



CHS Newsletter

Welcome to the College of Health Sciences Newsletter — where passion meets purpose, and every page tells a story worth sharing. We are excited to bring together the voices, achievements, and experiences that make the College of Health Sciences at the University of Sharjah a vibrant, dynamic, and inspiring academic community.

This newsletter is designed to take you beyond the classroom and into the heart of our college life. It highlights the energy of our students, the dedication of our faculty, and the impact of our healthcare professionals who continue to shape the future of medicine and health sciences. From interactive academic events and hands-on clinical experiences to innovative research and community engagement, each section reflects the excellence and spirit of the College of Health Sciences.



Inside this edition, you will discover engaging events from every major, inspiring contributions from students, professors, and doctors, as well as memorable campus moments that bring our community together. You will also explore research highlights, academic achievements, and initiatives that demonstrate creativity, leadership, and commitment to advancing healthcare locally and globally.

CHS Events & Academic Highlights

Major academic and extracurricular events across all College of Health Sciences departments and majors, showcasing collaboration, student engagement, and impactful learning experiences that bring theory to life.

Voices of Our Community

Inspiring stories, reflections, and contributions from students, professors, and doctors that highlight real experiences, professional growth, and meaningful moments within our healthcare journey.

Research, Innovation & Achievements

Research highlights, scientific innovations, and impactful milestones that reflect the progress, excellence, and continuous advancement of the College of Health Sciences throughout the semester.

Dean's Message



As we reach the end of another academic year, it is worth pausing to consider the experiences that have shaped it. Over the past months, there have been academic successes, new insights, meaningful connections, and significant personal development, alongside demanding periods that required perseverance, adaptability, and resilience. What stands out most is the way our students, faculty and staff have responded when faced with those demands.

The capacity to adapt under pressure, learn from setbacks, and move forward with purpose is fundamental to healthcare practice. Health professionals regularly work in environments where decisions carry weight, circumstances can change rapidly, and uncertainty is part of daily life. Their ability to remain grounded, support those around them, and deliver high standards of care is what makes their contribution so essential. Their role becomes even more prominent at times of uncertainty.

Throughout this year, you have demonstrated many of those same qualities. You have balanced rigorous study with commitments beyond the classroom, navigated both anticipated and unforeseen challenges, and continued to encourage and support one another. In doing so, you have strengthened not only your clinical knowledge and practical skills, but also the judgement, empathy, and professionalism that will shape your future careers.

As you celebrate the end of the academic year, take pride in the progress you have made. Achievement is reflected not only in grades, placements, or completed milestones, but also in the persistence shown during difficult moments and the lessons gained through experience. Each challenge you have overcome has helped prepare you for the realities and responsibilities of healthcare practice.

Thank you for your dedication, your compassion, and your commitment to learning. We wish you a well-deserved break use it to boost your batteries and strengthen your resolve to display your best personally and academically in the year to come.

Sincerely,

RICH PROGRAM – FIRST SCIENTIFIC PUBLICATION!!!

We are delighted to share two outstanding achievements of the RICH Program. First, the program has successfully produced **its first research publication**, supervised by the esteemed Dr. Muhammad Saboor, which has been published in a prestigious journal. This milestone reflects the program's commitment to fostering high-quality research and contributing meaningful knowledge to the academic community.

In addition, the RICH Program has secured **second place in the 13th Undergraduate Research and Innovation Competition (URIC)**, further highlighting the excellence, innovation, and dedication demonstrated by its students and mentors.

These accomplishments mark important milestones in the RICH Program's journey and reflect the hard work, perseverance, and collaborative spirit of everyone involved. We are immensely proud of these achievements and look forward to many more research and innovation successes in the future.



A Year of Purpose, Progress & Perspective

Some journeys are not defined by a single achievement but by the meaningful moments that quietly shape growth along the way.

For the Department of Physiotherapy, the year 2025–2026 unfolded as a dynamic journey – where classrooms, clinics, communities, and global platforms came together to create a story of impact, innovation, and resilience.

1. Advancing Education, Teaching & Academic Excellence

At the heart of the department's journey lies a strong commitment to advancing education and academic practice. A key milestone was achieved as a faculty member completed a master's in academic practice from the University of Liverpool, strengthening expertise in curriculum design, assessment, academic integrity, and student-centred teaching. This academic growth translated directly into practice, with the integration of AI ethics, sustainability, and innovative teaching strategies into physiotherapy education – ensuring that learning remains relevant in an evolving healthcare landscape.

Further contributing to academic excellence, the department actively engaged in conference presentations and scholarly publications, particularly in the field of academic integrity, reinforcing its role in shaping ethical and high-quality education. A defining moment for the department was the launch of the first PhD programme in physiotherapy at the University of Sharjah – a milestone that signals a new era of research. This milestone not only strengthens academic capacity but also sets the stage for future leaders and innovators in physiotherapy.



2. Global Collaboration & Academic Engagement

Collaboration continued to be a driving force behind the department's growth. The **Global Capstone Program** (November 3–4, 2025) brought together students and faculty from the University of Sharjah and Wonkwang Health Science University in a vibrant exchange of ideas, cultures, and innovation. Through joint presentations, interactive workshops, and clinical visits, students worked on real-world healthcare solutions, including the development of a smart IV pole, bridging theory with practice.

This initiative fostered global engagement, teamwork, and critical problem-solving skills, reflecting the importance of international collaboration in modern healthcare education.

The department's global presence was further strengthened through participation in the FISU Football Cup 2025 in China, where physiotherapy expertise contributed to athlete care, injury management, and performance optimization — offering valuable exposure to sports rehabilitation in an international setting.



3. Research with Meaning & Scholarly Contribution

Research within the department continued to bridge scientific inquiry with real-world relevance. A notable achievement was the publication by Dr Meeyoung Kim in *Fizjoterapia Polska* (December 2025), exploring corticospinal excitability during Ramadan fasting. The study provided valuable insights into neurophysiological, cognitive, and metabolic responses, offering culturally relevant evidence to inform clinical practice in fasting populations. Further enriching academic discourse, Dr Kim authored a scholarly article in the *Health Professions Education Gazette* (January 2026), examining self-regulation, wellbeing, and professional identity in healthcare education — a contribution recognized with a Certificate of Appreciation. The department's research impact extended to international platforms through participation in MENACTRIMS, supporting evidence-based rehabilitation and advancing collaboration in multiple sclerosis care across the region.

4. Community Engagement, Service & Social Impact

Beyond academia, the department remained deeply committed to community engagement and social responsibility. Through health awareness campaigns, elderly care initiatives, and collaborations with the Sharjah Social Services Department, the department actively contributed to promoting wellbeing within the community.

A particularly meaningful initiative was the “Health Without Chains” program at Sharjah Central Jail, emphasizing the importance of accessible healthcare and rehabilitation for all members of society.



The department also played a key role in strengthening community partnerships through the establishment of a Memorandum of Understanding with the Rashid Center for People of Determination, following the introduction of the “CAN” project — an innovative model bridging academia with community needs.

In recognition of these efforts, the department received acknowledgment from the Sharjah Social Services Department for its contributions to healthy aging initiatives. Together, these initiatives reflect a deeper commitment to ensuring that healthcare knowledge reaches every segment of society.



5. Leadership, Recognition & Institutional Contributions

The department’s contributions were recognized at both institutional and community levels. Recognition from His Excellency Prof. Essameldin Agamy, Chancellor of the University of Sharjah, and Dr. Amina Al Marzouki, Vice Chancellor for Student Affairs, further affirmed the Department of Physiotherapy’s impact across teaching, research, and community service. Further engagement included collaboration with the Sharjah Women’s Sports Foundation, reflecting continued efforts to build partnerships that support health, rehabilitation, and community development.



6. Events, Conferences & Professional Activities

The department maintained a strong presence across a wide spectrum of academic and professional events. Participation spanned student orientation programs, national celebrations, health awareness initiatives, international conferences, and interprofessional education activities, reinforcing its active role in academic and community development.

