



Dana N. Abdelrahim

M.Sc. Dietitian, Research assistant

DAbdel-rahim@sharjah.ac.ae

Current Job title

Full-time research assistant, Health Promotion Research Group (HPRG), Sharjah Institute for Medical Research (SIMR), University of Sharjah (UOS), Sharjah, United Arab Emirates (UAE).

- You can check my scientific profile on many academic platforms.
- Feel free to contact me for collaboration if you have a new research idea.

Education

I'm a master's degree holder from the University of Jordan, Amman, Jordan, in Clinical Nutrition and Dietetics specialty with an excellent GPA score, 2nd best rank over colleges.

Research life

- I have long experience as a research assistant which obtained from in many projects and fields that I collaborate-with at The University of Jordan.
- I have an acknowledgment in one of the most important Nutrition field books within a project done with a team at The University of Jordan supported by the World Health Organization (WHO).
- One of the Jordanian team in creating Jordanian food composition table in Eastern Mediterranean Region Food Information (EMFID) Data Bank, under supervision of world health organization (WHO).
- I have about 20 published and accepted articles that have been done since only three years only and about 35 under submission and under construction articles.
- I have a very good experience in initiating, conducting, structuring evidence-based research, obtaining ethical approvals, collecting and analyzing data, writing, submitting and reviewing manuscripts.
- I'm a reviewer for many journals.
- I have good experience in conducting both animals (rats) and human experiments.
- I have a strong experience in dealing with many laboratory instruments.

- My research interests are digestion metabolism, nutritional assessment tools, food frequency questionnaire, nutrition and chronic diseases specially cancer, hypertension and diabetes, Food analysis and food composition tables, enzymes biochemistry, nutrition and Ramadan fasting, association of diet with sleep, exercise and genetics, obesity and weight management, functional foods, pharmaceutical uses of wild plants, Vitamins and minerals interactions, data visualization, artificial intelligent, community nutrition, food allergy, dietary patterns, and dietary habits over different age groups of the population.

Other work experiences

- I have worked as a lecturer in nutrition department at Applied Science Private University (ASU).
- Also, I have worked as a teaching assistant for several years in The University of Jordan (UJ).
- I'm a freelance clinical dietitian, certified by the Jordanian Ministry of Health (MOH) and Agricultural Engineers Association (AEA).

Skills and languages

- I have an excellent computer skills and a great experience in many nutritional and statistical analysis software's during my journey specially the SPSS statistical analysis software and now I become a statistical analyzer.
- My third language is Turkish after Arabic and English languages.
- I feel amply qualified and ready to tackle any assignment in my field with total confidence. I am a creative, friendly, self-motivated, critical thinker person, I can work under pressure, I can deliver information easily to the audience, I can create a teamwork environment and I have a strong multi-tasking skills.

Communication skills

- I'm a member of more than 10 Jordanian societies.
- I have a good experience in organizing conferences, symposiums and nutritional events.
- I have attended hundreds of nutrition-related courses, lectures, conferences, and workshops and got many certificates.
- I have many volunteering works.
- I'm a scientific articles writer in one of the most common nutritional hard copy journals.

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