



CURRICULUM VITAE

HADIA RADWAN

Associate Professor -Clinical Nutrition& Dietetics Dept. (CND)
College of Health Sciences- University of Sharjah
Phone: +971 6 5057549- email: hradwan@sharjah.ac.ae

ORCID: <https://orcid.org/0000-0002-3930-2554>

Scopus: <https://www.scopus.com/authid/detail.uri?authorId=7003757215>

Scopus Author ID: [700375721](#)

Researcher ID: [B-7955-2016](#)

Scopus *h*- Index: [14](#)

Research Gate: https://www.researchgate.net/profile/Hadia_Radwan2

LinkedIn: <http://linkedin.com/in/hadia-radwan-57656161>

Scholar Google <https://scholar.google.ae/citations?user=UX42iakAAAAJ&hl=en>

	All	Since 2018
Citations	1256	1030
h-index	19	17
i10-index	27	25

Academic Education

-Ph.D. in Nutrition- Teesside University – United Kingdom-March 2012.

Thesis Title: Influences and determinants of breastfeeding and weaning practices in UAE

-MSc. in Nutrition: Faculty of Agricultural & Food Sciences(FAFS), Department of Food Technology & Nutrition (FTN), American University of Beirut (AUB), Beirut - Lebanon -1988.

Thesis Title: Effects of feeding casein, soy protein and gluten on body composition of adult rats

-BSc. in Nutrition & Dietetics: Faculty of Agricultural & Food Sciences (FAFS), Department of Food Technology & Nutrition (FTN), American University of Beirut (AUB), Beirut - Lebanon -1986.

Professional Experience

- **September 2020-present:** Associate Professor- College of Health Sciences-Clinical Nutrition & Dietetics Dept(CND)- University of Sharjah(UoS)
- **September 2013-2019:** Assistant Professor- College of Health Sciences-Clinical Nutrition & Dietetics Dept(CND)- University of Sharjah(UoS).
- **March 2007-August 2013:** Sr. Education/Nutritionist officer– Nutrition Training Unit – Community Nutrition Dept.- Tawam Hospital –UAE.
- **September 2012-June 2013:** Part-time Lecturer at Clinical Nutrition & Dietetics Dept.-College of Health Sciences-University of Sharjah:
- **June 2010-June 2013:** Adjunct Faculty Member-College of Health Sciences- Clinical Nutrition & Dietetics Dept - University of Sharjah
- **February 2006 - December 2006:** Dietitian- Oasis Hospital - Al Ain - UAE.
- **February 2004 - June2005:** Dietitian- Private Diagnostic Center-Al Ain –UAE.
- **1990 - 1995:** Instructor of Nutrition & Dietetics- Dept. of Food Sciences & Nutrition, Faculty of Agricultural Sciences, U.A.E. University , Al-Ain - UAE.

- **1989 - 1990:** Research Assistant-Dept. of Food Technology & Nutrition, FAFS, AUB. Beirut - Lebanon.
- **1986 - 1988:** Graduate Assistant-Dept. of Food Technology & Nutrition, FAFS. AUB. Beirut - Lebanon.
- **Summer 1986 (June- September):** Field Researcher in a survey for Save the Children Federation (SCF) to assess the nutritional status of children from displaced families in Lebanon , Beirut - Lebanon.

Teaching Experience

1-Courses taught at University of Sharjah (2012-present): Sports Nutrition-Pediatric Nutrition-Food Psychology and Sociology -Health Awareness and Nutrition–Nutrition Assessment Lab.-Nutrition Research Projects-Clinical Practicum Courses.

2-Courses taught at UAE University(1990-1995): as an Instructor in the Dept. of Food Sciences & Nutrition – Faculty of Agricultural Sciences- UAE University - Al Ain - UAE, my responsibilities included teaching the practical part and some theoretical of the following courses (from1990-1995):Basic Nutrition Human Nutrition- Nutrition Throughout the Life Cycle -Community Nutrition(Theory)- Therapeutic Nutrition- Nutrition & Humankind- Food Service Management -Meal Planning & Evaluation(theory and Practical) -Principals of Food Sciences & Nutrition.

Training Experience

1-As a Sr. Nutritionist /Educational Officer at the Community Nutrition Dept.-Tawam Hospital (from 2007-to 2013), my scope of work was:

- a- Designing and executing **CME accredited nutrition and dietetic** training courses and workshops for dietitians and health workers (Each course was accredited by 11.5 CME hours from the Abu Dhabi Health Authority –HAAD).
 - **Training course topics:** MNT for diabetes -MNT for CVD-Nutrition care process in Hospitals-Diet, weight maintenance and fitness- Sports nutrition- Diet and Osteoporosis-Smart Shopping-Diet and Oral Health Workshop-Diet and childhood diseases-Diet counseling- Diet and metabolic diseases –Diet and renal failure.

b -Training students from the Nutrition and Health Dept. – UAE University.

c- Establishing the UAE Nutrition Group which is an email list group that connects Nutritionists and Dietitians working in UAE by Email.

2-As an Assistant Professor in Clinical Nutrition & Dietetics Dept.- University of Sharjah.

I am responsible for supervising the clinical practicum courses of the CND students in hospitals and community establishments.

3- As the Director of the Center of Excellence of Food and Nutrition Sciences(2014-2015): I was involved in designing and organizing a two day CME accredited workshop for Nutritionists and Dietitians titled: “**Diet and Renal Diseases: Hands on workshop**” in October 2014.

Administration and Advising

1- At UAE University: - Assisted in the setup of Nutrition Laboratories including equipment, computer hardware software and teaching aids.

- I was involved in reviewing the curriculum plan and requirements needed for the specialty of Food Sciences & Nutrition, Faculty of Agricultural Sciences, UAE University.

-Assisted in student advising & registration- Food Sciences & Nutrition Dept.-UAE-University.

-Supervised clinical training of senior students at the Food Sciences & Nutrition Dept. in the Tawam Hospital .

-Advisor for student's seminars - Dept. of Food Sciences & Nutrition-.UAE University.

2-At University of Sharjah:

- I am involved in the Department's full accreditation application and coordinating with the department council for finalizing and editing most of the application sections.
- As a Facilitator of the Clinical Nutrition & Dietetics Society: Cooperating with the Chairman in coordinating and supervising students' activities.
- I am involved in the academic advising of CND students from 2013 to-the present.
- Coordinating with the department council members for CND Strategic Planning.
- Member of the department committee for the establishment of the study plan for the Msc, program in Applied Nutrition
- Member of exam review committee at CND dept.
- Coordinator for Health Awareness and Nutrition Course at the CND dept
- Member of the Strategic planning committee- Teaching-College of Health Science

Community, University Services and Faculty Development, Conference and Workshop Participation