Dr. Hikmat Hadoush represented the department internationally by delivering a keynote lecture at the International Scientific Day in Cairo (January 30, 2026), followed by a keynote workshop in paediatric rehabilitation at the University of Horus, Egypt (January 31 – February 1, 2026).

Further contributions included participation by Dr. Alham Al-Sharman in the Sharjah Next – Healthcare of the Future event, engaging in discussions on innovation and digital health transformation.

The department was also represented at the PSG College of Physiotherapy Foundation Day 2025, reflecting continued international academic engagement and recognition.

These engagements reflect a department that is not only present but actively shaping conversations in healthcare education and practice.



Workplace Safety: Building a Culture of Care, Respect, and Wellbeing

Workplace Safety: Supportive and Congenial Healthcare Environments

On August 25, 2025, an important conversation unfolded at the Rashid Latif College of Nursing, Medical Complex, Pakistan, where the focus extended beyond clinical skills to something equally vital—the safety, wellbeing, and culture of the healthcare workplace.

The event, titled “Workplace Safety: Shaping a Supportive and Congenial Environment”, featured Dr Jacqueline Maria Dias as an invited panellist, bringing her expertise and insight to a topic that continues to shape the future of healthcare systems worldwide.

Redefining Workplace Safety

During the discussion, Dr Dias emphasised that workplace safety is not limited to physical protection alone. Instead, it encompasses a broader vision—one that includes psychological well-being, respectful communication, and a culture of mutual support.

In healthcare settings, where professionals often work under intense pressure, creating a safe and supportive environment is essential not only for staff wellbeing but also for delivering high-quality patient care.

A Conversation That Matters

The panel created a dynamic platform for dialogue, where participants explored real-world challenges faced by healthcare professionals. Topics such as workplace stress, burnout, communication barriers, and team dynamics were brought into focus.

Dr Dias highlighted the importance of fostering environments where individuals feel valued, heard, and empowered—spaces where collaboration thrives and challenges can be addressed openly.

From Awareness to Action

Practical strategies were shared to help institutions move from awareness to meaningful change, including:

- Promoting open and respectful communication
- Encouraging teamwork and peer support
- Addressing workplace stress proactively
- Establishing clear safety and reporting systems

These approaches, though simple in principle, can significantly transform workplace culture when consistently applied.

Workplace Safety: Building a Culture of Care, Respect, and Wellbeing

The Human Side of Healthcare

One of the most impactful messages from the session was the recognition that behind every healthcare professional is a human being—someone navigating responsibilities, pressures, and emotional demands. By prioritising empathy and understanding, healthcare institutions can create environments that are not only safe but also compassionate and resilient.

This event, 'A Step Toward Better Healthcare Environments', served as a powerful reminder that workplace safety is a shared responsibility—one that requires commitment from individuals, teams, and organizations alike. As discussions concluded, participants left with renewed awareness and practical insights, ready to contribute to workplaces where safety, respect, and wellbeing are not just ideals, but everyday realities.

Advancing Global Collaboration: SOFTN Conference 2025 in Sri Lanka

From October 27–29, 2025, the global healthcare education community will gather in the serene and inspiring setting of CinnamonLake, Sri Lanka, for the much-anticipated SOFTN Conference—a landmark event dedicated to advancing innovation, collaboration, and excellence in health professions education. At the heart of this prestigious conference is Dr. Jacqueline Maria Dias, representing the University of Sharjah (UOS) as a valued member of the Steering Committee and Co-Chair of the Scientific Committee. In partnership with the esteemed University of East Anglia, this international collaboration reflects a shared commitment to shaping the future of healthcare education.

A Journey of Leadership and Dedication

For the past two years, Dr. Dias has played an integral role in shaping the vision and direction of the conference. Serving on the global committee has been both a professional honor and a deeply rewarding experience—bringing together experts from around the world to design a program that reflects the evolving needs of healthcare education.

This journey of collaboration, planning, and innovation now reaches its pinnacle with the upcoming conference.

A Platform for Innovation and Exchange

The SOFTN Conference promises to be a vibrant hub of ideas, where educators, researchers, and practitioners come together to share insights, explore emerging trends, and foster meaningful partnerships.

Set against the tranquil beauty of CinnamonLake, the conference offers not only academic enrichment but also an environment that inspires reflection, creativity, and connection.

Advancing Global Collaboration: SOFTN Conference 2025 in Sri Lanka

Looking Ahead with Anticipation

As the event approaches, there is a shared sense of excitement and anticipation. Dr Dias looks forward to welcoming attendees from across the globe to what promises to be an exceptional and impactful conference experience.

More than just a gathering, SOFTN 2025 stands as a celebration of collaboration—where knowledge is shared, ideas are sparked, and the future of healthcare education is shaped together.



Transforming Learning Through Innovation: Simulation-Based Education in Medical Education

On October 11, 2025, an engaging and forward-thinking session unfolded as part of the Master's in Health Professions Education programme, led by Dr Jacqueline Maria Dias. The focus was on a powerful and transformative approach that is redefining how healthcare professionals are trained—Simulation-Based Education.

A New Dimension of Learning

In her session, Dr Dias highlighted how simulation moves beyond traditional teaching methods, offering learners immersive, realistic experiences that mirror real clinical scenarios. This approach allows educators and students alike to bridge the gap between theory and practice, creating a safe space where learning becomes active, reflective, and deeply impactful.

Through thoughtful discussion and examples, the session emphasized how simulation strengthens clinical competence, enabling learners to practise critical skills, make decisions under pressure, and refine their approaches without compromising patient safety.

Participants were encouraged to view simulation not simply as a teaching tool but as a comprehensive educational strategy that enhances both technical ability and professional confidence.

Transforming Learning Through Innovation: Simulation-Based Education in Medical Education

A key highlight of the session was its focus on reflective learning—encouraging educators to guide learners in analyzing their actions, understanding their decisions, and continuously improving their performance.

Dr. Dias also underscored the role of simulation in developing educational leadership, preparing health professions educators to design innovative curricula, lead change, and inspire the next generation of healthcare professionals.

Shaping the Future of Medical Education

The session left participants with a renewed appreciation for the power of simulation as a transformative force in education. As healthcare continues to evolve, approaches like these ensure that learning remains dynamic, relevant, and aligned with real-world demands.

Leading with Vision: Championing Simulation in Healthcare Education in Dubai

On September 19, 2025, the vibrant city of Dubai, United Arab Emirates, hosted a remarkable gathering of leaders and innovators in healthcare education during the LeaderHealth Care! event. Among the distinguished contributors was Dr. Jacqueline Maria Dias, invited as a Simulation Champion and panellist for the session titled "Honouring the Champions of Simulation".

A Platform for Insightful Dialogue

The panel brought together thought leaders dedicated to advancing simulation-based education. Dr. Dias shared her expertise on curriculum reform in simulation, highlighting how educational frameworks must evolve to meet the complex demands of modern healthcare.

Her contributions focused on the importance of designing curricula that are not only technically robust but also responsive to the changing landscape of healthcare delivery.

Defining Leadership in Simulation

Leading with Vision: Championing Simulation in Healthcare Education in Dubai

Central to her message was the role of leadership in driving success within simulation-based education. Dr. Dias emphasised key traits that define effective leaders in this space:

- Decisiveness in navigating complex challenges
- Emotional intelligence in understanding and supporting learners
- Adaptability in responding to evolving educational needs

These qualities, she noted, are essential for fostering innovation and ensuring sustainable progress.

An Engaged and Thoughtful Exchange

The session was marked by a lively and engaging atmosphere, with participants actively contributing questions and reflections. The audience's curiosity and passion created a dynamic exchange of ideas, enriching the discussion and deepening understanding.

Shaping the Future of Healthcare Education

One of the most powerful takeaways from the session was the recognition that simulation extends far beyond technical training. It plays a critical role in shaping adaptive, reflective, and emotionally intelligent healthcare professionals.

