

CURRICULUM VITAE

1. Personal Data:

Name	Muhammad Arsyad Subu, PhD
Date of Birth	25 December 1965
Place of Birth	Bajo- South Sulawesi, Indonesia
Sex	Male
Nationality	Indonesia
Address UAE	Sheikh Building – Floor 1 No. 104. Al Quds St. No. 19- Near Baher Al Ahlam Discounts, Rashidiya 3, Ajman United Arab Emirates.
Telephone	+971-528-984-563
Fax	N/A
Marital Status	Married
Email	msubu@sharjah.ac.ae ; msubu061@uottawa.ca

2. Academic/Professional Particulars:

a. Field of Specialization:

Psychiatric-Mental Health Nursing, Qualitative studies

b. Academic Qualifications:

1. PhD Nursing – School of Nursing Faculty of Health Sciences University of Ottawa, Canada. 2015
2. Master Science Degree in Nursing (MSN). School of Nursing Villanova University, Pennsylvania, USA. 2003
3. Bachelor in Nursing (BSN) – Faculty of Nursing University Indonesia (UI) Jakarta Indonesia. 1998.
4. Academy of Nursing Ministry of Health of Indonesia, AKPER Depkes Makassar, Indonesia. 1994.

c. Training:

1. Certificate in Health Professions. College of Health Sciences Community. 2019.
2. Educational Objectives and Teaching & Learning Method Training, University of Jakarta, Indonesia. 2016).
3. NVivo Qualitative Research Data Analysis and Management, NVivo – QSR International, Ottawa Canada. 2015.
4. Practical Mental Health Nurse – Paoli Memorial Hospital (Mental Hospital), West Chester, PA USA. 2005
5. Practical Mental Health Nurse – Belmont Behavioral Health, Philadelphia, Pennsylvania, USA. 2003.

d. Academic Honors and Awards:

1. Admission Scholarship, University of Ottawa Canada, 2011
2. Continuing Education Grant, Ministry of Education of Indonesia, 2010
3. Continuing Education Grant, Health Project V – World Health Organization & Ministry of Education of Indonesia, 2001
4. Nursing Scholarship Awards, Ministry of Health of Indonesia, 1998.

e. Membership of Professional Bodies:

1. American Psychiatric Nurses Association, USA Member (11/2003)
2. Registered Nurses Association of Ontario (RNAO) Canada, Member (05/2011)
3. Indonesian National Nurses Association (INNA), Member (05/2000)
4. Nursing Best Practice Unit University of Ottawa-RNAO (06/2010).

3. Career Details:

- Assistant professor Psychiatric/Mental Health Nursing – Nursing Program College of Health Sciences, University of Sharjah, United Arab Emirates (UAE). 2018 – Now.
- Assistant professor Psychiatric/Mental Health Nursing – BSN Program College of Health Sciences, Gulf Medical University (GMU) Ajman, United Arab Emirates (UAE). 2016 - 2018

- Research Assistant – School of Nursing Faculty of Health Sciences University of Ottawa Canada. 2011 – 2015.
- Teaching Assistant – School of Nursing, Faculty of Health Sciences University of Ottawa Canada. 2011 - 2015
- Mental Health Nurse– Royal Ottawa Mental Health Centre Ottawa Ontario Canada. 2010 - 2012
- Teaching Staff at Mental Health Nursing Department – Binawan Institute of Health Sciences (Universitas Binawan) Nursing Program, Jakarta Indonesia. 2005 -2012
- Department Head – Psychiatric-Mental Health and Community Health Nursing. Binawan Institute of Health Sciences (Universitas Binawan) Nursing Program, Jakarta Indonesia. 2006-2010
- WHO & University of Indonesia: Implementation of Community Mental Health Nursing (CMHN) in Simelue Island Aceh Province Indonesia. 2007- 2009
- Teaching Staff – Psychiatric-Mental Health. Nursing Academy of Nursing Polytechnic of Health Makassar Indonesia & Nurse and Clinical Instructor - Academy of Nursing and Diploma I Mental Health Students, Makassar Psychiatry Mental Hospital (400 beds) 1996 - 2000
- Nurse – Makassar Psychiatry Mental Hospital (400 beds) 1994 – 1996.

