

Mini Sara Abraham

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EDUCATION:

PhD candidate "University Of Salford" Manchester UK since 2020

Master's in nursing (Medical Surgical Nursing), 1998

Medical college Trivandrum India

Kerala University

Thesis Title: "effectiveness of planned instructional programme on selected self care activities for COPD patient."

ISO 9000: 2000 Series Auditor / Lead Auditor Training course 12th November 2007

Diploma in computer application- Campus University and
Additional training from DOHMS 1998

Bachelors of Nursing, 1987

LT college of Nursing

SNDT University

Bombay

EXPERIENCE:

Teaching experience = 20 years

Total ICU experience (Hospital Nursing Service) = 13 years

Lecturer, Nursing Department

Sept 2008 - Present

College of Health Sciences, University of Sharjah, Sharjah, U.A.E

- Teach core courses in specialties such as Medical surgical Nursing, Maternal and child health Nursing, Pediatric Health Nursing, Quality in health care setting, Nursing Leadership and Management, Advanced health assessment, Physical assessment ,Advanced communication ,Introduction to nursing, Health education and promotion & clinical site supervision of 'Critical care nursing, Nursing theory application, Contemporary issues in nursing, Nursing Theory, Pathophysiology .
- Coordinate and deliver clinical education for students/ college.

- Method of teaching - Problem based learning approach, Hybrid team based Learning, Case study, seminar & lecture method etc. using Blackboard and Banner systems.
- Developed syllabus, course description, Assessment tool / Rubrics, competencies for practice.
- Other administrative responsibilities including participation in College and University level committees, Student Advising, Clinical and course coordination.
- Actively engaged in academic advising, curriculum revision, accreditation, professional development.
- Clinical coordinator of Nursing Department
- Member of various department and college level committees.
- Organize and deliver workshops for Faculty of CHS, Students ,Preceptors and other Registered nurses under Ministry of Health.
- Organized international conferences ..

Acting Nurse Supervisor of Surgical ICU, Medical ICU, SBCU, ER July 2007 to July-2008

Charge Nurse of Surgical ICU and Medical ICU May1999 to June 2007
Dubai hospital, DHA, Dubai

- ICU Patient Care – Surgical and Medical patients
- Facilitator for Intensive care course based on evidence based Nursing ,DOHMS Carramar Consulting (2006-2007)
- Management of unit - Staffing, Budgeting, Stock keeping, Staff education, Supervision & Evaluation .
- Conducted series of workshop for – ICU staff and general staff .
- Prepared ICU policies, protocol, guidelines, Competency checklist, Rosters, performed auditing.
- Active Star performer of JCI accreditation Programme.
- Prepared and presented a patient family booklet for SICU and MICU.
- Motivated and initiated Nursing research in ICU.
- Actively involved in --- In- service education (core competency programme for Registered Nurses of the hospital) and Orientation (new staff appointed to hospital)

- Active member of – Documentation committee, Patient Family education and Practice development team
- Actively involved in workshop conducted for multidisciplinary health care workers – Handled topic on Patient and family education
- Night Supervisor of Dubai Hospital
- Member of hospital interview board
- Preceptor for Sharjah University Students and Ambulance service

MSC Nursing Student intern

College of Nursing, Medical college Trivandrum.

May 1996 to July 1998

- Academic activities
- Supervision & Teaching of 2nd and 3rd year BSc Nursing Students of college of Nursing TVM, Taught – Medical Surgical Nursing

Junior nursing officer

Sree Uthradom Thirunal Hospital, Trivandrum

October 1995 to May 1996

Cardio Thoracic Post operative Intensive care unit

- Unit management
- Care of patients Cardiac & Thoracic Post operative

Nursing Tutor

Devaki Hospital, Madras

June 1994 to June 1995

- Teaching & Supervision
- Subjects Taught: Medical Surgical Nursing Including ENT, Ophthalmology& Orthopedics
Psychiatry Nursing