As the event concluded, it was clear that conversations like these are instrumental in guiding the future of healthcare education—where innovation, leadership, and collaboration come together to create meaningful change.

Leading Change in Education: Advancing Curriculum Innovation in Health Professions

On October 12, 2025, a significant milestone in academic advancement was marked through the inaugural PhD in Health Professions Education program, where Dr. Jacqueline Maria Dias delivered a compelling and forward-looking session titled “Time to Adapt.”

Focused on Leadership and Management for Curriculum Development, the session brought together emerging scholars and educators in a collaborative effort to rethink how healthcare education must evolve in a rapidly changing world.

A Collaboration of Excellence

This initiative was conducted through a distinguished partnership between the University of Sharjah's College of Medicine and the University of Dundee, reflecting a shared commitment to advancing educational innovation on a global scale.

The collaboration created a dynamic academic environment where diverse perspectives converged—encouraging participants to explore new approaches to curriculum design and leadership.

Responding to a Changing Healthcare Landscape

In her session, Dr. Dias emphasized a powerful message: health professions education must continuously adapt to meet the demands of modern healthcare. With rapid advancements in technology, patient care models, and global health challenges, traditional curricula must evolve to remain relevant and effective.

Through thoughtful discussion, participants explored how leaders can design curricula that are not only responsive but also innovative, flexible, and future-focused.

Leadership at the Core of Transformation

Central to the session was the role of leadership in driving meaningful change. Dr. Dias highlighted how effective leaders must possess the vision, adaptability, and strategic thinking required to guide curriculum development in complex educational environments.

The session encouraged participants to view themselves not only as educators, but as leaders capable of shaping the future of healthcare education.

Inspiring the Next Generation of Educators

As the session concluded, it left participants with a renewed sense of purpose and responsibility. The message was clear: adapting education is not optional—it is essential.

Through initiatives like this, the next generation of academic leaders is being equipped to create learning environments that are dynamic, impactful, and aligned with the evolving needs of healthcare systems worldwide.

Promoting Mental Health and Holistic Well-Being: Supporting Women Through Pregnancy and Motherhood

On October 30, 2025, the Lobby of the M23 Building was transformed into a vibrant and impactful space of learning, awareness, and community engagement. The event, titled “Promoting Mental Health and Holistic Well-Being Among Women During Pregnancy and Motherhood,” brought together students, faculty, and the wider public to address one of the most important aspects of maternal health—mental and emotional wellbeing.



A Student-Led Initiative with Powerful Impact

Organized by third-year Nursing students as part of the Maternity course, under the supervision of Dr. Sawsan Abuhammad and Dr. Vidya Seshan, the event showcased the dedication and professionalism of future healthcare providers.

With the contribution of more than 145 students, the initiative reflected a remarkable level of collaboration, organization, and commitment to community health.

Reaching the Community

The event welcomed over 900 visitors, including students from various faculties and members of the public. The strong turnout highlighted the relevance and importance of the topic, as well as the community's eagerness to engage in meaningful health discussions.

Addressing Critical Aspects of Maternal Mental Health

Through interactive booths, educational discussions, and awareness activities, participants explored key topics such as:

- Signs and symptoms of mental health challenges during pregnancy and postpartum
- The emotional and psychological transitions associated with motherhood
- The vital role of fathers and family support systems
- The importance of proper nutrition and beneficial exercise

These discussions provided practical, evidence-based guidance while also creating a supportive space for open conversation.

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Creating Awareness, Building Support

One of the most impactful aspects of the event was its emphasis on holistic care—recognizing that maternal health extends beyond physical wellbeing to include emotional, psychological, and social support.

Visitors were encouraged to ask questions, share experiences, and gain a deeper understanding of how to support women during this critical phase of life.

A Meaningful Step Toward Healthier Communities

As the event concluded, it left behind a strong message: supporting women during pregnancy and motherhood requires awareness, compassion, and collective effort.

Through initiatives like this, future nurses are not only gaining knowledge—they are actively contributing to building healthier, more informed, and more supportive communities.



Empowering Awareness: “Stay Healthy 6” Breast Cancer Awareness Initiative

On October 8–9, 2025, the University of Sharjah female campus became a hub of awareness, education, and empowerment during the impactful event “Stay Healthy 6” – Breast Cancer Awareness. Driven by a strong commitment to community health, nursing students stepped forward to deliver essential health services and educational sessions, focusing on one of the most critical public health issues affecting women worldwide.



Turning Awareness into Action

Throughout the two-day event, students engaged visitors in meaningful conversations about breast cancer awareness, early detection, and prevention strategies. Their approach combined scientific knowledge with compassionate communication, ensuring that information was both accessible and impactful. Participants were guided through key topics such as recognizing early signs, understanding risk factors, and the importance of regular screening—empowering them to take proactive steps toward their health.

Students as Community Advocates

The initiative successfully reached more than 100 students, reflecting the dedication and enthusiasm of the nursing students who led the event. Their active involvement demonstrated not only academic competence but also a deep sense of responsibility toward community wellbeing.

Building a Culture of Prevention

Events like “Stay Healthy 6” go beyond information-sharing—they help build a culture where prevention and awareness are prioritized. By encouraging open dialogue and education, the initiative contributed to breaking barriers and reducing stigma surrounding breast health.

A Lasting Impact

As the event concluded, it left behind more than knowledge—it sparked awareness, confidence, and a renewed commitment to health. Through their efforts, the students reinforced a powerful message: early awareness saves lives.



Mentorship in Action: Strengthening Clinical Excellence Among UAQ Staff Nurses

On September 9–10, 2025, the University of Sharjah– Nursing Department hosted a dynamic and impactful Mentorship Program for UAQ Staff Nurses, bringing together healthcare professionals committed to growth, learning, and excellence.

Coordinated by Ms. Sharifa Al-Baloushi, the program welcomed 25 staff nurses from Umm Al Quwain, creating a collaborative environment focused on enhancing mentorship practices within clinical settings.



The program was thoughtfully designed to equip participants with essential mentorship skills, including:

A Structured Approach to Professional Growth

- Setting clear and achievable goals
- Understanding the roles and responsibilities of mentors
- Monitoring progress effectively
- Enhancing coaching and guidance techniques
- Addressing common challenges in mentorship

Each element contributed to building a strong foundation for effective professional development.

Learning Through Experience

Participants engaged actively through a variety of interactive methods, including lectures, scenario-based discussions, role-plays, and reflective activities. These approaches transformed the workshop into a dynamic learning experience where theory met practice.



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Participation and Engagement

The program saw enthusiastic participation, with 13 nurses attending on September 9 and 11 nurses on September 10, each contributing to rich discussions and collaborative learning.

Fostering a Culture of Mentorship

Beyond skill development, the program emphasized the importance of mentorship as a cornerstone of healthcare excellence. By strengthening mentor-mentee relationships, it supports not only individual growth but also the overall quality of patient care.

Building Future Leaders

As the program concluded, participants left with enhanced confidence, practical tools, and a renewed commitment to mentorship—ready to guide and inspire the next generation of healthcare professionals.



Bridging Cultures and Knowledge: International Student Partnership Program

From October 13 to October 25, 2025, the University of Sharjah (UoS) proudly hosted a vibrant two-week International Student Partnership Program for final-year students from the Chinese University of Hong Kong (CUHK).

Under the coordination of Dr. Jacqueline Maria Dias, this initiative brought together students from diverse backgrounds, creating a rich environment of cross-cultural exchange, academic collaboration, and global learning.



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A Platform for Global Engagement

The program was designed to go beyond traditional academic experiences, offering participants a well-structured schedule of activities that encouraged interaction, exploration, and shared learning.

Students engaged in discussions, collaborative sessions, and cultural exchanges that broadened their perspectives and deepened their understanding of global healthcare practices.

Fostering Meaningful Connections

Throughout the two weeks, participants formed connections that extended beyond the classroom. Conversations, shared experiences, and collaborative activities created bonds that will continue to influence their academic and professional journeys.