4. Teaching experience:

- Mental Health Nursing
- Community/Public Health Nursing
- Nursing Research (Qualitative Research).
- Human anatomy and Physiology
- Concept and Fundamental in Nursing
- Basic and Advanced Life Support
- Principles and Practice in Nursing
- Physical Assessment
- Advanced Communication
- Health Education and Health Promotion

- Psychosocial Aspects Health Professionals.

5. Research students supervised/trained:

- Level Number of Trainees
- Postdoctoral Fellows: -
- PhD Students: 7
- Master Students: 22.

6. Research Interests:

- Psychiatric - Mental Health Nursing
- Community/Public Health Nursing
- Stigma and Mental Illness
- Nursing Theory
- Qualitative researches.

7. Publications:

1. Al-Yateem, N., Dias, J. M., **Subu, M. A.**, Abraham, M. S., Abd El-Baky, F., AlMarzouqi, A., Azizu Rahman, S., Saifan, A. R., Mohammad, M. G., Alrimawi, I., & Faris, M. (2021). Reflections on the transition to online teaching for health science education during the COVID-19 pandemic. *International journal of medical education*, 12, 154–159. <https://doi.org/10.5116/ijme.610c.1580>.
2. **Subu; M.A.**, Al-Yateem, N., Rahman, S.A., Waluyo, I., Al Marzooqi, A., Dias, J.M., Aditaruna, D., & Ahamed, I.S. (2021). Social Media Use and Physical Activity among Junior High School Students in Indonesia," 2021 IEEE 45th Annual Computers, Software, and Applications Conference (COMPSAC), 2021, pp. 1394-1396. <https://doi.org/10.1109/COMPSAC51774.2021.00201>.
3. Al-Yateem, N., Al Marzooqi, A., Dias, J.M., **Subu, M.A.**, Rahman, S.A., Ahamed, I.S., & Alshabi, M. (2021). Artificial intelligence-based school decision support system to enhance care provided for children at schools in the United Arab Emirates," 2021 IEEE 45th Annual Computers, Software, and Applications

- Conference (COMPSAC), 2021, pp. 1387-1388, <https://doi.org/10.1109/COMPSAC51774.2021.00198>.
4. Otim, M.E., Al Marzouqi, A., **Subu, M.**, Damaj, N., Al-Harbawi (2021). Prevalence of Generalized Anxiety Disorders among Clinical Training Students at the University of Sharjah. *Journal of Multidisciplinary Healthcare*, 7(14), 1863—1872. <https://doi.org/10.2147/JMDH.S317828>.
 5. **Subu; M.A.**, Al-Yateem, N., Rahman, S.A., Waluyo, I., Al Marzooqi, A., Dias, J.M., Agustino, R., & Ahamed, I.S. (2021). Relationship between Internet Gaming Addiction and Body Mass Index Status among Indonesian Junior High School Students," 2021 IEEE 45th Annual Computers, Software, and Applications Conference (COMPSAC), 2021, pp. 1391-1393. <http://doi.org/10.1109/COMPSAC51774.2021.00200>.
 6. Rahman, S.A., Ahamed, I., Al-Yateem, N., Al Marzooqi, A., **Subu, M.A.**, & Variyath, S. (2021). Integration of mHealth into Primary Health Care for Child Cancer Patients – An approach to reduce health inequities in Bangladesh," 2021 IEEE 45th Annual Computers, Software, and Applications Conference (COMPSAC), 2021, pp. 1900-1903. <http://doi.org/10.1109/COMPSAC51774.2021.00287>.
 7. **Subu, M.A.**, Holmes, D., Arumugam, A., Al-Yateem, N., Dias, J.M., Abdel, F.R.A (2020). Traditional, religious, and cultural perspectives on mental illness: A qualitative study into causal beliefs and treatment utilization. Submitted to *Qualitative Report*. (Under review).
 8. Dias, M.D., Abraham, M.S., Subu; **M.A.**, & Al-Yateem, N. (2021). Simulation as a teaching strategy for baccalaureate male students undertaking a maternity course. Presented at 31st International Nursing Research Congress Sigma Theta Tau International. <https://sigma.nursingrepository.org/handle/10755/21103>
 9. Dias J.M., **Subu M.A.**, Abraham, M.S., Al Yateem N. (2021). Women's Midlife Health. In: Haring R., Kickbusch I., Ganten D., Moeti M. (eds) Handbook of Global Health. Springer, Cham. https://doi.org/10.1007/978-3-030-05325-3_129-1
 10. **Subu, M.A.**, Ismail, R., Dias, J.M., Waluyo, I., Maryuni, M., Djadjang Aditaruna, D., Soemarno, S. (2020). An Investigation of the Interests and Reasons of Diploma