Community Services

1. Member of the Committee following up with WAZEN program for Employees Health in Sharjah Supreme Council for Family Affairs /Sharjah-Health Promotion Dept.-March2021
2. Interview at Sharjah TV regarding describing the CND specialty.
3. Nominated as a Member of the scientific committee of Breastfeeding Friends Association- Supreme Council for Family Affairs-March 2020
4. Participating in giving a public lecture as part of برنامج صحبتي in collaboration with The Supreme Council for Family Affairs in Sharjah, July2nd,2020.
5. Press Release-Covid, Nutrition and Lifestyle research study (Khaleej, Etihad, Bayan newspapers)
6. Member of the National Nutrition Committee for Salt Reduction -MOHAP-October, 2020
7. Participated in December 2020
الجلسة الحوارية عن " الأم بالرضاعة" لجمعية أصدقاء الرضاعة الطبيعية- المجلس الأعلى لشؤون الأسرة
8. Participated in an activity for a graduate research project campaign at Al Falah University Project activity, (اهتم صحتك اهم)-November 2019
9. A member of the Project Team with the Sharjah City Humanitarian services Project: Influence of a multicomponent program: healthy eating environment and exercise on the weight status of obese children with intellectual disability.Fall2019/2020
10. Member of the **National Nutrition Strategy Committee**- Disseminating UAE Dietary guidelines -Ministry of Health and Prevention- 2017-2020
11. Interview – Live Healthy:- <https://livehealthy.ae/despite-a-government-push-and-evidence-of-the-benefits-most-new-mothers-in-the-uae-still-are-not-breastfeeding/> -March 25th-2019.
12. Reviewing “Infant Weaning Guide “ for Lebanese mothers-University (USEK)-Lebanon-March2019.
13. Organizing “**Obesity Challenge Campaign**” among school adolescent students in Sharjah Schools”التحدي” in collaboration with Sharjah Education Council and Majed Al Futtaim for Humanitarian services-Sharjah-2018-2019.
14. Member of the **National Nutrition Strategy Committee**- Ministry of Health and Prevention- October 22nd,2018
15. Reviewer for **Rashid Bin Humaid cultural and Sciences Award research** projects- September2018
16. Organizing **World Food Day Event** (Healthy Cooking contest) with the Ministry of Health and Prevention –Oct 16th,2018-University of Sharjah
17. Scientific chairperson/ Emirates Clinical Nutrition Society(ECNS)- Emirates Medical Association (EMA) 2016-2018
18. Organizing the CND 2nd Preceptor orientation Workshop –January25th, 2018
19. Participating with DHA community Nutrition Section" Winter Camp activity” مبادرة عزبتنا” Feb-March 2018.

20. TV interview- Dubai TV- Obesity| د.رضوان: يتشكل استعداد الجنين للسمنة مستقبلا إن كانت أمه تعاني من السمنة (<https://www.youtube.com/watch?v=-XYU8ssIJMU>).
21. Attending a conference for launching National breastfeeding Week - مؤتمر انطلاق أسبوع الرضاعة - Breastfeeding Friends| health promotion/ Supreme Council For Family Affairs- November 5, 2017.
22. Meeting with Breastfeeding Friends| health promotion Supreme Council For Family Affairs to discuss: موضوع الأم المرضع البديلة من الناحية الصحية والنفسية والدينية: October 10,2017.
23. Organizing the NUMED workshop NUMED s.a.r.l. for the students of CND department and dietitians-October, 29th, 2017.
24. Presentation to Breastfeeding Friends Association- Supreme Council for Family Affairs -Sharjah celebration- Sep 26th, 2017.
25. Interview in "The National" newspaper : "The mixed messages that drives youngsters to eating disorders"- September 11, 2017
<https://www.thenational.ae/uae/health/family-comments-and-life-changes-aiding-rise-in-uae-eating-disorders-1.627083>.
26. Member of MOH committee for designing dietary guidelines for obesity and diabetes in UAE- February 2014-2018.
27. Publishing the **United Arab Emirates Ministry of Health and Prevention Guidelines** for management of obesity Booklet- May 2017.
28. Workshop on Development of a National Action in Nutrition and Healthy Diet –A MOH and WHO joint Workshop- 27-28 December 2016.
29. Organizing Committee for Mother Friendly University –May 2017.
30. Interview in "The National" newspaper: Sharjah study on the effects of breastfeeding to inform policy decisions-18 October ,2016.
<http://www.thenational.ae/uae/health/sharjah-study-on-effects-of-breastfeeding-to-inform-policy-decisions>.
31. Attending the Award Ceremony for the annual L'Oréal - UNESCO For Women in Science Middle East Fellowships 2016.
32. Attending the Ceremony '**Sharjah Baby Friendly City**' under the patronage and presence of His Highness Sheikh Dr Sultan Bin Mohammed Al Qassimi on Wednesday, 25th of November 2015.
33. Participation with Sharjah Education Council about children's cancer awareness exhibition. March 2015
34. TV interview on Dubai one TV about the importance of breastfeeding and the proposed law mandating breastfeeding for up 2 years-March 23rd 2014.
35. Participation with the Maternal and Child health center for breast Cancer awareness Campaign: organizing a workshop with CND students titled " Diet and Breast Cancer"-October 2014.
36. In collaboration with Sharjah Education Council: Organizing Generations free of Obesity (Ajyal Bela Sumna): Workshops, Consultation for Obese Sharjah public school children aged (11- 16 years)-2013-present.
37. Member of ad hoc committee in CN&D to develop a proposal for healthy meals in public schools (Sharjah Education Council).-2014
38. Developed a questionnaire for evaluating the school canteens in Sharjah(Sharjah Education Counsel)-2014
39. Member of the School Canteen Committee which evaluates school canteen meals in collaboration with the Ministry of Education and Sharjah Education Council(2014).

University Services:

- 1- Member of the department committee for the establishment of the study plan for Master's program in Applied Nutrition 2019-2021
- 2- Member of the Strategic planning committee-Teaching-2019-2021
- 3- Attending Preparation of the Self-studies for accreditation of the Masters Program In Applied Nutrition (ERT Visit)-Fall and Spring2020-2021
- 4- Member of the College Council-Council Rapporteur –Fall-Spring 2020/2021
- 5- Member of the CHS committee :” Study Plan and Accreditation” Committee (2020-2021).
- 6- Member of the CHS committee :” IT and Publication Committee: Chairing and supervising and reviewing CHS publications and IT services (2013-2014).
- 7- Member of the University Catalog Committee: Coordinator of the CHS catalogue: responsible for updating the information of CHS programs in the catalogue (English and Arabic versions)(2013-2014).
- 8- Member of the CHS committee “Study Plan, curricula committee: revising and following up with CHS new study plans (2014-2015).
- 9- Member of the CHS committee” IT Marketing, Promotion &Publication Committee: Reviewing ,updating ,following up with CHS IT ,Promotion and Publication activities(2014-2015).
- 10- Member of the CHS committee” Student affairs and Academic Advising Committee(2015-2018).
- 11- Member of University Continuing Education and Training Committee (2015-2017).
- 12- Member of the Jury committee for the undergraduate students projects “11th Research Forum of University of Sharjah- May,2017
- 13- Member of the CHS committee “Study Plan and Curricula” Committee (2018-2020).

Faculty Development activities

- 1- Attended Academic computing workshops for online Teaching: Blackboard Participation & Engagement Tools , Blackboard Assignment Tool, Rubrics and Attendance, Successful Online Exams: The Faculty Perspectives, Administering and Troubleshooting Online Exams, Using Zoom and MS Teams as a Second Camera for invigilating Online Exams, Enhancing In-class Student Engagement Using Socrative during Summer, Fall, Spring 2020/2021.
- 2- Pre-award :Research Funding opportunities-Grants and Guidelines- October 11th,2020
- 3- Online workshop :Office of the VCRGS How to manage citations in Mendley- October25th,2020
- 4- Online workshop :Office of the VCRGS –Women in Research :How to Supervise PhD Students November 15th ,2020
- 5- Online workshop by the Office of the VCRGS :Research at UoS: Opportunities, Grants and Expectations” November8th, 2020
- 6- Online Webinar Elsevier Researcher Academy On Campus: SciVal Training for University of Sharjah December14, 2020
- 7- Online Webinar Elsevier Researcher Academy On Campus: Scopus Training for University of Sharjah December14, 2020
- 8- Attended 'e Book Online Database' UoS Library Session, June 2020
- 9- Assignment tool and Rubrics and Building online Quizzes and Tests workshop by the UoS Academic Computing June,2020
- 10- Attended online lecture on”Authorship module” by Elsevier Research Academy,June, 2020.
- 11- Attended RefWorks Reference Management Software and Tools by ProQuest Education (online),May2020
- 12- Attended training on “ Adaptive release and retake exam settings”, by Academic Computing Section through Microsoft (MS)Team. May 16, 2020.
- 13- Attended a workshop on “Online Exams Training using (Blackboard Collaborate Ultra) April 16th , 2020.
- 14- Attended a workshop on “Use of Information Technology (Blackboard Collaborate Ultra)”, by Academic Computing Section. March 5th , 2020
- 15- Attended “Google G Suit” workshop , December 8th,2019.
- 16- Attended “Certificate in Health Professions Education” workshops –UoS-2019

