



Mini Sara Abraham

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EDUCATION:

Masters in Nursing (Medical Surgical Nursing), 1998

Medical college Trivandrum India
Kerala University

Thesis Title: "effectiveness of planned instructional programme on selected self care activities for COPD patient."

ISO 9000: 2000 Series Auditor / Lead Auditor Training course 12th November 2007

Diploma in computer application- Campus University and
additional training from DOHMS 1998

Bachelors of Nursing, 1987

LT college of Nursing
SNDT University
Bombay

EXPERIENCE:

Teaching experience = 16years

Total ICU experience (Hospital Nursing Service) = 11years

Lecturer, Nursing Department

College of Health Sciences, University of Sharjah, Sharjah, U.A.E

Sept 2008 - Present

- Teach core courses in specialties such as Medical surgical Nursing, Maternal and child health Nursing, Pediatric Health Nursing, Quality in health care setting, Nursing Leadership and Management, Advanced health assessment, Physical assessment ,Advanced communication ,Introduction to nursing, Health education and promotion & clinical site supervision of 'Critical care nursing,Nursing theory application .
- Coordinate and deliver clinical education for students/ college.
- Method of teaching - Problem based learning approach, Hybrid team based Learning, Case study, seminar & lecture method etc. using Blackboard and Banner systems.

- Developed syllabus, course description, Assessment tool / Rubrics, competencies for practice.
- Other administrative responsibilities including participation in College and University level committees, Student Advising, Clinical and course coordination.
- Actively engaged in academic advising, curriculum revision, accreditation, professional development.
- Clinical coordinator of Nursing Department
- Member of various department and college level committees.
- Organize and deliver workshops for Faculty of CHS, Students ,Preceptors and other Registered nurses under Ministry of Health.
- Organized international conferences ..

Acting Nurse Supervisor of Surgical ICU, Medical ICU,SBCU,ER July 2007 to July-2008

Charge Nurse of Surgical ICU and Medical ICU May1999 to June 2007
Dubai hospital, DHA, Dubai

- ICU Patient Care – Surgical and Medical patients
- Facilitator for Intensive care course based on evidence based Nursing ,DOHMS Carramar Consulting (2006-2007)
- Management of unit - Staffing, Budgeting, Stock keeping, Staff education, Supervision & Evaluation .
- Conducted series of workshop for – ICU staff and general staff .
- Prepared ICU policies, protocol, guidelines, Competency checklist, Rosters, performed auditing.
- Active Star performer of JCI accreditation Programme.
- Prepared and presented a patient family booklet for SICU and MICU.
- Motivated and initiated Nursing research in ICU.
- Actively involved in --- In- service education (core competency programme for Registered Nurses of the hospital) and Orientation (new staff appointed to hospital)
- Active member of – Documentation committee, Patient Family education and Practice development team
- Actively involved in workshop conducted for multidisciplinary health care workers – Handled topic on Patient and family education
- Night Supervisor of Dubai Hospital
- Member of hospital interview board
- Preceptor for Sharjah University Students and Ambulance service

MSC Nursing Student intern

College of Nursing, Medical college Trivandrum.

May 1996 to July 1998

- Academic activities
- Supervision & Teaching of 2nd and 3rd year BSc Nursing Students of college of Nursing TVM, Taught – Medical Surgical Nursing

Junior nursing officer

Sree Uthradom Thirunal Hospital, Trivandrum

October 1995 to May 1996**Cardio Thoracic Post operative Intensive care unit**

- Unit management
- Care of patients Cardiac & Thoracic Post operative

Nursing Tutor

Devaki Hospital, Madras

June 1994 to June 1995

- Teaching & Supervision
- Subjects Taught: Medical Surgical Nursing Including ENT, Ophthalmology & Orthopedics Psychiatry Nursing

Nursing Tutor

St. Isabel Hospital, Madras

June 1993 to June 1994

- Teaching & Supervision
- Subjects Taught: Medical Surgical Nursing Including Gynecology & Advanced Nursing (ward management)

Nursing tutor

Medical Trust Hospital, Kerala

June 1988 to June 1993

- Teaching & Supervision
- Subjects Taught: Medical Surgical Nursing Including ENT, Ophthalmology, orthopedics and Gynecology, Psychiatry Nursing and Pediatric

ADDITIONAL MERIT

- Staff Excellence Award from Emirates nursing association in 2007
- Staff excellence award from DOHMS in 2003
- DOHMS Committee member and trainer for Patient and family education
- **Facilitator for Intensive care course based on evidence based Nursing (2006-2007) DOHMS, Carramar Consulting.**
- Trainer for orientation and core competency programme DOHMS (2007- 2008)
- Member of Dubai Hospital Joint Commission accreditation Action plan team (2007- 2008)
- Secretary and trainer of Documentation Committee (2005- 2008june)
- BLS & ACLS Provider

ACADEMIC AWARDS:

Felicitated with Smt Leela Bai Damodar Thakersey Rolling shield for Highest marks in Comprehensive Nursing
June 1987

PROFESSIONAL MEMBERSHIPS AND LICENSES:

- Indian Nursing council –life member
- Member of Council of Nursing and Nursing Specialization for Cooperation Council States 2010- 2011
- Member of Nurse.ae website advisory panel,Dubai2011.