- Nurses Undertake a RN-BSN Bridging Program in United Arab Emirates. *Jurnal Keperawatan Padjadjaran*. <https://doi.org/10.24198/jkp.v8i2.1402>.
11. Al-Yateem, N., **Subu, M.A.**, Al-Shujairi., A., Alrimawi, I., Ali, H.M., Hasan, K., Peerdad, N., Brenne, M. (2020). Coping Among Adolescents with Chronic Illness: A Mixed Methods Study. *British Journal of Nursing*, 29(13), 762-769. <https://doi.org/10.12968/bjon.2020.29.13.762>
 12. **Subu, M.A.**, Wati, D.F., Al-Yateem, N., Priscilla, V., Waluyo, I., Younan, S. (2019). 'Family Stigma' among Family Members of People with Mental Illness: A Grounded Theory Approach. *International Journal of Mental Health*. <https://doi.org/10.1080/00207411.2021.1891363>
 13. **Subu, MA**, Rahmawati P, Waluyo I, Agustino R. (2019). Kecanduan Internet Gaming dan Status Body Mass Index (BMI) Pada Remaja Tingkat Sekolah Menengah Pertama Tahun 2018. *Jurnal Ilmu Dan Teknologi Kesehatan*, 6(2), 168-174. <https://doi.org/10.32668/jitek.v6i2.182>.
 14. Waluyo, I., Dwi, S., **Subu, M.A**, Taruna, D.A., Soemarno, S. (2019). Penggunaan Media Sosial dan Aktivitas Fisik pada Remaja Tingkat Sekolah Menengah Pertama (SMP) Tahun 2018. *Jurnal Ilmu Dan Teknologi Kesehatan*, 6(2), 161-166. <https://doi.org/10.32668/jitek.v6i2.181>
 15. **Subu, M.A.**, Puspita, I., Fernandes, F., Priscilla, V., Nurdin, A.E. (2019). Pengalaman spiritualitas pasien kanker payudara yang menjalani kemoterapi: Studi Fenomenologi hermeneutic (Spirituality experience among breast cancer sufferers undergoing chemotherapy: A hermeneutic phenomenology). *Journal of Aisyah*, 4(1), 1-16. <https://doi.org/10.30604/jika.v4i1.150>
 16. **Subu, M.A.**, Rahmawati, P., Waluyo, I., Agustino, R. (2019). Kecanduan Internet Gaming dan Status Body Mass Index (BMI) Pada Remaja Tingkat Sekolah Menengah Pertama Tahun 2018. *Jurnal Ilmu Dan Teknologi Kesehatan*, 6(2), 167-174.
 17. Waluyo, I., Dwi, I., **Subu, M.**, Djadjang, D., Sumarno, S., Agustino, R. (2019). Penggunaan Media Sosial dan Aktivitas Fisik pada Remaja Tingkat Sekolah Menengah Pertama (SMP) Tahun 2018. *Jurnal Ilmu Dan Teknologi Kesehatan*, 6(2), 160-166.