Strengthening Institutional Partnerships

The initiative also played a vital role in strengthening ties between UoS and CUHK, laying the foundation for future collaborations in education, research, and student exchange.

A Global Vision for Education

As the program concluded, it left participants inspired, enriched, and more connected to the global academic community—highlighting the importance of collaboration in shaping the future of healthcare education.

Empowering Educators: Teaching Clinical Competence at UOS

On September 28, 2025, as part of the Faculty Induction Program at the University of Sharjah, Dr. Jacqueline Maria Dias led an engaging and interactive session on Teaching Clinical Competence. Exploring Modern Approaches to Clinical Education

The session introduced participants to key models of clinical teaching, emphasizing the importance of competency-based education in improving learning outcomes and preparing students for real-world practice.

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Interactive Learning at Its Best

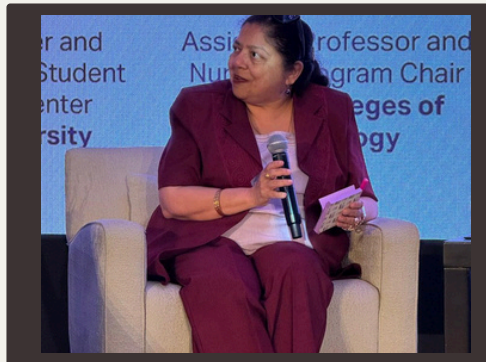
What made the session particularly engaging was its use of innovative tools such as Kahoot, Mentimeter, and breakout discussions. These methods encouraged active participation, transforming the session into a collaborative and dynamic learning experience.

Bridging Theory and Practice

Participants explored how effective teaching strategies can enhance clinical competence, ensuring that students are not only knowledgeable but also capable, confident, and adaptable in clinical environments.

Shaping Future Educators

The session reinforced the role of educators as facilitators of meaningful learning experiences—empowering faculty members to adopt innovative approaches that support student success.



Advancing Simulation Excellence: Health Care Simulation Week 2025

From September 15–19, 2025, the global healthcare community celebrated Health Care Simulation Week, highlighting the critical role of simulation in enhancing patient safety and healthcare efficiency. At the University of Sharjah, this global initiative was marked by a series of impactful activities led by Dr. Jacqueline Maria Dias, in collaboration with Emirates Health Services.

Uniting Through Simulation

A key highlight of the week was the webinar titled “Debriefing in Interprofessional Education (IPE): United Through Simulation.” This session brought together participants from diverse healthcare backgrounds to explore the importance of structured debriefing in simulation-based learning.

Enhancing Learning Through Reflection

The webinar emphasized how debriefing transforms simulation experiences into meaningful learning opportunities—encouraging reflection, critical thinking, and continuous improvement.

A Milestone Moment

In addition to the webinar, the event featured the soft opening of the Simulation Manual, marking an important step toward standardizing and enhancing simulation practices.

Shaping the Future of Healthcare Training

Health Care Simulation Week served as a powerful reminder of how simulation strengthens not only technical skills but also teamwork, communication, and decision-making.

A Commitment to Excellence

Through initiatives like these, the University of Sharjah continues to play a leading role in advancing innovative educational practices—preparing healthcare professionals to deliver safe, effective, and compassionate care.

Honoring Experience and Care: International Day of Older Persons in Al Madam City

On October 1, 2025, the Social Services Department in Al Madam City became a vibrant center of care, respect, and community engagement as it hosted the International Day of Older Persons—a meaningful occasion dedicated to celebrating the lives and wellbeing of older adults.

In collaboration with the Center of Excellence for Healthy Aging (CEHA), fourth-year Nursing students from the University of Sharjah, under the supervision of Mr. Jalal, played a central role in delivering compassionate and impactful healthcare services.

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Bringing Care to the Community

Throughout the event, students provided a range of nursing procedures and health education, focusing on some of the most prevalent health concerns among older adults, including:

- Diabetes mellitus (DM)
- Hypertension (HTN)
- Nutrition and healthy living

Their approach combined clinical skill with empathy—ensuring that each interaction was not only informative but also respectful and supportive.

Learning Through Service

For the students, the event was more than a clinical exercise—it was a valuable opportunity to connect with the community, understand the needs of older adults, and apply their knowledge in real-world settings.

Celebrating Dignity and Wellbeing

The event highlighted an important message: healthy aging is a shared responsibility. By promoting awareness and providing care, the initiative contributed to improving quality of life and encouraging dignity in later years.

A Meaningful Impact

As the day concluded, it left behind a sense of fulfillment and connection—demonstrating how healthcare, when delivered with compassion, can truly make a difference in people's lives.



Champions of Learning: Advancing Mentorship Excellence Across the UAE



On January 6, 2026, the Reading Room at the Women's Library, University of Sharjah, became a dynamic hub of collaboration and professional growth during the workshop "Champions of Learning: A Collaborative Mentorship Workshop for UAE Nursing Mentors." Delivered in a hybrid format, the workshop brought together an impressive 288 participants from public and private healthcare institutions across the UAE—highlighting the growing importance of mentorship in strengthening healthcare systems.

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A Nationwide Collaboration

Participants included professionals from the Dubai Health Authority, Ministry of Health and Prevention, and the private healthcare sector—ranging from nursing mentors and clinical educators to physicians. This diverse participation created a rich environment for interprofessional collaboration and shared learning.

The workshop focused on enhancing clinical mentorship through a series of engaging and interactive sessions, covering:

Strengthening Mentorship Practices

- Mentorship roles and core competencies
- Leadership and effective role modelling
- Coaching techniques and constructive feedback
- Evaluation of mentorship within undergraduate nursing programs

Each topic was designed to equip participants with practical tools to support mentees and foster professional development.

Interactive and Engaging Learning

Active learning strategies played a key role in the workshop's success. Participants engaged in:

- Case-based discussions
- Video-based learning activities
- Digital engagement tools

These approaches ensured meaningful participation for both in-person and online attendees, creating an inclusive and dynamic learning environment.

A Commitment to Excellence

The overwhelmingly positive feedback reflected high satisfaction with the workshop's relevance, clarity, and engagement. More importantly, it reinforced the University of Sharjah's commitment to advancing academic-clinical partnerships and continuous professional development.



Serving the Community: Promoting Healthy Aging Through CEHA Initiatives



On October 8, 2025, the Social Services Department in Sharjah hosted a community-focused event in collaboration with the Center of Excellence for Healthy Aging (CEHA)—bringing healthcare directly to those who need it most.

Nursing students played a vital role in delivering essential community health services, demonstrating both competence and compassion in their practice.

Participants benefited from a range of services, including:

- Vital signs assessment
- Blood glucose testing
- General nursing care

In addition, students provided valuable health education sessions covering:

- Blood pressure management
- Diabetes awareness
- Osteoarthritis prevention
- Promotion of healthy lifestyle habits

Comprehensive Health Services



Reaching the Community

The initiative successfully served more than 200 individuals, reflecting both the scale and impact of the event. Community members were actively engaged, gaining practical knowledge and support to manage their health.

Students as Agents of Change

Through their involvement, nursing students demonstrated a strong commitment to public health promotion and community engagement. Their efforts highlighted the important role of healthcare professionals in extending care beyond clinical settings.



Spreading Awareness, Inspiring Action: Breast Cancer Awareness at SAIS

On October 2, 2025, the Sharjah American International School (SAIS) hosted a meaningful Breast Cancer Awareness event, where nursing students stepped forward to educate, engage, and empower young learners.

Educating the Next Generation

Through interactive sessions and discussions, students provided essential information on breast cancer awareness, focusing on the importance of early detection, understanding risk factors, and adopting healthy lifestyle habits.

Their ability to communicate complex health information in a clear and relatable way made the sessions both impactful and memorable.

Community Engagement in Action

The event successfully reached more than 300 students, creating a wide-reaching impact and fostering awareness at an early stage. By engaging school students, the initiative contributed to building a generation that is more informed and proactive about health.

Promoting Prevention and Awareness

The event emphasized that awareness is the first step toward prevention. By encouraging open discussions and education, it helped break barriers and promote a culture of health consciousness.