Nursing Tutor

St. Isabel Hospital, Madras

June 1993 to June 1994

- Teaching & Supervision
- Subjects Taught: Medical Surgical Nursing Including Gynecology & Advanced Nursing (ward management)

Nursing tutor

June 1988 to June 1993

Medical Trust Hospital, Kerala

- Teaching & Supervision

Subjects Taught: Medical Surgical Nursing Including ENT, Ophthalmology, orthopedics and Gynecology, Psychiatry Nursing and Pediatric

ADDITIONAL MERIT

- Staff Excellence Award from Emirates nursing association in 2007
- Staff excellence award from DOHMS in 2003

ACADEMIC AWARDS:

Felicitated with Smt Leela Bai Damodar Thakersey Rolling shield for highest marks in Comprehensive Nursing
June 1987

PROFESSIONAL MEMBERSHIPS AND LICENSES:

- Member of Nurse midwifery council ,UAE 2017-2018
- Indian Nursing council –life member
- Member of Council of Nursing and Nursing Specialization for Cooperation Council States 2010- 2011

SCHOLARLY AND PROFESSIONAL ACTIVITIES:

RESEARCH

1. Al-Yateem, N., **Dias, J.M.**, Subu, M.A., Abraham, M.S., Abd El-Baky, F., Almarzouqi, A., Rahman, S.A., Saifan, A., Mohammad, M Alrimawi, I, & Faris, M.A. (2021). Reflections on the transition to online teaching for health science education during the COVID-19 pandemic. International Journal of Medical Education. Accepted for publication
2. Aderibigbe, S., **Dias, J.M.**, & Abraham, M. (2021). Understanding issues affecting students' commitment to online discussion forums in undergraduate courses. International Journal of Interactive Mobile Technologies (iJIM),4(23)
3. Subu, M.A., Ismail,R., **Dias. J.M.**, Abraham, M.S., Waluyo, I., & Maryuni, M.(2020). An Investigation of the Interests and Reasons of Diploma Nurses Undertake a RN-BSN Program in United Arab Emirates Jurnal Keperawatan Padjadjaran
4. Subu, M.A., Ismail,R., **Dias. J.M.**, Abraham, M.S., Waluyo, I., & Maryuni, M.(2020). Bridging An Investigation of the Interests and Reasons of Diploma Nurses Undertake a RN-BSN Program in United Arab Emirates Jurnal Keperawatan Padjadjaran, 8(2)

5. Walton LM, Raigangar, V., Abraham, MS, Buddy, C, Hernandez M, Krivak G, & Caceras, R (2019). The Effects of an 8-week Pelvic Core Stability and Nutrition Community Programme on Maternal Health Outcomes. *Physiotherapy Research International*, 24 (4), art. no. e1780. <https://www.scopus.com/inward/record.uri?eid=2-s2.0-85065157154&doi=10.1002%2fpri.1780&partnerID=40&md5=687d4b614fa4d9f9149b2cda270e9586>
DOI: 10.1002/pri.1780
6. Awadallah, S., Hasan, H., Attlee, A., Raigangar, V., Unnikannan, H., Madkour, M., Abraham, M.S., Rashid, L.M. Waist circumference is a major determinant of oxidative stress in subjects with and without metabolic syndrome (2019) *Diabetes and Metabolic Syndrome: Clinical Research and Reviews*, 13 (4), pp. 2541-2547. DOI: 10.1016/j.dsx.2019.07.010.
7. Women's midlife health - risk factors & disease burden for global health
Authors: Dias, J., Subu, M., Abraham, M., Yateem, N.), *Handbook of Global Health* (Springer) 2020
8. Co-supervised student project "Perceptions of Undergraduate Nursing Students About Clinical Preceptorship in United Arab Emirates."
9. Poster presentation on "Perceptions of Undergraduate Nursing Students About Clinical Preceptorship in United Arab Emirates." SUPERVISED STUDENT PROJECT- poster presentation , accepted at Rising Stars of Research and Scholarship Invited Student Poster Program at Sigma Theta Tau International's (Sigma) 31st International Nursing Research Congress. The event will be held virtually July 2020.
10. 5th European Congress of the European Region WCPT, 2020, abstract accepted for oral presentation (Virtual), July 2020
Title : Interprofessional education: a tool to improve communication and intercultural competence
Author(S) : Raigangar, Veena; Walton, Lori Maria; Abraham, Mini Sara, ER-WCPT 2020: New Submission Received. Contribution ID: 263
11. Understanding Students' Commitment to Online Discussion Forums in Undergraduate Courses ; Collaborative Research with College of Arts, Humanities and Social Sciences. Submitted for publication. PI-Dr. Semiyu Adejare Aderibigb; CO PI- Dr Jacqueline Maria Dias , Mini Sara Abraham.
12. Mentors perceptions on Mentorship in nursing across UAE; Seed grant, PI- Dr Jacqueline Maria Dias; CO PI- Mini Sara Abraham; Dr. Semiyu Adejare Aderibigbe
13. Participated in the Innovation in Health Research activity an Interdepartmental activity "Newly Developed Clinical Tool: "Women's Inventory of Musculoskeletal Pain &