SCHOLARLY AND PROFESSIONAL ACTIVITIES:

Research:

- Quasi experimental study, control group design. On “effectiveness of planned instructional program on selected self-care activities for COPD patient.
- ❖ **Currently working on :**
 - ” Project Title:
 - Developing and Validating an Instrument to Measure Patients Satisfaction with Emergency Care in Sharjah Hospitals UAE. A Collaborative Research Grant UOS.2015
 - Assessment of Lifestyle, Anti-oxidative, Oxidative and Inflammatory Markers in relation to Metabolic Syndrome components among adults in UAE – Competitive Research Grant, UOS.2015

Evaluated Book

Pearson Arab World textbook Adaptation – Olds' Maternal- Newborn Nursing

Purpose - comprehensive review; that would be helpful to the publisher in developing a culturally relevant textbook for Arab World students.

Conference Proceedings and Presentations:

- Mini Sara Abraham (2017) 2nd Nursing Conference – Nurses : A voice to lead ,Achieving the sustainable development Goals , University Hospital Sharjah ,UAE
- Mini Sara Abraham (2016) “ Reflective practice in nursing “ NMC hospital ,UAE
- Mini Sara Abraham (2015) “Management of post Gynecological surgeries”, during 3rd Emirates –German congress in Medicine.UOS.
- Mini Sara Abraham (2015) “Hypertension” at Health day event organized by University of Sharjah students council.
- Mini Sara Abraham (2014) “Patient fall prevention strategy” during Quality improvement and patient safety conference.
- Mini Sara Abraham (2013) “Organization performance and environmental scanning” Scientific seminar on environmental scanning, Umm Al Quwain District .
- Mini Sara Abraham (2013) “Collaborative Learning – Practical Guidelines” 2nd DHA Nursing Education Conference .Dubai Health Authority.
- Mini Sara Abraham (2011) “Patient Safety”. Nursing quality improvement conference Rashid diabetic center, Ajman medical district
- Mini Sara Abraham (2010) "Challenges in Clinical Nursing Research “ International nursing conference Government college of Nursing –Trivandrum, India.

Seminars and Conferences:

Only a few mentioned below:

- Organized Journal club presentations annually in private and MOH hospitals.
- Organized and Presented at “Physical assessment workshop –(Train The Trainer)” for MOH registered nurses of Kuwaiti hospital. May 2016.
- Member of Organization team Mentorship course annually since 2015
- Organized “Bright start conference “ along with other university organizing committee members & Health promotion Department in supreme council For family affairs. December 2014 at UOS.
- Organized Preceptorship Education workshop for Registered Nurses from MOH. September 2014, 15,16.
- Organized and attended Graduate Profile, Program Goals & Program outcomes: Relationship to the National Qualification Framework, Sharjah, January 2013
- Organized and attended Descriptive statistics and Graphical presentation, Sharjah, January 2013
- Preventing the complications of Diabetes, Ajman, December 2012
- Research Roadshow, British University, Dubai, October 2012
- Diabetes and the foot, Rashid Centre for Diabetes and Research, Ajman, October 2011
- Problem Based learning facilitator workshop, Sharjah, September 2011
- Type 1 Diabetes Management, Ajman, June 2011

OTHER ACTIVITIES AND EDUCATION

Community service

- Organized & or Presented : Present - 2008
- Mini Sara Abraham (2017) 2nd Nursing Conference – Nurses : A voice to lead ,Achieving the sustainable development Goals , University Hospital Sharjah ,UAE.
- Mini Sara Abraham (2016) “ Reflective practice in nursing “ NMC hospital ,UAE
- Organized & attended Journal club presentations for MOH registered nurses at Kuwaiti hospital on 29th October 2015 ; 12th of May 2016 and 19th May 2016
- Member of Organization team and Presented Mentorship course 21st to 25th February 2016 for staff from University of Sharjah hospital.
- Organized and Presented at the 13th Preceptorship Education workshop on 3rd September 2015 .
- Speaker at “ 3rd Emirates–German Congress in Medicine“ organized by University of Sharjah ,Sharjah Health authority & BG Trauma Centre Hamburg Germany 2015
- Speaker at“ Health day event “ organized by University of Sharjah students council. 2015
Topic : Hypertension
- Organized Journal club presentations (3 CME hours) 2015