- 17- Attended “Good Academic Writing” Series of Seminars-University of Sharjah October-December-2018.
- 18- Attended “How to Get Published in a High Impact Research Journal Course” -University of Sharjah September 7-9,2017.
- 19- Course Design Workshop : the Institute of Leadership in Higher Education (ILHE) – University of Sharjah -February 2nd, 2017.
- 20- Seminar: Research and Publishing in Higher Education- University of Sharjah -February 2nd, 2017.
- 21- Promotion Rules and Regulation for UoS faculty workshop- University of Sharjah. 16 February 2017.
- 22- Task stream Workshop -UOS-February 20th, 2017.
- 23- On Class Time Reconsidered: Active Learning in the University Classroom workshop-The Institute of Leadership in Higher Education (ILHE) –University of Sharjah Sunday April 30th - 2017
- 24- “Scopus: author and affiliation profiles”- UOS-February 20th, 2017.
Scopus, Science Direct and Mendeley session . College of Medicine, UoS **2nd Nov. 2015**.
- 25- *Research Ethics Faculty Development Workshop* - College of Medicine, UoS February 9th, 2015.
- 26- A presentation on *Clinical Key Database* conducted by professional training representatives from Elsevier- 9th Nov. 2014.
- 27- My UDC, Blackboard, My Site, Task Stream Orientation and Student Advising Workshop at UoS(2013-2014).

Conferences and Workshops

Organizing workshops and conferences

- 1- Member of the Scientific Committee of the 6th Dubai International Nutrition Congress–October 24-26,2020- Dubai
- 2- Member of the Scientific Committee of the 4th International Growth and Development Conference-(IGD-2020) Conference –March,2021- Dubai
- 3- Member of the Scientific Committee of the 5th Dubai International Nutrition Congress–October 24-26,2019- Dubai
- 4- Member of the Scientific Committee of the 4th Dubai International Nutrition Congress–October 24-26,2018- Dubai
- 5- Member of the Scientific Committee of the 3rd Dubai International Nutrition Conference – October 26-28,2017- Dubai
- 6- Member of the Scientific Committee of the 3rd International Growth and Development Conference-(IGD-2020) Conference –March 13-15,2020- Dubai
- 7- Member of the Scientific Committee of the 2nd International Growth and Development Conference-(IGD-2018) Conference –March 13-15,2018- Dubai
- 8- Member of the Scientific Committee of the Dubai International Nutrition Conference – November 17-19,2016- Dubai
- 9- Member of the Scientific Committee of the International Growth and Development Conference-(IGD-2017) Conference –March 16-18,2017- Dubai
- 10- Organized a Training Course on the “Use of Dietary, Lifestyle and Anthropometric Assessment Tools for Mother and Infant Cohort Studies” for research Assistants –UoS-October25-26,2015
- 11- Conducted two workshops: Diet, Weight management and Physical activities” for Dietitians in the Ministry of Health Hospitals and Clinics –September 13&20,2015
- 12- Member of the Scientific Committee of the Dubai Health Authority(DHA) International Nutrition Conference –November 19-21,2015- Dubai.

- 13- Member of the Advisory Committee of the Global Breastfeeding Initiative and the EiP 2014 conference: Family Friendly Workplaces Initiative. -December 2014-Dubai-UAE.
- 14- Organized a CME accredited workshop titled “Dietary Management of Renal Patients: Hands-on Workshop” (10 CPD)-October28-29,2014-University of Sharjah-UAE.

Oral Presentations

- 1- Presenting a talk titled: “Pre-pregnancy BMI, gestational weight gain, gestational diabetes and maternal and birth outcomes: MISC cohort study in UAE” Asia-Oceania Associations for the Study of Obesity (AOASO)AOCO-MASO 2021-Virtual Conference-April 6-8-2021-Malaysia
- 2- Presenting a talk titled: Gestational Weight Gain & Gestational Diabetes among Emirati and Arab Women in the United Arab Emirates: Results from the MISC Cohort. 3rd International Growth and Development Conference (IGD-2021). March 2021-Dubai-UAE
- 3- Presenting a talk titled: “Nutrition and Lifestyle Changes during Corona (Covid-19) Lockdown in the UAE. “at the 6th Dubai International Nutrition Congress–October 24-26,2020- Dubai.
- 4- Presenting a talk titled: Breastfeeding, Early Life Nutrition, and Epigenetics: Long-term Health Effects of Human Milk” at the 5th Dubai International Nutrition Congress–on October 24-26,2019- Dubai.
- 5- Speaker in ESPEN LLL (The European Society for Clinical Nutrition and Metabolism Life Long Learning program) on Clinical Nutrition and Metabolism course ”Rethink Obesity”- Dubai-May 3rd-2019
- 6- Presenting a talk titled: The Role of Breastfeeding in Promoting Maternal and Child Health: MISC Study is the leading UAE experience-**SEHATI conference**- November 28-29 ,2018.
- 7- Presenting a seminar titled: Early Nutrition and Epigenetics: The Key Role in obesity protection - **Obesity Conference at Arab Health --** Dubai International Convention and Exhibition Centre, Dubai 29 January - 1 February, 2018
- 8- Presenting a seminar titled Mother and Infant Study Cohort in UAE (MISC): Opportunities and Challenges-2nd **Dubai International Nutrition Conference –November 17-19,2016**-Dubai.
- 9- Presenting a seminar titled “Evidence supporting the use of dietary supplements in children” **MENA Nutritional Guidelines Development Program** –Expert discussion 25-26 March,2016- Dubai
- 10- Presenting a seminar titled “Maternal perceptions and views about breastfeeding among Emirati mothers”–**Dubai Nutrition Conference- November 19-21,2015-Dubai.**
- 11- Presenting a Seminar titled : Improving breastfeeding rates in UAE : A public health strategy: **Al Qassimi Hospital 1st Nutrition Forum” 1st October 2015**-Sharjah.
- 12- Presenting a Seminar titled ”Stepping Up Baby Friendly in NICU” **11th Emirates Critical Care Conference, April 9 – 11, 2015- Dubai, UAE.**
- 13- Presenting a Seminar titled ”Patterns and determinants of breastfeeding in UAE”. -**Public Health Forum-Zayed University- February 12th ,2015- Dubai-UAE.**
- 14- Presenting a seminar” Health Risks Associated with Alcohol Consumption” Food and Medicine in light of Recent Developments:"An Islamic Law Perspective"- **April 2014- University of Sharjah-UAE**
- 15- Presenting a seminar titled” Tea and Cardiovascular Disease” **3rd American Society For Nutrition Middle East Congress-February 20-22,2014 -Dubai-UAE**
- 16- Presenting a seminar titled” Breastfeeding and Lactational Amenorrhea in UAE” during the “**The First Gulf Conference on Health & nutrition of schoolchildren & Adolescents” – Bahrain-November 28-30, 2006.**
- 17- Presenting a seminar titled “Breastfeeding and Weaning Practices in UAE” - **UAE Nutrition Conference –Al Ain, UAE .September, 2006.**