A Lasting Impression

As the event concluded, it left behind more than knowledge—it inspired awareness, curiosity, and a sense of responsibility toward personal health and community wellbeing.



Nurturing the First Moments: Baby-Friendly Hospital Initiative Training

On October 27 and November 3, 2025, the M23-13 hall at the University of Sharjah became a dynamic learning space dedicated to one of the most essential aspects of healthcare—maternal and newborn care. The Baby-Friendly Hospital Initiative (BFHI) Training, organized by University Hospital Sharjah (UHS), brought together 150 third-year nursing students for an immersive and hands-on educational experience.

Under the guidance of Dr. Sawsan Abuhammad and Dr. Vidya Seshan, and led by expert presenters Deepthy Dinesh and Nouhad Khreyss from UHS, the training blended knowledge, practice, and interaction into a truly impactful learning journey.

From Knowledge to Practice

The session began with a comprehensive overview of the BFHI framework—an internationally recognized initiative aimed at promoting optimal breastfeeding practices and improving maternal and infant health outcomes.

However, what made the training truly stand out was its interactive and practical approach. Students actively engaged in:

- Hands-on latch and positioning techniques
- Counselling role-plays to support new mothers
- Simulation scenarios focusing on skin-to-skin contact, early initiation of breastfeeding, rooming-in practices, and safe supplementation

These activities transformed theoretical knowledge into real-world skills, allowing students to experience the nuances of patient-centered care.

Engagement, Interaction, and Excellence

The session concluded with a lively Q&A and quiz segment, where students demonstrated their understanding of the material. The competitive yet collaborative atmosphere added energy to the learning experience, with several students being recognized for achieving the highest number of correct answers.



Bridging Knowledge and Community: Nursing Students at the AGYA Conference 2025



On November 20, 2025, the University of Sharjah (M3 Building) hosted the prestigious Annual Conference of the Arab-German Young Academy of Sciences and Humanities (AGYA), bringing together a diverse community of researchers, academics, and students in a vibrant exchange of ideas.

Among the many contributors to this interdisciplinary forum were third-year Nursing students, alongside their peers from the Faculty of Health Sciences, who played an active and inspiring role in translating knowledge into meaningful community engagement

From Conference Themes to Community Impact

As part of the conference's focus on healthcare management and wellbeing, the students designed and staffed two wellbeing-focused booths. These booths served as interactive platforms where complex global health topics were transformed into practical, accessible activities for the public.

Key themes addressed included:

- Prevention of communicable and non-communicable diseases
- Digital health and telemedicine
- Environmental health
- Holistic wellbeing

**Engaging,
Educating, and
Empowering**

Visitors were invited to participate in health education sessions, simple health assessments, and interactive discussions, creating an environment that encouraged learning, awareness, and dialogue. The booths became spaces where knowledge met action—where students not only shared information but also inspired individuals to adopt healthier lifestyles.

**A Step Toward
Healthier
Societies**

By contributing to the conference's broader mission, the students played a meaningful role in advancing awareness and fostering healthier communities. Their efforts reflected the core values of healthcare—education, compassion, and service.

Awards and Scientific achievement

Scientific Society of Arab
Nursing Faculties
Office of the Secretary General



الجمعية العلمية لكليات التمريض
العربية
مكتب الأمين العام

إعلان نتائج جوائز التميز للجمعية العلمية لكليات التمريض العربية للعام 2025

يسر الجمعية العلمية لكليات التمريض العربية أن تعلن نتائج جوائز التميز للعام 2025، بعد استكمال إجراءات التحكيم وفق نماذج التقييم المعتمدة:

اسم الجائزة	اسم الفائز	المؤسسة	عنوان المشاركة
جائزة تكريم المؤسسات نظير الأعمال المتميزة	لم تتقدم أي مؤسسة		
جائزة تكريم الأستاذة نظير الأعمال المتميزة	د. فاطمة رفعت أحمد	جامعة الشارقة	لتميزها المتوازن في التدريس والبحث وخدمة المؤسسة، ولما قدمته من أدوار قيادية ومخرجات مؤثرة تتسجم مع معايير الجائزة.

Dr. Fatma Refaat has been awarded the Professors Recognition Award for Distinguished Contributions for the year 2025 by the Scientific Society of Arab Nursing Faculties.

Dr. Jacqueline Dias has won the UOS Annual Faculty Incentives Award for Excellence in Teaching.

Office of the Chancellor



جامعة الشارقة
UNIVERSITY OF SHARJAH

مكتب مدير الجامعة

**UOS Annual Faculty Incentive Award
Academic Year 2025/2026**

University and Community Service Category

SN	Winner	College	Amount/AED
1	Mr. Ibrahim Aziz	College of Dental Medicine	10,000
2	Dr. Eslam Nofal	College of Engineering	10,000
3	Dr. Feras Jirjees	College of Pharmacy	10,000

Teaching Category

SN	Winner	College	Amount/AED
1	Prof. Ghazi Al-Khateeb	College of Engineering	15,000
2	Prof. Elsiddig Elsheikh	College of Sciences	15,000
3	Dr. Jacqueline Maria Dias	College of Health Sciences	15,000



Ms. Ruwaya Almesafri received a recognition certificate from the Institutional Excellence Department as part of her participation in the Distinguished Employee Award.

Dr. Sawsan Abuhammad has been recognized among the Highly Ranked Scholars for ScholarGPS rankings in 2025 in the field of nursing and healthcare. She is ranked #1 in Arab countries and #13 globally, reflecting the strong impact and visibility of her research contributions in nursing science and healthcare. This achievement highlights CHS's growing research excellence and Dr. Sawsan's continued commitment to advancing evidence-based practice, innovation, and academic leadership.

CND Graduates Win Community Award at Khalifa University Symposium

On November 14 2025, at Erth Hotel in Abu Dhabi, graduates from the Clinical Nutrition and Dietetics (CND) Department at the University of Sharjah were recognized for their remarkable contribution to public health. Supervised by Dr. Mona Hashim, the graduates were awarded the Community Impact Award at the Khalifa University Symposium.

The recognition took place during the 3rd Healthy Longevity Symposium, where the graduates presented their research poster titled: "A study of the relationship between adherence to the MIND diet and neurocognitive status among older adults in Sharjah – cross-sectional."

Their research explored an increasingly important question: can dietary patterns influence cognitive health as we age? By examining adherence to the MIND diet, a dietary approach that combines elements of the Mediterranean and DASH diets, the group investigated its relationship with neurocognitive performance among older adults in Sharjah.

Their findings reinforced a powerful message: nutrition plays a central role not only in disease prevention, but also in promoting healthy longevity and cognitive well-being. As populations age globally, research that connects diet with brain health becomes ever more critical.

The project was commended for its scientific rigor, strong methodology, and relevance to community health concerns. More than just an academic exercise, the study reflects a growing commitment within the CND field to produce research that directly benefits society, bridging science and real-life impact.

This achievement stands as a proud moment for the University of Sharjah and a testament to the dedication of its graduates and faculty in advancing nutrition research that supports healthier aging communities.



CLINICAL NUTRITION

World HeartDay - CND Department

On September 29, senior students from the Clinical Nutrition and Dietetics Program brought energy, knowledge, and heart-health enthusiasm to Rosary School Sharjah in celebration of World Heart Day.

As part of their course, the students engaged in developing and delivering a fun, interactive session all about keeping your heart happy and strong through following a balanced diet, physical activity and how to manage stress. From decoding food labels to spotting hidden sugars and unhealthy fats, the session gave students practical tools they can actually use in their daily lives.

However, it wasn't just a lecture; the event wrapped up with an exciting quiz and myth-busting challenge, where participants tested their knowledge and uncovered the truth behind common nutrition myths.

The initiative aimed to inspire adolescents to make smart, informed food choices and build healthy habits that protect their hearts and support their overall well-being for years to come.