Perceived stress” Investigating the Validity and Reliability of WIMPP University of Sharjah 2019. PI- Dr. Lori Maria Walton. 10th of February 2019

14. Quasi experimental study, control group design. On “effectiveness of planned instructional program on selected self-care activities for COPD patient.(Masters Thesis)1996

Evaluated Book

Pearson Arab World textbook Adaptation – Olds' Maternal- Newborn Nursing

Purpose - comprehensive review; that would be helpful to the publisher in developing a culturally relevant textbook for Arab World students.

BOOK CHAPTER WRITTEN

Women’s midlife health - risk factors & disease burden for global health

Authors: Dias, J., Subu, M., Abraham, M., Yateem, N.),Handbook of Global Health (Springer)2020

TEACHING & COMMUNITY :

1. Presented at International Webinar -An elaborate outlook on Antenatal Trends and An expansive view on Intranatal Trends”23rd April 2021.
 2. Presented webinar -Urinary Incontinence in Women post 50 years , Preventive strategies and management, 22nd March 2021.Organized by the Health Promotion Department at supreme council for family affairs.
 3. Organized and presented for Mentorship webinar - Empowering Mentors Workshop Webinar- For Mentors of University Hospital Sharjah, Alqassimi hospital, Al qassimi women’s and children’s hospital and Kuwaiti Hospital ,7th March 2021.
 4. Organized Webinar on Career Guidance “ Your First step into Nursing Profession”, Nursing Department On March 2nd 2021
 5. Presented and coordinated 21st Clinical /Learning Skills virtual workshop for BSN and RN BSN students on the 28th January 2021
 6. Presented at 21st Clinical /Learning Skills reorientation Workshop on the. 9th January,2021.
 7. Presented at webinar -Urinary Incontinence in Women, Preventive strategies and management 26th November 2020.Organized by Pink Caravan.
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8. Organized and presented, Virtual orientation program for nursing students : Learning in the context of COVID-19 pandemic, 3rd September 2020.
 9. **Guest speaker for Preceptor ship** workshop at Shaikh Khalifa general hospital on 21st October 2019.
 10. **Guest speaker for Preceptorship workshop** - Positive learning environment, University Hospital Sharjah 9th December 2019
 11. **Guest speaker at Mentorship workshop** - Preceptor model Role & Responsibility of preceptors,students & tutors, Daid Hospital on 5th December 2019
 12. **Organized and conducted OSPE by simulation:** for male students of Maternity and new born course. Mock exam conducted on 17th November 2019 and final exam on 24th November2019.Data collected for retrospective study.
 13. OSPE exam students interviewd, data submitted for poster presentation at STTI and got accepted. PI - Dr Jacqueline Maria Dias.
 14. **Facilitated Health education promotion projects** among the University students in CHS, College of Communication and in the community at AL Thekha centre,Sharjah Fall 2019.
 15. **Guest speaker** -Workshop UAQ medical district, Topic- Clinical Documentation Ethical aspect.
 16. **Facilitated in conducting Breast feeding day** on 19th October 2019
 17. **Guest lecturer (Collaborative teaching and learning)** on Assessment of antenatal, Intra and postnatal mothers for Physiotherapy students (Physiotherapy in Obstetrics and Gynecology course),14th October 2019.
 18. **Organized and conducted 2days workshop** for Maternity and newborn nursing practicum course students on 8th & 15th September 2019.
 19. **Organization committee member of Sehaty Conference ; 27th and 28th November 2018**
 20. **Mini Sara Abraham (2017) 2nd Nursing Conference – Nurses : A voice to lead ,Achieving the sustainable development Goals , University Hospital Sharjah ,UAE**
 21. **Guest speaker for workshop "Leaders for future " Umm Al Quwain Medical District on 7th and 8th March2019**
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OTHER ACTIVITIES AND EDUCATION