18. **Subu, M.A.**, Waluyo, I., Nurdin, A.E., Vetty Priscilla, V., Tilawaty Aprina, T. (2018). Stigmatisasi, Kekerasan dan Ketakutan diantara Orang Dengan Gangguan Jiwa (ODGJ) di Indonesia: Constructivist Grounded Theory. [In Indonesian Language]. *Brawijaya Medical Journal*, 30, (1), 53-60.
<http://dx.doi.org/10.21776/ub.jkb.2018.030.01.10>.
19. **Subu, M.A.**, Esti, A., Fernandes, F., Fatmadona, R., & Sasmita, H. (2017). 'Between Us and Them' - Understanding Stigma and Stigmatization among People with HIV/AIDS in Sumatra Island Indonesia. *ASEAN Journal of Psychiatry*. 18(1), 1-13.
20. **Subu, M.A.**, Holmes, D., Elliot, J., & Jacob, J.D. (2017). Persistent Taboo: Understanding Mental Illness and Stigma among Indonesian Adults through Grounded Theory. *Asian Journal of Pharmacy, Nursing and Medical Sciences*. 5(1), 1-11. <https://www.ajouronline.com/index.php/AJPNMS/article/view/4316>.
21. **Subu M.A. (2017)**. A Reflection of Adopting Paillé's Data Analysis in Constructivist Grounded Theory Research. *WWJMRD*. 3(7), 314-318
22. Siswo, P., Arsyad, N., Waluyo, I., **Subu, M.A.**, & Susilowati, I.D. (2017). Cognitive and Attention Based Differential of fall among Elderly in Two Elderly Homes in Cengkareng Sub District, West Jakarta, 2012. *Journal of Ergonomics*. 7(1), 1-6.
23. Poerwanto S., Prasatwati, E., Insriwati, Waluyo, I., **Subu M.A.**, & Harsodjo, S. (2017). The Outcome of Postnatal Exercise on Depressed Women Six to 16 Weeks after Delivery in Sukabumi City, 2014: Pre and Post Intervention Study. *Journal of Health & Medical Informatics*, 7: 247, 2-4. <https://doi.org/10.4172/2157-7420.1000247>
24. **Subu, M.A.**, Holmes, D., Elliot, J. (2016). Stigmatization and Violent Behavior on Mental Illness Patient in Indonesia. Stigmatisasi dan Perilaku Kekerasan pada Orang dengan Gangguan Jiwa (ODGJ) di Indonesia. *Jurnal Keperawatan Indonesia*, 19 (3), 91-199. <https://doi.org/10.7454/jki.v19i3.481> [In Indonesian Language].
25. **Subu, M.A. (2015)**. Traditional and Alternative Therapies Usage by Psychiatric Patients: A Grounded Theory. *Journal of Nursing Padjadjaran*. 3 (3), 193-203.

26. Poerwanto, S., Ali, M., Waluyo, I., Hananto, M., **Subu, M.A.** (2012). Evaluasi Program Rehabilitasi Terhadap Kapasitas Aerobik Pada Pasien Pasca Operasi CABG Di Rumah Sakit Jantung Harapan Kita Tahun 2009. *Jurnal Ilmiah Fisioterapi*, 2 No. 2 (8), 30-34. [In Indonesian Language].
27. Poerwanto, S, Febriani N. Waluyo, I., **Subu, M.A.**, Isra, A, (2012). Perbandingan Intervensi Manual Lymphatic Drainage dan Intervensi Proprioceptive Neuromuscular Facilitation plus Akupunktur Terhadap Tingkat Depresi Pasien Stroke di RS. Rujukan Stroke Bukittinggi, Padang. *Jurnal Fisioterapi* 2 (6), 2-12. [In Indonesian Language].

8. Research Grants:

1. Project title: Experiences of University Students with Disabilities Enrolling in Higher Education in the United Arab Emirates: A Qualitative Analysis. University of Sharjah 2020.
2. PhD Dissertation, Principal Investigator, Persistent Taboo: Understanding Mental Illness and Stigma among Indonesian Adults through Grounded Theory, Ministry of Education of Indonesia, Duration (11/14-04/15)
3. Student's Grant, Co-Investigator, 'Between Us and Them' - Understanding Stigma and Stigmatization among People with HIV/AIDS in Sumatra Island Indonesia, University of Andalas, Duration (04/16- 08/16)
4. Student's Thesis, Co-Investigator, Family Stigma' - Stigmatization among Muslim Family Members Living with Mental Illness People in Sumatra Republic of Indonesia, University of Andalas, Duration (02/16- 07/16).

9. Organizational Membership:

- Registered Nurses' Association of Ontario, Canada
- College of Nurses of Ontario, Canada
- Indonesian National Nurses Association
- Indonesia Nurses Educator Association.