- 18- Presenting a seminar titled “Diet and Healthy Weight Management” May 2005 .**In the Social and Cultural Center –Hayar- Dubai.**
- 19- Presenting a seminar titled “Diet and Healthy Eating”-May2004. **Ladies International Circle (LIC) –Al Ain.**
- 20- Presenting a seminar about "Food Additives & Sugar Substitutes".1990. **School of Nursing in Abu Dhabi, UAE**

Poster Presentations

- 1- E-Poster presentation “Knowledge, Attitude, and Intention of Breastfeeding among Male and Female University Students” **European Academy of Paediatrics (EAP) Congress and Master Course 19-22 September 2019 | Porto, Portugal.**
- 2- Poster presentation at **The Dubai International Food Safety Conference 2017.**
- 3- Poster presentation at the “**4th International Conference on Nutrition and Growth-16-18 March,2017-The Netherland.**
- 4- Poster Presentation “**Menu labeling Implementation in Dine-in Restaurants: The Public’s Knowledge, Attitude and Practices** “in The First Dubai International Conference on Applied Nutrition. Dubai on 7 - 8 November 2016.
- 5- Poster” Patterns and Determinants of Breastfeeding and complementary feeding practices of Emirati Mothers in UAE” **III World Congress of Public Health Nutrition” November 9-12, 2014- Spain.**
- 6- Presenting a poster” UAE and Sharjah Breastfeeding Experience”- **Excellence in Pediatrics Conference-Global breastfeeding Summit-December 2013, Doha –Qatar.**

Workshops

- 1- Attended Online workshop organized by Catalyst: Continuing Education Certificate- Endorsed by the USA Commission on Dietetic Registration-Webinar: Mindful & Intuitive Fating - a dietitian's approach August 14th,2020.
- 2- Attended an online workshop “Designing and using web-based surveys” conducted by Clinical Research Institute (CRI)-American University of Beirut Medical Center-Beirut-Lebanon. April 21 -24, 2020.
- 3- Attended the 5th Dubai International Nutrition Congress–October 24-26,2019- Dubai
- 4- Attended “Nutrient profiles for foods and beverages (re)formulation: Principles, application and health impact”, Nestle Dubai-March 14,2019.
- 5- Attended Basic Life Support (BLS) course –UoS- February ,2019
- 6- Speaker/instructor at The European Society for Clinical Nutrition and Metabolism(ESPEN) Life Long Learning program (LLL) on Clinical Nutrition and Metabolism –Zayed University-Dubai-15-16 February, 2019
- 7- Attended ESPEN DIPLOMA IN CLINICAL NUTRITION AND METABOLISM -LLL program: Nutrition in obesity, Nutrition and sport, Nutrition support in diabetes, Nutrition in pediatrics- Zayed University-Dubai - Feb 23-24,2018
- 8- Ajjal Salima workshop” Programes to promote healthy diets and lifestyles in children: what works and how to amplify.” March 17, 2018-hosted by Nestlé-Dubai.
- 9- Attended Meaningful Healthcare interventions- UoS-13 Dec,2016.
- 10- Attended a Workshop on Development of a national action In Nutrition and Healthy Diet by the WHO and MOHAP- November 27-28,2016-Dubai.
- 11- Attended “2016 Articles of Excellence Course”- Dubai-January 27, 2016
- 12- Attended “ Critical Appraisal Workshop” –DHA-Dubai-December 15-16,2015.
- 13- Attended a Nestle Health Science workshop titled” A Dietetic Workshop Titled : “ New Approaches In Obesity Management. Dubai-October 13,2015.
- 14- Participating in a workshop “New trends in Nutrition Care Process: Nutrition Diagnosis”- University of Sharjah –April13th,2014.

- 15- Participating in “FAO Regional Workshop on: Adaptation of the Arabic Version of: Setting Up and Running School Gardens Manual and Teaching Toolkit” –Al Ain-UAE-April15-17,2013.
- 16- Participating in “Globesity Workshop” Al Ain-UAE- December, 2010.
- 17- Participating in the FAO workshop” Food Based Dietary Guidelines” Muscat –Oman. May 16-20, 2009.
- 18- Participating in ” World Diabetes Day Workshop for Tawam Hospital” Al Ain-UAE- November 19, 2009.
- 19- Participating in a workshop on “Assessment and Control of Obesity”-Al Ain, UAE - September 9-10, 2007
- 20- Attended a workshop on “Assessment and Control of Obesity”-Al Ain, UAE -September 9-10, 2007.
- 21- Attended Workshop on the “Advancement in Nutrition Information”-Al Ain,UAE-March21-23,2005
- 22- Workshop for establishing the Arab Nutrition Society. November 21-22, 1994. AL Ain, UAE.
- 23- Attended Workshop on the Status of Food & Nutrition in the Arab Gulf Countries. May 22-24, 1995. Al Ain, UAE.
- 24- Attended Workshop on Establishing Food Composition Data for the Arab Gulf Countries (Gulfoods). November 21-23, 1995. Al Ain, UAE.
- 25- Attended Workshop on Nutrition & Chronic Diseases in the Arab Middle East Countries. April 10-12, 1994, Al-Ain, UAE.

Conferences

- 1- Attended Asia-Oceania Associations for the Study of Obesity (AOASO)AOCO-MASO 2021-Virtual conference--April 6-8- 2021-Malaysia
- 2- Attended the 3rd International Growth and Development Conference (IGD-2021). March 2021- Dubai-UAE
- 3- Attended and Chairing session in the 6th Dubai International Nutrition Congress (DINC)- Dubai -October 24-26, 2020
- 4- Attended ASN(American Society for Nutrition) Online conference- June1-4,2020
- 5- Attended SEHATI Conference-University of Sharjah-November 2019
- 6- Attended and Chairing session in the 5th Dubai International Nutrition Congress (DINC)- Dubai -October 24-26, 2019
- 7- Attended and Chairing session in the 4th Dubai International Nutrition Congress (DINC)- Dubai -October 24-26, 2018
- 8- Attended and Chairing session 2nd “International Growth and Development Conference (IGD) 14-16 March,2018-Dubai
- 9- Attended and chaired a session-3rd International Dubai Nutrition Conference- October25-27,2017-Dubai.
- 10- Attended and chaired a session-2nd Congress of ASPCN Arab Society of Pediatric Clinical Nutrition- 4th Arab Nutrition 4-7- Egypt- October,2017
- 11- Attended and Chairing session “International Growth and Development Conference (IGD) 16-18 March,2017-Dubai.
- 12- Attended the “4th International Conference on Nutrition and Growth”-2-4 March,2017-The Netherland.
- 13- Attended and moderated session” Public Health and Nutrition Research Forum “22-23 Feb,2017-Dubai.
- 14- Attended and Chairing sessions at 2nd Dubai Nutrition Conference- November 17-19,2016- Dubai.
- 15- Attended “The First Dubai International Conference on Applied Nutrition. 7 - 8 November 2016- Dubai.
- 16- Attended and Chairing sessions -Dubai Nutrition Conference- November 19-21,2015-Dubai.

