

SHIJNA KAPPALLY

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CAREER OBJECTIVE

To work with an organization that rewards achievements, attitude, team spirit and honesty, which will allow me to utilize my knowledge and experimental skills in developmental studies and acquire new abilities. It should provide a strong base to develop my skills and knowledge while contributing towards organizational development.

Core Competencies include...

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| ▶▶ Delivering Lecture for Laboratory Practicals | ▶▶ Adherence to cGMP, cGLP And ISO standards | Research activities |
| ▶▶ Clinical case preparation | ▶▶ Involvement and supporting of | ▶▶ Test for Quality control of drugs |
| ▶▶ Calibration of Instrument | | |

PROFESSIONAL EXPERIENCE

University Of Sharjah, College Of Pharmacy- Lecturer: Sept 2018 to present

Gulf Medical University, Ajman: Lecturer: Sept 2016 to June 2018

Instructor: April 2012 to Sept 2016

Job Profile:

- Providing Practical Instructions in various subjects like Biopharmaceutics, Clinical Pharmacy and Therapeutic drug Management, OTC drugs and products, Sterile dosage form, Pharmaceutics and Drug stability, Pharmaceutical calculation & Solution dosage forms, Medicinal Chemistry, Instrumental Analysis and Pharmacognosy for PharmD Program
- Preparing Clinical cases for case base learning
- Involving in research and supporting the students & faculty in various research programs
- Providing Lectures for Pharmacy Assistant Course
- Providing Lectures for Pharmacy licensing preparative course
- Participation in College committees and carry out other tasks related to course/college assigned by Dean/Head of the Dept.
- Regular check of stock of chemicals, glasswares and equipment's needed for each practical session
- Experienced in analyzing drugs for its various quality parameters
- Experienced in analyzing the Physico-Chemical Characters of Pharmaceuticals
- Adherence to cGMP, cGLP and ISO standards
- Preparation and standardization of various strength solutions
- Calibration of Analytical instruments
- Maintaining proper storage and security conditions for chemicals and equipment's
- Involving in the preparation laboratory manual
- Experienced in handling various laboratory instruments like
 - ❖ UV-Visible spectrophotometer.
 - ❖ Atomic absorption spectrophotometer
 - ❖ High pressure liquid chromatography.
 - ❖ High performance thin layer chromatography.
 - ❖ Dissolution apparatus
 - ❖ Disintegration apparatus
 - ❖ Monsanto hardness tester

- ❖ Tablet Friability Apparatus
- ❖ Potentiometer
- ❖ PHmeter
- ❖ Weighing balance
- ❖ Centrifuge
- ❖ Microscope
- ❖ Ultrasonicator
- ❖ Autoclave
- ❖ Hotairoven
- ❖ Incubator
- ❖ Deep freezer

Crescent College of Pharmacy: Lecturer: S e p t 2005-Sept2007

JobProfile:

- Provided Lectures on Pharmacology, Biochemistry, Forensic Pharmacy, Anatomy and Physiology
- Handling Laboratory activities in Pharmacology and Biochemistry
- Facilitating problem based learning and case based learning sessions
- Designed and implemented an interactive Science Unit. Technology and hands on activities were integrated to foster student engagement and learning

OTHER LABORATORY SKILLS

- Screening of various research models i.e., Antidiabetic, antidepressants, skeletal muscle relaxant, anti-inflammatory and analgesic
- Handling of pharmacological instruments
i.e. Kymograph, Actophotometer, Poleclimbing apparatus, RotaRod, Eddy'shotplate, ECG apparatus, Plethysmograph, Metabolic cage. Etc.
- Proper handling and maintaining of Laboratory animals used for research

CONFERENCE ATTENDED

- Safe uses of medicines –Role of a community pharmacist. held at Gulf Medical University, Ajman, UAE on March 2016
- 8th Annual scientific meeting in Gulf Medical University, Ajman, Nov 2016
- 7th Annual scientific meeting in Gulf Medical University, Ajman, Nov 2015
- RESPIRATORY DISORDERS-ANUPDATE: held at Gulf Medical University, Ajman, UAE on Feb 2015
- 6th Annual scientific meeting in Gulf Medical University, Ajman, 2014
- 5th Annual scientific meeting in Gulf Medical University, Ajman, 2013
- Diabetes Complications-Prevention and Management, held at Gulf Medical University, Ajman, UAE on Jun 2013
- 4th national conference on 'Contemporary dimensions of the Pharmacy Profession' held at Gulf Medical University, Ajman, UAE on 22nd March 2013.
- 4th Annual scientific meeting in Gulf Medical University, Ajman, 2012. Current trends in Healthcare: Prevention to Treatment.
- AICTESponsored National Seminar on CURRENT TRENDS IN BIO-ANALYTICAL TECHNIQUES. Bangalore 5-7th February 2009.