- Organized & Presented at “15th Clinical /Learning Skills Workshop” February, 2015.
- Organized Journal club presentations at Dubai Hospital, Al Qassimi Hospital ,Kuwaiti hospital & Khalifa hospital with CME hours.
- Organized & Presented Preceptorship workshop for Registered nurses of DHA and MOH.
- Organized Faculty development activity for faculty and attended “What’s up in health monthly series “ Joint activity between Medical, Dental, Pharmacy and Health Sciences Colleges in Fall 2013 and Spring 2014
- Organized Faculty development activity for CHS faculty. Workshop on “Task stream application ” December,2013.
- Organized 4th Academic advising workshop “Advising - A Continuous Quality Initiative For CHS Faculty ” September,2013.
- Organized Faculty development activity for CHS faculty and staff talk on “Saudi Families in Intensive Care Units: Needs and Involvement ” May ,2013.
- Organized Faculty development activity for CHS faculty and staff on “Descriptive statistics and Graphical presentation (Dr. Ashraf Zaghloul). January, 2013.
- Organized Faculty development activity for CHS faculty on Graduate Profile, Program Goals & Program outcomes: Relationship to the National Qualification Framework. January, 2013.
- Organized Faculty development activity for CHS faculty and staff on “Statistical Tools for Research - --SPSS” June 2012
- Coordinated at CHS level – Student scientific forum activity held at University Of Sharjah, May 2012.
- Organized & attended Talk on “Communication and Relationships” by Prof .Magdala Habib Maximos, Visiting academic, Nursing Department.May,2014.
- Presented and participated in group work in the Preceptor ship Education workshop for preceptors at Al Dhaid Hospital. February 2014.
- Journal club presentations (3 CME hours) for MOH registered nurses. in Fall 2013 and spring 2014 semester.
- Guest speaker on “Medication safety and Dosage calculation for Nurses working at Al Qassimi Hospital” . November 2013.
- Group work 11th Preceptorship Education workshop.September 2013.
- Guest speaker on Standardization of the documentation process at Al Qassemi Hospital in June,2011.

Continuing Education workshops and courses:

- Certification on Good Clinical Practices(GCP) TRREE Training programme in research ethics Evaluation. 2016
- Completed postgraduate course "Writing and publishing a research article of excellence "JN Buchwald chief scientific research writer on 27th January 2016
- Completed Training - Certificate in leadership in Higher Education By Institute 2016

of leadership in Higher Education at University of Sharjah.

- Completed “ Mental Health First Aid Course” 12 hrs Australian MHFA accreditation course By Dr Rachel Rossiter MHFA accredited instructor 2015
- Attended accreditation workshop by Dr. Esam Agamy,UOS 2015
- Attended “1st Annual conference on recent trends in clinical skills &simulation in medical education “ at Gulf Medical University ,Ajman. 2015
- Attended “OBS-GYNE exhibition &congress at Dubai international convention &exhibition centre. 2015
- Attended “ Medical writing conference” held at Ajman Kempinski. 2015
- Attended “Research ethics Faculty development workshop” at UOS 2015
- Organized and Presented at “ Physical assessment workshop –(Train The Trainer)”2014
- Attended Dubai educational evening “Spine” organized by Neuro spinal hospital. 2014
- Attended Interdisciplinary health event - Childhood Stress in healthcare institutions Forum “Management of childhood stress” . 2014.
- Attended Dubai Educational Evening ”Diagnosis of spondyloarthropathy” 2014.
- Attended Dubai Educational Evening “Spine” 2014.
- Attended “Critical Appraisal Workshop” by Department of Medical Education, Dubai Health Authority. 2014
- Attended conference on Somatoform Disorder for Primary Care (3 CME hours) 2014
- Attended Seminar on Assistive Technology ,at HCT 2014.
- Attended workshop on” IDEAL consortium: assessment item writing workshop” 2014.
- Attended Gulf Educational supplies &solutions &Global educational forum, 2013 & 2014
- Attended and organized SPSS training workshop at University of Sharjah 2012-2013
- Attended CME on “ Dealing with back pain in clinical practice “ 2013.
- Attended seminar on “New Trends in Critical Care Nursing “. 2013
- Attended “online teaching application “ workshop by McGraw-Hill-Higher Education2012.
- Attended Research Road show at the British University in Dubai,Academic city 2012.
- Attended first ad hock committee meeting Nursing specialization council Emergency Nursing at Doha. 2009
- Attended critical care update conference by DHA 2009
- Attended training courses in use of Blackboard and Banner web based portals 2008- Present

Professional Committee Membership:

- University of Sharjah, College of Health Sciences Students Training Committee, Member 2011- Present
- University of Sharjah, Department Council Accreditation & Curriculum Development. 2008 -Present

- University of Sharjah, Student Affairs and Academic Advising Committee
Member

2008-2009 &
2013 - Present

PROFESSIONAL REFERENCES: Available on request.