- 17- Attended and Chaired a session- Al-Qassimi Hospital Clinical Nutrition Symposium. October 20-2016-Sharjah –UAE.
- 18- Attended” collective efforts to achieve sustainable Development Goals Symposium and round table discussions-25Sep 2016-Dubai.
- 19- Attend the MENA Nutritional Guidelines Development Program –Expert discussion 25-26 March 2016- Dubai.
- 20- Attended the 1st Annual GCC Natural Birth and Breastfeeding Conference. October 2-3,2015-Sharjah –UAE.
- 21- Attended 10th International Breastfeeding and Lactation Symposium.April17-19, 2015- Poland.
- 22- Attended 2nd Annual GOSS Meeting-December 10-13,2014-Dubai -UAE
- 23- Attended “Bright Start Conference “ December 2-3 ,2014- UoS-UAE.
- 24- Attended “Global Breastfeeding Initiative and the EiP 2014 conference: Family Friendly Workplaces Initiative-December 2014-Dubai-UAE.
- 25- Attended UAE- Sweden Research & Academic Symposium” on November 18th ,2013 – Dubai-UAE.
- 26- Attended” American Society of Nutrition –Nutrition in Health and Disease” conference -Dubai-UAE, February 2013.
- 27- Attended Conference “Ensuring a Healthy Start for the Pediatric Population”- Beirut –Lebanon-December 2012.
- 28- Attended “18th European Congress on Obesity” –Istanbul-Turkey-May2011.
- 29- Attended “Global Health Conference”- Al Ain-UAE-January 4-9, 2010.
- 30- Assisted in organizing the Nutrition Department booth in the 3rd Arabic Nutrition Conference in Abu Dhabi-December 4-6, 2007.
- 31- Attended a conference “Health & Nutrition “– Kuwait. November 19-21,2007
- 32- Attended Seminar on Milk and Dairy Products November 2005, Al Ain –UAE.
- 33- Participation in the preparation and presentation of the" Nutrition Education Fair” 1993-1995. Dept. Food Sciences & Nutrition-UAE University.
- 34- Participated with a healthcare team from the Lebanese Ministry of Health in a project to improve dental health awareness among school children. Jan 1989. Beirut - Lebanon.
- 35- Participated in a health education fair for school children in 1986. Beirut-Lebanon.

Editor

- 1- Academic Editor: *PLOS One* Journal (IF 2.766)
- 2- Breastfeeding Medicine Journal since 2014 (IF 1.733)
- 3- Member of the panel of reviewers of Hamdan Medical Journal (HMJ)

Peer Reviewer

- 1- BMJ open
- 2- Food and Nutrition Bulletin
- 3- Journal of Human Lactation
- 4- Journal of Public Health and Epidemiology
- 5- Public Health Nutrition
- 6- International Breastfeeding Journal
- 7- Dubai Medical Journal

Research activities

-Research Interests

- Maternal and child health and nutrition
- Influences of diet and exercise on weight management and prevention of chronic diseases
- Complimentary Alternative medicine (CAM) research studies

- Eating disorders and body image

Postgraduate Project Supervision(Ph.D.)

1- **Edith Cowan University-Australia (2019-2023)**- School of Medical and Health Sciences. Thesis Title: Hand Expressing in Pregnancy, Breastfeeding Success Maybe in a Mother's Hands".

2- **University of Maastricht**- The Netherlands (2019-2023)-Department of Health Promotion-Faculty of Health, Medicine, and Life Sciences- Thesis title: "The correlates of postpartum depression and its association with the childcare stress and partner support among women in UAE".

3-**University of Sains Malaysia** – Kelantan, Malaysia (2016-2020)Nutrition and Dietetics Program-: Thesis title:" Mother and Baby Cohort Study: Feeding patterns, Adiposity, and Cognitive Development in Sharjah City, United Arab Emirates". **Viva completed in November 2020**

-Undergraduate students' Senior Projects Supervision

Academic year 2013-2014:

- 1- Health Practices and Attitudes of Employees in companies with and without a Corporate Health Program
- 2- Obesity Management and Intervention Program for School Children through Dietary Counseling and Social Media
- 3- The Knowledge, Attitudes, and Practices of Adults Regarding the Implementation of Menu Labeling in Dine-in Restaurants

Academic year 2014-2015:

- 1- Parental Factors and Mass Media Influences on the Onset of Eating Disorders among University Students in University City- Sharjah.
- 2- Eating patterns and Anthropometry of Lactating Mothers visiting MCH in Dubai and Sharjah
- 3- Effectiveness of School-based Nutritional Intervention and Lifestyle Modifications among Obese School Children.

Academic year 2015-2016:

- 1- Influences of different feeding patterns on cognitive development, of infants aged 12 and 24 months in primary health care clinics and nurseries
- 2- The Relationship between Perceived Body Image, Body Mass Index and Physical Activity with Weight Status among Students at the University of Sharjah
- 3- Food Safety in Fast Food Restaurants: Knowledge, Attitudes and Practice of Working Staff

Academic year 2016-2017

- 1- Food Addiction and Its Relation To BMI And Dietary Habits Among University Student
- 2- Protein Supplementation and Actual Intake among Athletes in United Arab Emirates: Knowledge and Practice.
- 3- Knowledge, Attitude and Intention of Breastfeeding Among Male and Female University Students

Academic year 2017-2018

- 1- Patterns of Dietary Supplements Use in Relation to BMI and Physical Activity Among Adults
- 2- Prevalence and correlates of complementary alternative medicine use among Type 2 diabetic patients in UAE : A cross-sectional study
- 3- Knowledge, attitudes and practices toward the role of dietary and lifestyle behaviors in Breast Cancer

Academic year 2018-2019

- 1- The relation between dietary inflammatory index (DII), dietary intakes and anthropometric indices, with the severity of depressive symptoms among college students

- 2- Influence of home food environment on eating behaviors, nutritional status and academic achievement of adolescents in UAE.
- 3- Is there a relationship between food addiction, depression and body adiposity in a group of healthy adult?
- 4- Health Self-perception and Its Association with Anthropometric Measurements among University Students.

Academic Year 2019-2020

- 1- Binge eating and Internet addiction and their relation to body shape concerns, BMI and physical activities among university students.
- 2- Health Self-perception and Its Association with Anthropometric Measurements, Sleep Quality, and Anxiety among University of Sharjah Students
- 3- Office wellness program implementation readiness, nutritional status and adherence to the Mediterranean diet pattern among employees from Sharjah Governmental offices.

Academic Year 2020-2021

- 1- Breastfeeding Practices and Challenges during COVID-19 Pandemic in UAE
- 2- Determinants of Adherence to the Mediterranean Diet in a Cross-sectional sample from Sharjah Community
- 3- Knowledge, Attitudes and Practices of Consumers Regarding the Use of Nutritional Information and Food Labels

Research Groups

- 1- Nutrition and Food Research group(member)- Research Institute of Medical and Health Sciences(RIMHS), University of Sharjah, Sharjah, United Arab Emirates
- 2- Health Promotion Group(coordinator)- Research Institute of Medical and Health Sciences(RIMHS), University of Sharjah, Sharjah, United Arab Emirates

Research Grants

As Principal Investigator:

- 1- **Principal Investigator :UoS Competitive Grant(2022-2023)** :Examining the adherence to dietary and lifestyle guidelines among pregnant women with Gestational Diabetes in the UAE: Gaps and opportunities
- 2- **Principal Investigator: Sheikh Hamdan Bin Rashid Al Maktoum Award for Medical Sciences (2017-2019):** “Examining Breastfeeding Self-Efficacy, Infant Feeding Method, and Postnatal Mental Health among Women in the United Arab Emirates: A Cohort Study” (MRG/33/2017) (147,000AED)
- 3- **Principal Investigator: UoS Targeted Research Grant2017-2019:**” Predicting Infant Feeding Method among Women in the United Arab Emirates in relation to Breastfeeding Self Efficacy, Postnatal Mental Health, Maternal Support and Childcare stress: A Cohort Study. (VCRG/R1540/2017)(148,000 AED).
- 4- **Principal Investigator: Al Jalila Foundation Research Grant 2015-2017-** “Impact of feeding patterns on adiposity and cardiometabolic markers in baby and mother: a prospective cohort study”- (AJF 201510). (211,176 AED).
(University of Sharjah Protocol Record 1501057003-P, Mother and Infant Study Cohort (MISC)-[ClinicalTrials.gov](https://clinicaltrials.gov) (ClinicalTrials.gov Identifier: NCT03578094)(MISC,[ClinicalTrials.gov](https://clinicaltrials.gov) # NCT03578094)<https://clinicaltrials.gov/ct2/show/NCT03578094>
- 5- **Principal Investigator:2015-2017- Collaborative Grant-University of Sharjah Research Board Grant,2015- September 2017:** “Feeding Patterns and Adiposity in Sharjah City, United Arab Emirates: A Mother and Baby Cohort Study” **Project No.:1501057003-P (133,324 AED)**
- 6- **Principal Advisor: CHS Sanofi Grant:** for students’ research projects -2015

7- **Principal Investigator: UoS Seed Grant Research 2014- 2016:**” Assessment of the Breastfeeding Patterns and Perceptions and Views of Mothers in Sharjah” (20,500 AED).