Healthcare Management

Welcoming New Cohorts of Future Healthcare Leaders

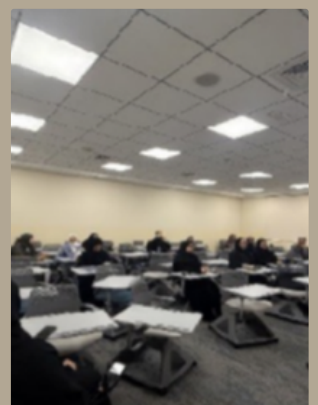
The Department of Healthcare Management officially launched the new academic year with its annual Orientation Days, warmly welcoming incoming students across its programs and marking the beginning of an exciting academic journey.

This year, orientation sessions were held for students enrolled in the BSc in Healthcare Management program on September 1, 2025, and the Master of Public Health (MPH) program on September 4, 2025. The events provided students with a clear overview of their academic pathways, program expectations, and the wide range of opportunities available to them throughout their studies.

Through engaging presentations and open discussions, faculty members introduced the department's vision, values, and commitment to excellence. The sessions emphasized building a supportive learning community, encouraging collaboration, and equipping students with the knowledge and leadership skills needed to shape the future of healthcare management and public health.

Students also had the opportunity to connect with faculty members and peers, fostering early professional relationships and a sense of belonging within the department. These interactions helped ease the transition into university life and encouraged active participation from the very start.

By the conclusion of the Orientation Days, students left feeling motivated and confident about the journey ahead, ready to embrace the challenges and opportunities that will prepare them to become impactful leaders in the healthcare sector.



Healthcare Management Students Participate in Public Health Symposium

Students from the Department of Healthcare Management took part in the PublicHealth Symposium hosted at Khalifa University in Abu Dhabi on October 2, 2025.

The event provided an engaging platform for students to explore the latest developments in public health research, participate in insightful discussions, and connect with professionals and peers in the field.

Their participation offeredvaluable real-world exposure,enriching their academicexperience while expanding their professional networks within the public health community.

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Their participation offered valuable real-world exposure, enriching their academic experience while expanding their professional networks within the public health community.

Healthcare Management

Department of Healthcare Management Visit to University Hospital Sharjah

The Department of Healthcare Management organized a successful educational visit to University Hospital Sharjah on October 21, 2025.

The visit provided students with a great opportunity to observe real-world healthcare operations and gain practical insights beyond lectures. By connecting academic learning with real-life healthcare practice, the experience helped students better understand how healthcare systems function in professional settings.

Such initiatives reflect the department's continued commitment to equipping future healthcare leaders with hands-on exposure, practical knowledge, and a deeper understanding of the complexities of modern healthcare systems.



Healthcare Management

Promoting the Master of Public Health Program on Sharjah Broadcasting Authority

On October 25, 2025, Prof. Heba Hijazi, Chairperson of the Department of Healthcare Management, was featured on Sharjah Broadcasting Authority, where she spoke about the Master of Public Health (MPH) program.

During the broadcast, she highlighted the program's vision, key objectives, and the diverse career opportunities available to graduates eager to further continue their studies. She also emphasized the program's role in preparing qualified public health professionals capable of addressing today's evolving health challenges at both national and regional levels.

This media appearance reflects the department's ongoing commitment to community engagement, raising public awareness, and promoting advanced education in the field of public health.



Healthcare Management

Healthcare Management Faculty Participate in AI in Higher Education Workshop

On October 28, 2025, faculty members from the Department of Healthcare Management took part in the AI in Higher Education Workshop, an event focused on the growing role of artificial intelligence in modern academia.

The workshop explored how AI can be integrated into teaching, learning, and academic practice, introducing participants to innovative tools and strategies that support more dynamic and effective education. Faculty members gained valuable insights into how emerging technologies can enhance student engagement and improve learning outcomes.

Their participation reflects the department's strong commitment to continuous professional development and its dedication to advancing teaching excellence through the adoption of innovative educational technologies.

Healthcare Management Department Participates in Mental Health and Well-Being Initiative

On October 30, 2025, the Department of Healthcare Management at the College of Health Sciences, University of Sharjah participated in an event titled "Promoting Mental Health and Holistic Well-Being among Women during Pregnancy and Motherhood," organized by the Nursing Department.

The event brought together faculty and professionals to highlight the importance of supporting women's mental health and overall well-being during pregnancy and motherhood, while encouraging a holistic approach to maternal care.

The department's participation reflects its strong commitment to interdisciplinary collaboration and to supporting initiatives that promote mental health, maternal well-being, and comprehensive healthcare within the community.



Healthcare Management

HCM Students Visit Al Amal Psychiatric Hospital

The Department of Healthcare Management organized an enriching educational visit on November 5, 2025, to Al Amal Psychiatric Hospital, one of the UAE's leading institutions specializing in mental health care.



The visit brought together students from the BSc in Healthcare Management, Master of Public Health, and PhD in Public Health programs, offering them valuable exposure to mental health services, care delivery systems, and healthcare management practices within a specialized clinical setting.



Through this experience, students gained important insights into psychiatric care systems and the critical role healthcare management plays in supporting effective and compassionate mental health services.



Healthcare Management

Healthcare Management Department Open Day

On November 20, 2025, the Department of Healthcare Management at the College of Health Sciences, University of Sharjah, successfully hosted its Open Day under the theme "Innovating Integrated Health Systems for Better Care".

The event brought together students, faculty members, and industry representatives to explore how innovation, technology, and collaboration can shape the future of healthcare delivery. It created an interactive platform for sharing ideas and highlighting advancements in healthcare management and public health.

Attendees participated in student project showcases, interactive activities, and engaging discussions, all emphasizing the importance of integrated and innovative approaches to improving healthcare systems and patient care.



HCM Community Engagement Visit to Seniors Happiness Center

On Monday, November 24, 2025, the Department of Healthcare Management organized a visit to the Seniors' Happiness Center as part of its ongoing commitment to community service and social responsibility.

During the visit, faculty members and students had the opportunity to engage with senior residents, listen to their experiences, and participate in activities aimed at enhancing their well-being and quality of life.

The initiative highlighted the importance of compassion, inclusion, and human-centred care that lie at the heart of healthcare management education.

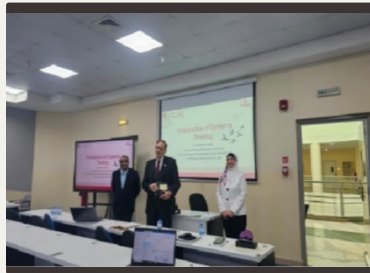
Healthcare Management

Workshop on Systems Thinking and Simulation in Healthcare

The Department of Healthcare Management at the College of Health Sciences, University of Sharjah successfully conducted a workshop titled “Systems Thinking and Simulation in Healthcare” on Wednesday, December 17, 2025.

The workshop focused on introducing participants to key principles of systems thinking and their application within healthcare settings. It also explored how complex interconnections and dynamic behaviors influence health systems and decision-making processes.

Participants gained hands-on experience in system dynamics modeling and simulation, including the use of Vensim as a tool for analysis, problem-solving, and decision support. The session provided valuable practical insights to strengthen evidence-informed clinical, operational, and strategic decision-making in healthcare management and policy planning.



Faculty Achievement: Academic Promotion

The Department of Healthcare Management proudly congratulates Prof. Heba Hijazi on her promotion to Full Professor, effective January 2026. This milestone reflects her longstanding dedication to academic excellence, leadership, research, and service in the fields of healthcare management and public health. Her achievement stands as a testament to her impactful contributions to education, scholarship, and the advancement of healthcare systems.

Healthcare Management

Women in Research: Faculty Recognition

The Department of Healthcare Management proudly congratulates Dr. Amina Almarzoqi on being recognized among the Stanford Top 2% of Researchers.

This prestigious recognition highlights Dr. Almarzoqi's exceptional research contributions and reflects the department's continued commitment to research excellence, innovation, and supporting the advancement of women in academia.