- International HERBAL CONFERENCE-2009. Herbal Medicine, Evaluation of Quality, Efficacy and Safety. Organized by Association of pharmaceutical teachers of India (APTI)
- RGUHS, Bangalore and AICTE, New Delhi sponsored National Seminar cum Workshop on Emerging Trends in Pharmacology. 16-18th October 2008.

POSTER PRESENTATION AND PUBLICATION

- Acid neutralization capacity and cost-effectiveness of antacids sold in various retail pharmacies in the United Arab Emirates. Shery Jacob, Annie Shirwaikar, Shijna Anoop. Hamdan Medical Journal. 2016.
- **COCONUTOIL – A REVIEW OF POTENTIAL APPLICATIONS:** Shijna Kappally, Arun Shirwaikar and Annie Shirwaikar, Hygeia. J.D. Med. October 2015 – March 2016.
- Pharmacogenomics: A step towards personalized medicine – A short review. Shery Jacob, Shijna Anoop and Theju Thomas, IJPSR, 2013; Vol. 4(8): 1000-1003.
- Formulation and Evaluation of Stable Ascorbic Acid Multiple Emulsion. Shery Jacob, Annie Shirwaikar, Shijna Anoop. Gulf Medical Journal, 2015; 4(S2): S122-S130.
- Comparative In Vitro Dissolution Studies between Different Types of Acetaminophen Suppository Dosage Forms Using a Novel Modified Basket Method. Shery Jacob, Arun Shirwaikar, Shijna Anoop. Gulf Medical Journal, 2015; 4(S2): S106-S116.
- Presented research paper in the Poster session in 5th Annual scientific meeting in Gulf Medical University, Ajman, 2013
- Presented research paper in Oral and Poster session in 4th Annual scientific meeting in Gulf Medical University, Ajman, 2012. Current trends in Healthcare: Prevention to Treatment.
- Presented research paper in the poster session at CURRENT TRENDS IN BIO-ANALYTICAL TECHNIQUES Bangalore 5-7th February 2009.

SEMINAR AND DEVELOPMENT PROGRAMS

- Attending Medical education journal club at Thumbay Hospital
- Weekly journal club related to project work in Krupanidhi College of pharmacy (2009-2010)
- Personality development program, presentation skills on a weekly basis for one year (2009-2010)
- Classes for preparation of posters, abstract and paper writing for one year (2009-2010)

STRENGTH

- Strong pharmacology educational background
- Huge project exposure on pain management in Diabetic neuropathy
- Administrative and writing skills
- Ability to motivate and organize the team
- Quick learner and ability to work effectively in a fast paced environment
- Respect and value time

COMPUTER SKILLS

- Windows (98, XP, VISTA)
- Internet
- Word
- Excel
- PowerPoint

INTERESTED AREA

- Teaching, Clinical trial
- R&D, Medical writing

ACADEMICS

- **Mpharmacy** in Pharmacology from Krupanidhi college of Pharmacy, Rajiv Gandhi University, Bangalore, India in 2008-2010
 - Secured Mark-**76%**
 - **BPharm** from J.K.K Nataraja College of Pharmacy, Dr.M.G.R Medical University in 2001-2005
 - Secured Mark-**70%**
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PROJECT PROFILE

MPharm(May/2010)

Title	Pharmacological evaluation of various fractions of methanolic extract of <i>Terminalia bellirica</i> roxb fruit on diabetic neuropathic pain.
Institution	Krupanidhi college of Pharmacy
Guide	Dr.N. Prem Kumar

BPharm(Feb/2005)

Title	Sustained release action of enteric coated tablet of <i>Prosopis Palyda</i> .
Institution	J.K.K Nataraja College of Pharmacy
Guide	Dr. Perumal

PERSONAL DETAILS

Date of Birth : 20th May 1982.
Blood Group : AB +ve.
Nationality : Indian.
Marital Status : Married.
Languages Known : English, Hindi, Tamil, and Malayalam.
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~References Available Upon Request~