10. Service as Reviewer:

Journals:

- Global Qualitative Nursing Research (since: 07/2021)
- Malaysian Journal of Medicine & Health Sciences (since: 08/2021)
- International Journal of Studies in Nursing (since: 11/2017)
- Indonesian Journal of Nursing, University of Indonesia, (since: 06/2016)
- Padjadjaran Nursing Journal, University of Padjadjaran, (since: 01/2017).
- Africa Journal of Nursing and Midwifery, University of South Africa, (since: 09/2017).
- Journal Ners (since: 11/2018)
- Journal of Aisyah (Since 02/2018).

11. Membership of Journal Editorial Boards:

- Eastern Mediterranean Health Journal
- International Journal of Pharmaceutical Sciences and Medicine
- Scirea Journal of Health
- Reports in Clinical Studies and Medicine
- Translational and Integrative Medicine.

12. Presentations:

- Subu, M.A. Eating Behaviors Among Young Adults During Covid 19 Pandemic. PFA the program schedule for the Conference "Sustainability of food: A global perspective" on 17th - 18th September, 2021 at Manav Rachna International Institute of Research & Studies, Faridabad. India, 2021.
- Subu, M.A. Penelitian Kualitatif dan Publikasinya. Program Paskasarjana Universitas Negeri Jakarta, Jakarta Indonesia, 2021.
- Subu, M.A. Mental and Emotional Preparedness Learning Challenges During Covid 19 Pandemic, Universitas Binawan, Jakarta Indonesia, 2021.

- Subu, M.A. Psychosocial Aspects of COVID-19 on Daily Activities and Its implications on Nursing Education: Lesson Learned from the United Arab Emirates, Faculty of Nursing, University of Hasanuddin, South Sulawesi, Indonesia, 2021.
- Subu, M.A. Psychosocial Aspects of COVID-19 on Daily Activities and Its implications on Education, Polytechnic of Health Bogor West Java Indonesia, 2021.
- Subu, M.A. Aspek Psikososial Covid 19 Dalam Kehidupan Sehari-hari dan Implikasinya Dalam Pendidikan. STIKes Payung Negeri Pekanbaru Indonesia, 2021.
- Subu, M.A. Psychosocial and Stigma Experienced by People with Covid 19: A Case from UAE. International Physiotherapy E-Conference: “Evolving Physiotherapy Practices”. SGT University, Gurugram, Haryana, India, 2021
- Subu, M.A. Release Tension Stress for Preparation Sport Competition. Manav Rachna Institute of Research and Studies. Faculty of health Sciences, Faridabad, Haryana, India. 2021.
- Subu, M.A. Introduction to Mentoring. Webinar for Mentors of University Hospital Sharjah, Alqassimi hospital, Alqassimi women’s and children’s hospital and Kuwaiti Hospital Sharjah United Arab Emirates. 2021.
- Subu, M.A. Psychosocial Issues of Covid 19 and their implications on Daily Activities and Education – WEBEX Health Promotion Government of Sharjah United Arab Emirates. 2021.
- Subu, M.A. Psychosocial Preparation for Clinical Practice during Covid-19 Pandemic. Students Clinical Preparation – Nursing Department College of Health Sciences University of Sharjah United Arab Emirates. 2021.
- Subu, M.A. Opportunity for Working as Indonesian Professional Nurses Abroad (Peluang Perawat Indonesia Bekerja di Luar Negeri) – Webinar Online, University of Binawan Indonesia. 2021.
- Subu, M.A. Psychosocial Aspects, Therapeutic Communication and Stress Management related to Covid 19. Webinar - Online Faculty of Nursing University of Indonesia. 2020.
- Subu, M.A. Webinar Nursing Research: Untangle the Threads & Tackle the Challenges. College of Nursing Saveetha University, Chennai India 2020.