Medical Diagnostic Imaging

Department of MDI – Fall 25/26 Newsletter



The Department of Medical Diagnostic Imaging, in collaboration with the Deanship of Student Affairs is pleased to invite you to attend

BOOST YOUR BRAIN POWER: LEARNING & MEMORY TECHNIQUES

featuring practical strategies and scientifically proven techniques to enhance learning and sharpen memory

15 Sep 2025, Monday

6:00 PM – 7:00 PM

U/S Room 101

Certificate will be issued



Speaker:
Dr. Leena R. David
Associate Professor, MDI
Deanship of Student Affairs



Moderator:
Dr. Leena R. David
Associate Professor, MDI
Deanship of Student Affairs

MAKING A DIFFERENCE TOGETHER

The Fall 2025/2026 semester was a productive and engaging period for the Department of Medical Diagnostic Imaging (MDI), filled with academic activities, notable achievement and student involvement.

Dr. Leena R. David led an online session in collaboration with the Deanship of Student Affairs on September 15th to kick off the semester. The course, "Boost Your Brainpower: Learning & Memory Techniques," taught students useful, science based methods to improve memory and learning.

October brought both awareness and action! Third year students took part in the October 8th "Be Healthy" event in support of Breast Cancer Awareness month organized by the Deanship of Student Affairs Women. With confidence and professionalism, they informed attendees about various breast imaging modalities, including screening and diagnostic techniques, stressing on the significance of early detection on saving lives.



Later that month, from October 21st -23rd, the department made a remarkable impression at the Annual Radiology Meeting (ARM) 2025. Faculty members participated in stimulating technical sessions that demonstrated creativity and innovation. Dr. Mohamed Abuzaid, Associate Professor, presented "Advancing Radiography Education in Arab Countries: Developing Radiographers," providing insight into the future of education in the region. Prof. Bashar Afif Issa, Professor and Head of the MDI Department, delivered an insightful talk titled "Evolving Role of the Radiographer: Are Radiographers Provided with Adequate Education to Engage AI and Research?". Meanwhile Dr. Leena David drew in the audience with her presentation "Bridging the Gap: Simulation as the Key to Clinical Skills."

Medical Diagnostic Imaging

MDI students contributed to these achievements by taking part in the scientific poster competition; submitting two scientific posters. Their hard work and dedication were recognized with the ARM 2025 Student Poster Award for Excellence, earning them first place that made the entire department proud.



In November, the spirit of innovation and celebration. On November 11th, in honor of World Radiography Day, MDI students organized the International Radiology Day 2025. With talks on radiation safety, the history of medical diagnostic imaging, and the radiographer's expanding role, the event was a vibrant display of the field's development. It reflected the students' passion for their profession.



Medical Diagnostic Imaging



Just days later, on November 17th, the department organized an outstanding workshop titled “Hands-on AI Workshop in Medical Imaging: Bridge in the Gap Between Theory & Practice” in collaboration with Ms. Maryam Abdollah, an MDI postgraduate student. Led by Ms. Shamine Kumar Senior Director & Clinical Specialist ([Qure.AI](#)), the workshop brought artificial intelligence to life through real world clinical applications. Participants learned a ton of valuable information about how AI is changing radiography and radiology by making difficult ideas interesting and approachable.

The semester wrapped up on November 25th with a lecture titled “Basics of Echocardiography” delivered by Prof. Sulafa, Professor of pediatric cardiology at College of Medicine. The session gave

students a practical and clear introduction to echocardiography, highlighting its recent advancements and functions in a way that was engaging and easy to understand.

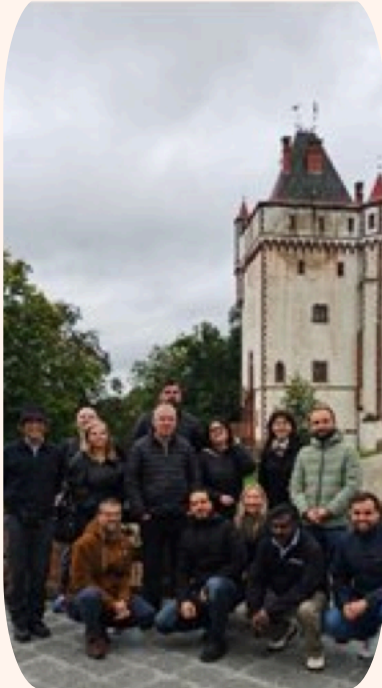


Medical Diagnostic Imaging

Activities EHS

By actively participating in important academic and scientific projects, the University of Sharjah continued to strengthen its presence on both international and national platforms.

At the international level, Prof. Khaled Abass and EHS undergraduate student Hamda Salem Alshamsi proudly represented the university at the 6th International Conference on Knowledge, Skills, and Ability in Drugs and Toxicology (KSAPT 2025). Held in Riyadh, Saudi Arabia, from October 27th to 30th 2025 as part of the Global Forensic Excellence Exhibition (GFEX), the conference brought together experts under the theme “Leading New Horizons in Toxicology and Pharmacology.” Their participation reflected the University of Sharjah’s growing role in advancing research and fostering global collaboration in toxicology and health sciences.



The Department of Environmental Health Sciences (EHS) recently welcomed Ms. Veronika Meca, Erasmus Program Coordinator from the Technical University of Ostrava (TUO), Czech Republic, as part of the ongoing Erasmus+ international mobility collaboration between EHS and TUO. A MSc student from TUO also joined the department for a 60-day exchange program, further enriching the academic environment and fostering hands-on learning experiences.

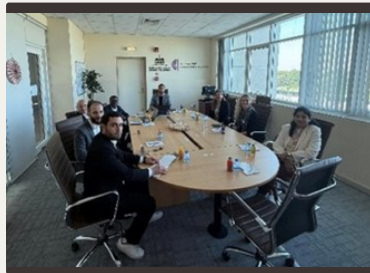
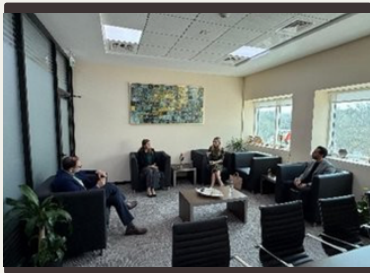
This collaboration, which was established in 2023 and was the first organized international mobility program of its kind, represents a significant milestone for the University of Sharjah and the College of Health Sciences. Since then, it has been crucial in encouraging training opportunities, cooperative research, academic exchange, and cultural networking between the two institutions.

Medical Diagnostic Imaging

The Department of Healthcare Management at the College of Health Sciences, University of Sharjah successfully conducted a workshop titled “Systems Thinking and Simulation in Healthcare” on Wednesday, December 17, 2025.

The workshop focused on introducing participants to key principles of systems thinking and their application within healthcare settings. It also explored how complex interconnections and dynamic behaviors influence health systems and decision-making processes.

Participants gained hands-on experience in system dynamics modeling and simulation, including the use of Vensim as a tool for analysis, problem-solving, and decision support. The session provided valuable practical insights to strengthen evidence-informed clinical, operational, and strategic decision-making in healthcare management and policy planning.



Sustainability Project Participation 2025

Students from the Department of Environmental Health Sciences; Nesrine Haddana, Nora Alshamsi, Noor Shakir, and Hamda AlMheiri participated in the American University in Dubai Sustainability Project Competition 2025. This initiative reflects the participating universities' shared commitment to promoting excellence in knowledge advancement aligned with the United Nations Sustainable Development Goals (SDGs). The competition provided a valuable platform for students from universities across the UAE to present innovative research projects focused on addressing pressing environmental challenges. It encouraged innovation, critical thinking, and practical approaches for environmental preservation and sustainability.

Representing the University of Sharjah – EHS department, the students presented their project titled “Ne’ma: A Sustainable Model for Redistributing Food Surplus.” The project focuses on reducing food waste, promoting responsible consumption, and supporting environmental health protection through an efficient and sustainable redistribution system.