As Co- Investigator:

- 8- **Co PI UoS Targeted research Grant (2021-2023** ‘Promoting the role of community pharmacists in combatting the NCD epidemic in the UAE’(300,000 AED).
- 9- **Co PI UoS Targeted Research Grant (2021-2023):**“Prevalence and severity of tooth wear among adolescents in the UAE” **PI: Dr Manal Awad**
- 10- **Co-investigator-2019-2020: UoS competitive Grant** The impact of oral health/dental disease on function, nutrition and psychosocial well-being in free-living UAE nationals aged 65+.
PI: Dr Nadia Khalifa-Department of Preventive and Restorative Dentistry, College of Dental Medicine-University of Sharjah.
- 11- **Co-PI- 2018-19: American University of Sharjah Grant:**” Early Age Health Literacy and Dietary Choices as Investment in Human Capital: An Experimental Study among UAE School Children”-2018-2019. **PI: Dr Khusrav Gaibullov.** Associate Professor School of Business Administration Department of Economics. American University of Sharjah (18753AED).
- 12- **Co-investigator -2017-2019: UoS Targeted Grant:** Assessment of microbiological Quality of Organic and conventional Fresh leafy green vegetables Consumed in UAE **PI: Prof Reyad Obaid**
- 13- **Co-investigator-2016-2017: RIF grant, Zayed University:** Exclusive breastfeeding and complementary feeding knowledge, attitude and practice (KAP) and its determinants in Dubai and Sharjah. **PI- Dr. Haleama Al Sabbah** -Assistant Professor -College of Sustainability Sciences and Humanities- Zayed University.
- 14- **Co-investigator -2016:Tanita Grant, -** Impact of Ramadan Intermittent Fasting on Visceral Adiposity and Inflammatory Markers in Adult Obese Subjects. **PI - Dr. Moez Al Islam Faris** Assistant Professor- Department of Clinical Nutrition and Dietetics College of Health Sciences, University of Sharjah.
- 15- **Co-investigator: Grant- 2016: Boehringer Ingelheim-**Polymorphisms of obesity genes FTO among Adult Population in UAE. **PI: Dr. Maha M. Saber Ayad,** MBBS, MD, MRCP(UK), FRCP (Edin.), MSc Leadership in Health Profession Education, RCSI-Associate Professor of Pharmacology, Clinical Science Department, College of Medicine, University of Sharjah, UAE.
- 16- **Co-investigator: Grant- 2017: Al Jalila Foundation** -“Stress and Women's Health: A population-Based study on Prevalence of Stress, Its Determinants Its Association to Quality Of Sleep, Physical Activity, Dietary Habits among Healthy Adult Women Living in The United Arab Emirates. **PI: Dr. Wegdan Bani Issa:** Associate Professor-Nursing Dept. College of Health Sciences, University of Sharjah.

Research Grants(PI)

Research Grant	Research Title	Year	Amount
UoS Competitive Grant	Examining the adherence to dietary and lifestyle guidelines among pregnant women with Gestational Diabetes in the UAE: Gaps and opportunities	2022-2023	
Health Promotion Group Research group	Health Promotion	2022-2023	90,000 AED
Health Promotion Group Research group	Health Promotion	2021-2022	80,000 AED
Sheikh Hamdan Bin Rashid Al Maktoum Award for Medical Sciences(MRG/33/2017)	Examining Breastfeeding Self-Efficacy, Infant Feeding Method, and Postnatal Mental Health among Women in the United Arab Emirates: A Cohort Study”	2017-2019	147,000 AED
UoS Targeted Research Grant (VCRG/R1540/2017)	Predicting Infant Feeding Method among Women in the United Arab Emirates in relation to Breastfeeding Self Efficacy, Postnatal Mental Health,	2017-2019	148,000 AED

	Maternal Support and Childcare stress: A Cohort Study.		
3-Al Jalila Foundatio Research Grant (AJF 201510)	Impact of feeding patterns on adiposity and cardiometabolic markers in baby and mother: a prospective cohort study”	2015-2017	211,176 AED
4-UoS Collaborative Grant- Project no.:1501057003-P	Feeding Patterns and Adiposity in Sharjah City, United Arab Emirates: A Mother and Baby Cohort Study”	2015-September 2017	133,324 AED
5-American University of Sharjah Grant-2018-2019.	Early Age Health Literacy and Dietary Choices as Investment in Human Capital: An Experimental Study among UAE School Children”	2018-2019	18753 AED
6-UoS Seed Grant”	Assessment of the Breastfeeding Patterns and Perceptions and Views of Mothers in Sharjah	2014-2016	20,500 AED
Total			758,753

Research Projects

- 1- **2021: Web Survey** -The Validity and reliability of Food–Mood Questionnaire (FMQ) among young adults in UAE
- 2- **2021: Web Survey** - General Nutrition Knowledge of Students Enrolled in Health Awareness and Nutrition Course at the University of Sharjah
- 3- **2021: Web Survey**-Resilience of Dietitians during the COVID19 Pandemic: The Case of the UAE
- 4- **2020: Web Survey**-Nutrition and Lifestyle Changes during Corona (Covid-19) Lockdown in the UAE.
- 5- **2020: Web Survey**-Postpartum Mental Wellbeing among Women in the UAE during the COVID-19 Pandemic”
- 6- **2020: Web Survey**- Complementary and Alternative Medicine Practices during COVID-19 Pandemic in the United Arab Emirates: A Cross-Sectional Survey sectional study
- 7- **2018-2020:** Complementary and Alternative Medicine Use among Patients with Type 2 Diabetes Living in the United Arab Emirates
- 8- **2019-2020:** The FGF-21 Genetic Variants rs838133 and rs838145 are Associated with High Salt Intake in Emirati Population.
- 9- **2018-2019:** FTO genetic variants, dietary intake and body mass index among Emirati population
- 10- **2018-2020:** “Examining Breastfeeding Self-Efficacy, Infant Feeding Method, and Postnatal Mental Health among Women in the United Arab Emirates: A Cohort Study.”
- 11- **2016-2017:** Exclusive breastfeeding and complementary feeding knowledge, attitude and practice (KAP) and its determinants in Dubai and Sharjah
- 12- **2015-2017:** Impact of feeding patterns on adiposity and cardiometabolic markers in baby and mother: a prospective cohort study
- 13- **2015-2017:** Feeding Patterns and Adiposity in Sharjah City, United Arab Emirates: A Mother and Baby Cohort Study”
- 14- **2015-2016:** Effect of Ramadan Intermittent Fasting on Visceral Adiposity and Inflammatory Markers in Obese Subjects
- 15- **2015-current:** Epidemiology and Economic Burden of Cardiometabolic Diseases and Cancer in the United Arab Emirates: A Systematic Review
- 16- **2014-2016:** In collaboration with the Ministry of Health –Maternal and Child Health Dept. conducting research titled” Study of Knowledge and Practices of Mothers of Infants And Young Children on Complementary Feeding”.
- 17- **2014-2016:** Assessment of the Breastfeeding Patterns and Perceptions and Views of Mothers in Sharjah”.