- Subu, M.A. Getting Trained and & Psychosocial Impact of Covid-19 and Stress Management. Students Orientation Program College of Health Sciences University of Sharjah United Arab Emirates. 2020.
- Subu, M.A. Mental Health & Psychosocial Impact of Covid-19 among Health Providers and Stress Management. Pink Caravan Mobile Clinic Nurse and Friends of Cancer Patients - Supreme Council for Family Affairs, Sharjah, United Arab Emirates. 2020.
- Subu, M.A. Psychosocial Aspects and Stigma related to Covid 19 and Nurses. Webinar -Online Indonesian National Nurses Association. 2020.
- Subu, M.A. Overcoming Stress to Maintain Immunity during Covid 16 Pandemic. Webinar- Online Universitas Binawan. 2020.
- Subu, M.A. Professional Communication (giving and receiving feedback and coaching). Sheikh Khalifa Hospital United Arab Emirates 2019.
- Subu, M.A. Mentorship Program Al Dhaid Hospital Sharjah United Arab Emirates 2019.
- Subu, M.A. Guided Imagery and Touch Healing for Pain and Anxiety. Asian Conference on Complementary Alternative Medicine (CAM). Jakarta Indonesia 2018.
- Subu, M.A. Psychosocial Problems of Patients in Critical Care Units. Presented at International Workshop on Critical Care Nursing. CASH in Collaboration with Nursing Sciences Department, Gulf Medical University and Thumbay Hospital United Arab Emirates - UAE. 2018.
- Subu, M.A. Integration of Evidence Based Practice (EBP) and Nursing Research to Everyday Nursing Practice. Workshop 'Magnet Nursing' Thumbay Hospital Ajman United Arab Emirates. 2017.
- Subu, M.A. Program of Combined Exercise Plus Reflexology and Exercises on the Cardiopulmonary Endurance Capacity among Elderly in Rural Area, Bogor, Indonesia 2017
- Subu, M.A. Program of Combined Exercise Plus Reflexology and Exercises on the Cardiopulmonary Endurance Capacity among Elderly in Rural Area, Bogor,

- Indonesia 2017. Presented at 1Malaysia-5th World Congress in Sports & Exercise Medicine. Kuala Lumpur, 17th – 19th November 2017.
- Subu, M.A. 'Family Stigma' - Stigmatization among Muslim Family Members Living with Mental Illness People in Sumatra Republic of Indonesia. The Biennial International Nursing Conference (BINC) Jakarta Indonesia. 2017
 - Subu, M.A. Optimization of Major Scientific Track for Health Care Transformation - Advancing Health Practices by Practicing the Nurses. Presented at International Seminar Saveetha University Chennai Tamil Nadu India. 2017.
 - Subu, M.A. Depression among Postpartum (A multi-disciplinary Study Approach). Conference Paper. Conference: 2nd International Physiotherapy Conference, Udaipur India. 2017
 - Subu, M.A. (2016) Stigma and Stigmatization towards Mentally Ill People. Presented at Binawan Institute of Health Sciences Jakarta Indonesia 2016.
 - Holmes, D. & Subu, M.A. Introducing Forensic Nursing in the Canadian Context. 2015 Indonesian National Conference in Mental Health Nursing, Kalimantan Indonesia. 2015
 - Subu, M.A. Mental Illness, Stigma and Stigmatization among Indonesian. Presented at Faculty of Health Sciences University of Ottawa Canada. 2015.
 - Subu, M.A. Holmes, D. Qualitative Research in Nursing Inquiry. Presented at Binawan Institute of Health Sciences (BIHS) Jakarta Indonesia 2015.
 - Subu, M.A. Forensic Psychiatric Nursing Care - a New Perspective in Nursing Profession in Indonesia. Presented at South East Asian Conference of Mental Health Nursing Pekanbaru Riau Indonesia. 2015.
 - Subu, M.A. Inter-professional Education in Healthcare in Forensic Nursing. Presented at International Seminar, Workshop, Public Lecture "Global Mental Health Initiative" Faculty of Nursing University of Indonesia. 2014
 - Subu, M.A. Modality Therapies in Psychiatric Mental Health Nursing. Presented at Indonesian National Conference of Mental Health Nursing Pontianak Indonesia. 2013.

13. University Service:

- Department Head, Nursing Program, Psychiatric-Mental Health and Community Health Nursing. Binawan Institute of Health Sciences Jakarta, Indonesia, (05/2006 – 07/2010).
- WHO & University of Indonesia, Indonesia, (02/2007- 05/2009), Program Head, Implementation of Community Mental Health Nursing (CMHN) in Simelue Island Aceh Province.

14. Books/Book Chapters:

- Keliat, B.A., Prawiro, A., Subu, M.A. Keperawatan Jiwa, EGC (Indonesia), 232, 2015 (in Indonesian language).
- Dias, J.M., Subu, M. A., Al Yateem, N., Abraham, M.N. (2020). Midlife Women's Health. Global Health. Elsevier.

References:

Available upon request.