

Course date 29 Sep 2025/ 2 Oct 2025

Course Fees 8,999 AED include VAT

Course duration: 4 days

# Master class In Aesthetic medicine

Course Candidate will receive certificate (Master class in Aesthetic Medicine)

#### Objective\_

The aim of this training program is to provide a participant's high quality of training and ensure safe practice of basic and advanced non-surgical techniques according to latest international guidelines.

## Targeting audience

Intended for doctors interested in acquiring the confidence to perform aesthetic medicine treatments, and who desire to build up and improve their knowledge and skills in the field.

# What is the Program topics?

# Day 1:

- Origin of life
- Aesthetic anatomy and biology
- How to be a creative doctor
- Philosophy of beauty
- Golden ratio
- Introduction of aesthe
- All about collagen
- What is botulinum toxin
- History mechanism of action
- Types of wrinkles in the face
- Muscles in the face
- Upper face points
- Lower face points
- How to manage complications
- Off-label use of botulinum toxin
- Meso therapy.
- Injectable vitamins minerals and peptides.
- Different modalities of meso-use
- Hair treatments fat lipolysis



#### • Day 2:

- Aging process indication of fillers injection techniques
- All types of fillers danger zone of the face
- Difference between cannula and needle how to be a good injector
- Texas jawline skin booster types and protocols
- Comparison between hydro boosters
- What is the collagen stimulate material contraindication of injectable
- How to handle intramuscular complications.

#### • Day 3:

- When to use threads all about threads, on-surgical face lifting types of threads.
- Special techniques for face lifting, jaws treatment, eyebrow lifting,
- Ponytail techniques.
- Complications using threads.
- Collagen stimulant threads,
- Peelina.
- Difference between aha and bha. superficial or deep chemical peels, patient selection and Preparation Skin care routine, skin care pre and post.
- How to write patient protocol
- Difference between cream gel and ointment

## Dau 4:

- The story behind regenerative medicine, rules and percussion of regenerative medicine use
- The future of stem cells what is scaffolding cells.
- All about platelet rich plasma in the use of exosomes,
- Aesthetic technology of electromagnetic waves.
- Difference between laser and other treatment.
- Different types of laser of skin resurfacing technology.
- Focused ultrasound technology and needling radio frequency
- How to combine technology with skin injection
- Written mcg exam

Facultu



Plastic Surgeon & Wound care Specialist



Dr. Nesma Ahmad Specialist dermatologist