- 18- **2006-2010**: Conducting research titled “Influences and Determinants of Breastfeeding and Weaning Practices of Emirati Mothers”.
- 19- **1994-1995**: - Effects of socioeconomic levels & dietary habits on breastfeeding practices in the United Arab Emirates. UAE University - Al Ain, UAE.
- 20- **1994-1995**: Nutrition knowledge among female students at UAE University. UAE University - Al Ain, UAE.
- 21- **1994-1995**: Prevalence of anemia among school children in the UAE. (Ministry of Health - UAE).
- 22- **1993-1994**: Social & dietary factors associated with obesity in university female students in the UAE. UAE University - Al Ain, UAE.
- 23- **1993-1994**: Prevalence of nutritional anemia among female students at UAE University. UAE University - Al Ain, UAE.
- 24- **1990-1991**: Prevalence of obesity among female students at UAE University. UAE University - Al Ain, UAE.
- 25- **1988-1989**: Effects of feeding casein vs. soy protein on serum lipids, cholesterol, triglycerides & lipoprotein lipase levels of adult rats. AUB, Beirut-Lebanon.
- 26- **1987-1988**: Effects of feeding casein, soy protein & gluten on body composition of adult rats. AUB - Beirut - Lebanon.

Computer Skills

- Microsoft office
- Diet Analysis Program: Nutrition pro, ESHA
- Statistical Packages: SPSS
- ICDL Certificate-2008

Licenses and Membership

- License from UAE Ministry of Health
- Licensed Dietitian from the Lebanese Ministry of Health
- Member of Academy of Nutrition and Dietetics (**AND**)
- Member of Lebanese Dietetic Association(**LDA**)
- Member of Emirates Medical Association(**EMA**)-Clinical Nutrition Division(**ECNS**)- **Head of Scientific committee member (2017-2018)**
- Member of UAE Nutrition Group

Prizes

- 1- First prize poster competition in the College of Health Sciences-CND dept for senior student research projects “Prevalence and correlates of complementary alternative medicine use among Type 2 diabetic patients in UAE: A cross-sectional study. University of Sharjah-May 2018.
- 2- Third Prize winner for poster competition in Dubai Nutrition Conference 2017 for the student research project “Knowledge, Attitudes and intention of breastfeeding among university students.” October -Dubai October 2017.
- 3- First prize poster competition in the Public Health & Nutrition Research Forum 2017. For the student research project” Effectiveness of School-based Nutritional Intervention and Lifestyle Modifications among Obese School Children on February 22-23 , 2017- Dubai .
- 4- Third Prize Winner for poster competition in The First Dubai International Conference on Applied Nutrition. Dubai on 7 - 8 November 2016. “Menu labeling Implementation in Dine-in Restaurants: The Public’s Knowledge, Attitude and Practices”.
- 5- First Place Prize –Sanofi Poster Competition in College of Health Sciences for the student research project-2015 for the research titled “Parental Factors and Mass Media Influences on the Onset of Eating Disorders among University Students in University City- Sharjah”

Publications

1. Osaili, T.M., Al-Nabulsi, A.A., Hasan, F., Dhanasekaran, D.K., Z. S. Hussain, A., Cheikh Ismail, L., Naja, F., **Radwan, H.**, Ezzat Faris, M., Olaimat, A.N., Ayyash, M., Obaid, R.S., Holley, R. Effect of eugenol, vanillin and β -resorcylic acid on foodborne pathogen survival in marinated camel meat, *Journal of Food Protection* (2023), doi: <https://doi.org/10.1016/j.jfp.2023.100038>.(IF:), Scopus Q2
2. Zeb F, Osaili T, Obaid RS, Naja F, **Radwan H**, Cheikh Ismail L, Hasan H, Hashim M, Alam I, Sehar B, Faris ME. Gut Microbiota and Time-Restricted Feeding/Eating: A Targeted Biomarker and Approach in Precision Nutrition. *Nutrients.* (2023); 15(2):259. <https://doi.org/10.3390/nu15020259>. (IF:6.706),Scopus, Q1
3. Hanach, N., **Radwan, H(equal Contribution)**, Fakhry, R, Dennis,CL, Bani issa,W, Faris, ME, Obaid, RS, Al Marzooqi, S, Tabet, C, De Vries, N. Prevalence and risk factors of postpartum depression among women living in the United Arab Emirates. *Soc Psychiatry Psychiatr Epidemiol* (2022). <https://doi.org/10.1007/s00127-022-02372-1>.(IF: 5.528), Scopus Q1
4. Al Sabbah H, Assaf EA, Taha Z, Qasrawi R, **Radwan H**. Determinants of Exclusive Breastfeeding and Mixed Feeding Among Mothers of Infants in Dubai and Sharjah, United Arab Emirates. *Front Nutr.* (2022) May 10;9:872217. doi: 10.3389/fnut.2022.872217. PMID: 35619950; PMCID: PMC9127614.(IF:6.576), Scopus Q1.
5. Bani-Issa, W., **Radwan, H.**, Saqan, R., Hijazi, H., Fakhry, R., Alameddine, M., Naja, F., Ibrahim, A., Lin, N., Naing, Y. T., & Awad, M. Association between quality of sleep and screen time during the COVID-19 outbreak among adolescents in the United Arab Emirates. *Journal of Sleep Research*, (2022);1–13. <https://doi.org/10.1111/jsr.13666>. (IF:5.296),Scopus Q1
6. **Radwan H**, Fakhry R, Boateng GO, Metheny N, Bani Issa W, Faris ME, Obaid RS, Al Marzooqi S, Al Ghazal H, Dennis CL. Translation and Psychometric Evaluation of the Arabic Version of the Breastfeeding Self-Efficacy Scale-Short Form Among Women in the United Arab Emirates. *J Hum Lact*; (2022) Apr 1:8903344221084623. doi: 10.1177/08903344221084623. Epub ahead of print. PMID: 35363102.(IF:2.880),Scopus Q2
7. **Radwan, H.**, Hashim, M., Hasan, H., Abbas, N., Obaid, R.R.S., Al Ghazal, H., Naja, F. Adherence to the Mediterranean diet during pregnancy is associated with lower odds of excessive gestational weight gain and postpartum weight retention: Results of the Mother-Infant Study Cohort. *British Journal of Nutrition*(2022), 128 (7), pp. 1401-1412. doi:10.1017/S0007114521002762. (IF:4.125),Scopus Q2
8. Bani-Issa W, **Radwan H**, Shujairi AA, Hijazi H, Al Abdi RM, Al Awar S, Saqan R, Alameddine M, Ibrahim A, Rahman HA, Lin N. Salivary Cortisol, Perceived Stress, and Coping Strategies: A Comparative Study of Working and Nonworking Women. *J Nurs Manag.* (2022) Jun 6. doi: 10.1111/jonm.13697. Epub ahead of print. PMID: 35666587.(IF: 3.325),Scopus Q1
9. Hasan HA, **Radwan H**, Al Majid F, Al Hilo F, Mohammed R, Al-Shaikh S, Al Qassim A I, Aboubaker H, Karavetian Mirey. Lean Body Mass and Self-Perceived Body Image among Youth in the United Arab Emirates: Muscle and Body Image among Youth in UAE. *Acta Biomed.*(2022); 93(3):e2022100. (Cite score2.7), Scopus Q2
10. AlKurd R, Hanash N, Khalid N, Abdelrahim DN, Khan MAB, Mahrous L, **Radwan H**, Naja F, Madkour M, Obaideen K, Abu Shihab K, Faris M. Effect of Camel Milk on Glucose