Community service

Organized & or Presented:

Present - 2008

- Attained course Basic Life support provider course On 16Th June 2021
- Attended course on "Introduction to analyzing Qualitative interviewing " " Organized by Oxford Qualitative courses 8th and 9th June 2021
- Attended course on" Introduction to Qualitative interviewing " Organized by Oxford Qualitative courses On the 7th June 2021
- Completed " Advanced Certificate in Health Professions Education" Fall 2019-2020
- Online course on PowerPoint for Teachers: Creating Interactive Lessons- 28th June 2020.
- Online course on Visual Thinking Strategies Course completed on 26th June, 2020.
- Webinar on - Assignment tool and Rubrics, Building online Quizzes and Tests on 18th June 2020.
- Completed course online - Learning to teach Online - June 5th 2020
- Webinar on - Building interactive Course in Blackboard and Delivering live Lectures in Blackboard Collaborate 11th June 2020.
- Webinar - E book online data base on 22nd June 2020
- Webinar - Science direct and Scopus on 17th June 2020.
- Facilitated Journal club presentation for RN at Kuwaiti Hospital, Ummalquain medical district, Al Baraha Dubai and PHC Sharjah March 2020
- Professional Development committee member - Assisted in organizing Stress: A challenge to human Performance .25th March 2020
- Participated in the Joint research tutorial sessions,29th January 2020
- Presented at 20th Clinical /Learning Skills Workshop,24th January. 2020
- Attended 2019 clinical research forum by "The Research Ethics Committee of the Ministry of Health and Prevention" on 13th December 2019
- 2019 clinical research forum by "The Research Ethics Committee of the Ministry of Health and Prevention" on 13th December 2019
- BLS Certified (2years validity) 2019
- Organized Journal club for RN at Al Qassimi Hospital Sharjah on 11th April 2019
- Organized Journal club for RN at University Hospital Sharjah on 15th April 2019
- Guest speaker for workshop "Leaders for future " Topic - Delegation and accountability at Umm Al Quwain Medical District on 7th Marc 2019
- Participated in – Innovation in Research ,held at Training and development centre on 10th February 2019
- Guest speaker-Leadership for future Workshop for RN of MOHAP 2019
- UAQ Hospital -Nursing Department on 7th and 8th March 2019
- Organized and presented at Mentorship workshop at University hospital Sharjah 3rd March 2019.

Professional Committee Membership:

- University of Sharjah, College of Health Sciences 2018- Present
Continuing education & Professional development Committee, Member
- Curriculum committee 2019 -Present
- Member of sustainability circle - LEAF 2019 -Present
- Member of Disability support team of UOS 2019 -Present
- UAE NMC Scientific Committees' member 2017 - 2018

PROFESSIONAL REFERENCES: Available on request.