical therapy, Cairo University, 2003-2008.</li><li>• Associate Lecturer of Orthopedic Physical Therapy, Faculty of physical therapy, Cairo University, 2008-2011.</li><li>• Lecturer of physical therapy, college of applied medical sciences, dept. of Physical Therapy, Umm Al Qura University, Saudi Arabia from 2011 till 2014.</li><li>• Assistant Professor of Physical Therapy, College of Applied Medical Sciences, dept. of Physical Therapy, Umm Al Qura University, Saudi Arabia from 2014 till 2015.</li><li>• Coordinator of the quality assurance and accreditation committee, College of Applied Medical Sciences, Umm Al Qura University, Saudi Arabia from 2011 till 2015.</li><li>• Assistant Professor of Physical Therapy, College of Health Sciences, Dept. of Physical Therapy, University of Sharjah, Sharjah, UAE. (currently)</li></ul> <b>Clinical:</b> <ul style="list-style-type: none"><li>• Technical manager of Balbaa's rehabilitation centers from 2004 to 2010.</li><li>• Technical manager of Nour Al Hayat Pediatric Center from October 2010 to September 2011.</li><li>• Senior Physical Therapist in Elwany Rehabilitation Center 2002-2004</li></ul>

<p><b><u>Teaching Experiences:</u></b></p>	<p><b>Over 12 years of teaching experience in the Physical Therapy field:</b></p> <ul style="list-style-type: none"> <li>• <b>Physiotherapy for musculoskeletal conditions (Theory, Clinical Skills Labs and Clinical Practice)</b></li> <li>• <b>Physical Examination</b></li> <li>• <b>Physiotherapy for sport injuries (Theory, Clinical Skills Labs and Clinical Practice)</b></li> <li>• <b>Biomechanics ( practical and lab)</b></li> <li>• <b>Ergonomics</b></li> </ul>
<p><b><u>Publications:</u></b></p>	<ul style="list-style-type: none"> <li>• <b>Energy Expenditure Following Rehabilitation of the Reconstructed Anterior Cruciate Ligament.</b> <i>Bull. Fac. Ph. Th. Cairo Univ., Jan. 2010.</i></li> <li>• <b>Energy Expenditure and Fatigue Induced Proprioceptive Defect Following Rehabilitation of the Reconstructed Anterior Cruciate Ligament.</b> <i>Physiotherapy (97), supplement S1, (2011). Abstract.</i></li> <li>• <b>The Efficacy of Cervical Lordosis Rehabilitation for Nerve Root Function, Pain and Segmental Motion in Cervical Spondylotic Radiculopathy.</b> <i>Physiotherapy (97), supplement S1, (2011). Abstract.</i></li> <li>• <b>Efficacy of Shock Wave Therapy on Spasticity and Hand Function in Children with Cerebral Palsy: A Randomized Controlled Trial.</b> <i>Bull. Fac. Ph. Th. Cairo Univ., Jan. 2011.</i></li> <li>• <b>Postural Balance in Subjects with and without Patellofemoral Pain Syndrome.</b> Journal of the first Arabic scientific conference for handicapped rehabilitation. <i>July 2012.</i></li> <li>• <b>Effect of Mechanical Low Back Pain on Postural Balance and Fall Risk.</b> <i>Indian Journal of Physiotherapy and Occupational Therapy. Vol 7(3): July-September 2013.</i></li> <li>• <b>Impact of a Single Bout of High-Intensity Arm Ergometer Exercise on Ventilatory Function .JOKULL.</b> <i>Vol 63, No. 6; June 2013.</i></li> <li>• <b>Long-term effect of high-intensity laser therapy in the treatment of patients with chronic low back pain: a randomized blinded placebo-controlled trial.</b> <i>Lasers in Medical Science. Vol 29(3); November 2013.</i></li> <li>• <b>Evaluation of Postural Stability in Patellofemoral Pain Syndrome Patients.</b> <i>Indian Journal of Physiotherapy and Occupational Therapy. Vol 8, No.2; April-June 2014.</i></li> </ul>

<u>Research Interests</u>	<ul style="list-style-type: none"><li>• <b>Modern Technology/ advanced techniques in Physiotherapy management for different musculoskeletal cases.</b></li><li>• <b>Physiotherapy for different surgical approaches in musculoskeletal conditions</b></li><li>• <b>Laser</b></li><li>• <b>Evidence Based Practice.</b></li><li>• <b>Community based research.</b></li></ul>
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