Homeostasis in Patients with Diabetes: A Systematic Review and Meta-Analysis of Randomized Controlled Trials. *Nutrients*. (2022); 14(6):1245. <https://doi.org/10.3390/nu14061245>. (IF:5.719),Scopus Q1

11. **Radwan H**, Hasan H, Jaafar Z, Abbas N, Rashed Saif E, Al Kitbi M, Al Hilali M, Naja F. Diets and dietary supplements used during the COVID-19 pandemic in the United Arab Emirates: A cross-sectional survey. *Saudi Pharm J*. (2022) Apr;30(4):421-432. doi: 10.1016/j.jsps.2022.01.019. Epub 2022 Jan 29. PMID: 35125904; PMCID: PMC8800157.(IF:4.562),Scopus Q2
12. Osaili, T.M., Al Sallagi, M.S., Dhanasekaran, D.K., Bani Odeh, W.A.M., Al Ali, H.J., Al Ali, A.A.S.A., **Radwan, H.**, Obaid, R.S., Holley, R.. Pesticide residues in fresh vegetables imported into the United Arab Emirates. *Food Control*.(2022). Vol133, Part B. <https://doi.org/10.1016/j.foodcont.2021.108663>(IF:5.548), Scopus Q1
13. Osaili, T.M.; Hasan, F.; Al-Nabulsi, A.A.; Dhanasekaran, D.K.; Obaid, R.S.; Hashim, M.S.; **Radwan, H.M.**; Cheikh Ismail, L.; Hasan, H.; Faris, M.A.-I.E.; Naja, F.; Savvaidis, I.N.; Olaimat, A.N.; Ayyash, M.; Holley, R. Effect of Essential Oils and Vacuum Packaging on Spoilage-Causing Microorganisms of Marinated Camel Meat during Storage. *Foods* (2021), 10, 2980. <https://doi.org/10.3390/foods10122980>. (IF:4.350), Scopus Q1
14. Naja, F., **Radwan, H.**, Cheikh Ismail, L., Hashim, M., Rida, WH., Abu Qiyas, S., Bou-Karroum, K., and Alameddine, M. Practices and resilience of dieticians during the COVID-19 pandemic: a national survey in the United Arab Emirates. *Hum Resour Health* 19, 141 (2021). <https://doi.org/10.1186/s12960-021-00682-0>.(IF:3.827), Scopus Q1
15. **Radwan, H.**, Fakhry, R., Metheny, N. W. Baniissa, M.A.I.E. Faris, R.S. Obaid, S. Al Marzooqi, H. Al Ghazal, M. ElHalik and C.-L. Dennis. Prevalence and multivariable predictors of breastfeeding outcomes in the United Arab Emirates: a prospective cohort study. *Int Breastfeed J*(2021). 16, 79 <https://doi.org/10.1186/s13006-021-00428-74.179> (IF:4.139), Scopus Q1
16. Naja, F., Itani, L., Hammoudeh, S., Manzoor, S., Abbas, N., Radwan, H., Saber-Ayad, M. (Co corresponding), Maha Saber-Ayad. Dietary Patterns and their associations with the FTO and FGF21 gene variants among Emirati adults. *Frontiers in Nutrition*. 2021 May, volume 8 Article 668901 <https://doi.org/10.3389/fnut.2021.668901> (IF:6.576), Scopus Q1
17. **Radwan H**, Al Kitbi M, Hasan H, Al Hilali M, Abbas N, Hamadeh R, Saif ER, Naja F. Indirect Health Effects of COVID-19: Unhealthy Lifestyle Behaviors during the Lockdown in the United Arab Emirates. *International Journal of Environmental Research and Public Health*. 2021; 18(4):1964. <https://doi.org/10.3390/ijerph18041964> (IF: 3.390),Scopus Q1
18. Hanach N, de Vries N, **Radwan H**, Bissani N. The effectiveness of telemedicine interventions, delivered exclusively during the postnatal period, on postpartum depression in mothers without history or existing mental disorders: A systematic review and meta-analysis. *Midwifery*. 2021 Mar;94:102906. doi: 10.1016/j.midw.2020.102906. .(IF 2.372),Scopus Q1
19. Baniissa W, **Radwan H**, Rossiter R, et al. Prevalence and determinants of overweight/obesity among school-aged adolescents in the United Arab Emirates: a cross-sectional study of private and public schools.*BMJ Open* 2020;10:e038667. doi: 10.1136/bmjopen-2020-038667(IF: 2.692), scopus Q1
20. **Radwan H**, Fakhry R, issa WB, Hanach N, Obaid RS, E. Faris MA, Al Marzooqi S, Al Ghazal H, ElHalik M, DSuza D, Al Hilali M, Rayess R, Shihadeh NN, Dennis CL. Maternal mental

health and infant feeding practices cohort protocol: Methodology and baseline characteristics. *Hamdan Med J* 2020;13:141-9. DOI: 10.4103/HMJ.HMJ_13_20.

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22. Al-Yateem, N., Bani Issa, W., Rossiter, R.C. Arwa Al-Shujairi , **Hadia Radwan**, Manal Awad, Randa Fakhry and Ibrahim Mahmoud. Anxiety related disorders in adolescents in the United Arab Emirates: a population based cross-sectional study. *BMC Pediatrics* 20, 245 (2020). <https://doi.org/10.1186/s12887-020-02155-0>.(IF: 2.56).Scopus Q1
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24. Itani, L., **Radwan, Hadia (co-first author)**., Hashim, M. Reyad Shaker Obaid, Hessa Al Ghazal, Marwa Al Hilali, Rana Rayess, Hamid Jan Jan Mohamed, Rena Hamadeh, Hiba Al Rifai & Farah Naja. Dietary patterns and their associations with gestational weight gain in the United Arab Emirates: results from the MISC cohort. *Nutrition Journal*19, 36 (2020). <https://doi.org/10.1186/s12937-020-00553-9>. (IF: 4.630),Scopus Q1
25. Bani Issa, W., **Radwan, H.**, Farah Al Marzooq, Shamsa Al Awar, Arwa M Al-Shujairi, Ab Rani Samsudin, Wafa Khasawneh, Najla Albluwi. (2020). Salivary cortisol, subjective stress and quality of sleep among female healthcare professionals. *Journal of Multidisciplinary Healthcare* Volume 2020:13 Pages 125—140. <https://doi.org/10.2147/JMDH.S229396>. (IF:1.913),Scopus Q1
26. Hashim, M., **Radwan, H. (co first author)**, Hasan, H. Obaid,RS, Al Ghazal ,H., Al Hilali,M., Rayess,R., Chehaybe, N., Jan Mohamed,HJ., Naja,F.. Gestational weight gain and gestational diabetes among Emirati and Arab women in the United Arab Emirates: results from the MISC cohort. *BMC Pregnancy Childbirth* 19, 463 (2019). doi:10.1186/s12884-019-2621-z.(IF: 3.082), Scopus Q1
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28. **H Radwan**, M Hashim, S Mustafa, S Idris, L Al Shalabi, NM Madan. Knowledge, Attitude, and Intention of Breastfeeding among Male and Female University Students. *EUROPEAN JOURNAL OF PEDIATRICS* 178 (11), 1682-1682.2019 EAP 2019 Congress and Master Course (Conference paper). doi:10.1007/s00431-019-03466-w. (IF:3.183)
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