Environmental Health Science

Public Speaking Competition Participation

Students from the Department of Environmental Health Sciences; Nesrine Haddana, Nora Alshamsi, Noor Ahmed, Mariam Alzaabi, and Reem Alali participated in the 25th cycle of the Emirates Environmental Group Inter-College Environmental Public Speaking Competition. The event brought together university students from across the MENA region, providing a platform to raise environmental awareness and advocate for the protection and sustainability of the environment.

As part of their contribution, the student team delivered a presentation highlighting the environmental impacts of the fashion and cosmetics industries, shedding light on issues such as pollution, overconsumption, and unsustainable production practices.

Their participation was carried out under the academic supervision of Dr. Lucy Semerjian and tutor guidance from Mr. Muhammad Adil Asghar, reflecting the department's strong commitment to student development, communication skills, and environmental advocacy.



Environmental Health Science

Dubai International Food Safety Conference 2025

Dr. Lucy Semerjian, Associate Professor in the Department of Environmental Health Sciences, delivered a research presentation at the 19th Dubai International Food Safety Conference, held in November 2025. Her talk, titled “Metal Concentrations and Health Risk Assessment of Spices and Herbs from Global and UAE Markets,” focused on evaluating potential health risks associated with metal contamination in commonly consumed spices and herbs.



This contribution reflects the department’s ongoing commitment to advancing scientific knowledge in food safety and public health. Such academic engagements play an important role in sharing research findings, enhancing professional networking among faculty and students, and strengthening community outreach and awareness in key environmental health issues.

Conferences and International Collaboration

The Department of Environmental Health Sciences actively participated in the 19th Dubai International Food Safety Conference, where faculty and students contributed to the scientific program. Prof. Ioannis Savvaidis delivered an oral presentation, while Ms Anfal Al-Mulla, MSc graduate student, presented a research poster, showcasing the department’s ongoing engagement in food safety research and academic sharing.

In addition, the department hosted visiting researchers from Armenia between February 2nd and 5th as part of academic exchange activities. The visit included oral presentations delivered to students, as well as discussions on potential future scientific collaborations between the EHS Department (College of Health Sciences) and the Department of Chemistry at Yerevan State University, Armenia.

Medical Laboratory Sciences

ARABLAB 2025: Exploring the Future of Laboratory Science

As part of their commitment to professional development and experiential learning, third- and fourth-year students from the Department of Medical Laboratory Sciences attended ARABLAB 2025, one of the region's leading exhibitions for laboratory technology and scientific innovation.

The visit provided students with a valuable opportunity to explore the latest advancements in laboratory equipment, automation systems, diagnostic technologies, and analytical instruments used across healthcare, research, and industrial sectors. Students interacted with industry experts, observed live demonstrations, and gained insight into emerging trends that are shaping the future of laboratory medicine.

Beyond the technical knowledge acquired, the exhibition allowed students to bridge the gap between academic learning and real-world laboratory practice. The experience encouraged students to envision how innovation and technology can enhance diagnostic accuracy, improve patient outcomes, and contribute to advancements in healthcare.



The visit was supervised by Dr. Mohammad Ghaleb Mohammad, Associate Professor, and Dr. Mohammad Ibrahim Madkour Zaher, Assistant Professor, whose guidance enriched the educational value of the experience and supported students in connecting theoretical concepts with practical applications.

Medical Laboratory Sciences

MLS Students Contribute to Community Health Through Social Services Initiative

Demonstrating their commitment to community engagement and public service, senior students from the Department of Medical Laboratory Sciences participated in a series of outreach visits to the Center of Excellence within the Department of Social Services during the Fall 2025 semester.



During these visits, students provided essential health screening services for elderly community members, including blood glucose testing, cholesterol assessment, uric acid measurement, and blood pressure monitoring. These services aimed to promote early detection of potential health concerns while supporting the well-being of one of the community's most valued populations.

The initiative offered students a meaningful opportunity to apply their clinical and laboratory skills in a real-world setting while developing communication, professionalism, and patient-centered care competencies. Through direct interaction with elderly individuals, students gained a deeper appreciation of the role healthcare professionals play in improving quality of life and promoting preventive healthcare practices.



This outreach activity reflects the Department's ongoing dedication to integrating academic excellence with social responsibility and community service.



Medical Laboratory Sciences

Stay Healthy 6: Raising Awareness About Breast Cancer Through Laboratory Science



The Department of Medical Laboratory Sciences proudly participated in the “Stay Healthy 6” Breast Cancer Awareness event, reaffirming its commitment to health promotion, disease prevention, and community education.

The department’s participation focused on highlighting the critical role of medical laboratory professionals in the detection, diagnosis, and management of breast cancer. Visitors were introduced to the diagnostic journey of a patient, beginning with routine laboratory investigations and extending to specialized procedures such as biopsies, histopathological examinations, and advanced diagnostic testing.

Faculty members and students explained how laboratory findings contribute to accurate diagnoses, disease classification, treatment planning, and patient monitoring. Through interactive discussions and educational materials, attendees gained a greater understanding of the scientific processes that support clinical decision-making and improve patient outcomes.

The event served as an important platform to raise awareness about the significance of early detection and to showcase the indispensable contributions of medical laboratory scientists within multidisciplinary healthcare teams.

Medical Laboratory Sciences

Building Connections Beyond the Classroom: MLS Third-Year Breakfast Gathering



The morning began with a light breakfast, allowing students and faculty members to engage in informal conversations and exchange experiences in a relaxed atmosphere.

The gathering provided a valuable opportunity for students to connect with their instructors on a more personal level, fostering a stronger sense of belonging within the department.

Following breakfast, participants took part in a series of interactive activities and a friendly quiz competition that promoted teamwork, communication, and student engagement. The activities encouraged collaboration among participants and contributed to a lively and enjoyable atmosphere throughout the event.

The Department of Medical Laboratory Sciences organized a breakfast gathering for third-year students under the supervision of the MLS Public Relations Committee. The event was designed to strengthen relationships between students and faculty members while creating a welcoming environment that encouraged meaningful interaction outside the traditional academic setting.



The gathering successfully achieved its goal of enhancing communication, strengthening departmental spirit, and building lasting connections among students and faculty members. Such initiatives reflect the department's commitment to supporting not only academic excellence but also a positive and inclusive student experience.

Medical Laboratory Sciences

Building Connections Beyond the Classroom: MLS Third-Year Breakfast Gathering



Medical Laboratory Sciences

International Recognition: Dr. Mohamed Madkour Joins AGYA



The Department of Medical Laboratory Sciences proudly celebrates the achievement of Dr. Mohamed Madkour, who has been officially selected as a member of the Arab-German Young Academy of Sciences and Humanities (AGYA), one of the most prestigious and competitive interdisciplinary research networks connecting outstanding scholars from the Arab world and Germany.

Membership in AGYA is awarded to exceptional early- and mid-career researchers who have demonstrated excellence in their respective fields and a strong commitment to advancing scientific collaboration and innovation. Through this fellowship, members contribute to international research initiatives, interdisciplinary projects, and scientific dialogue addressing regional and global challenges.



The official inauguration of the new AGYA members took place during the AGYA Annual Conference, hosted by the University of Sharjah from November 17–20, 2025. The event brought together distinguished researchers, academics, and thought leaders from diverse disciplines to foster collaboration and knowledge exchange.

Dr. Madkour's selection represents a significant accomplishment for both the Department of Medical Laboratory Sciences and the University of Sharjah, highlighting the department's growing contributions to scientific research and international academic engagement.

Medical Laboratory Sciences

Diagnostics That Drive Healthcare: MLS Participation in the Healthcare Management Open Day



The Department of Medical Laboratory Sciences actively participated in the Healthcare Management Open Day through an engaging educational booth titled “Diagnostics that Drive Healthcare.”

The booth highlighted the vital role of medical laboratory professionals in modern healthcare systems and demonstrated how diagnostic testing supports clinical decision-making, disease detection, treatment monitoring, and public health initiatives. Students showcased a variety of laboratory technologies and clinical testing procedures, providing visitors with valuable insights into the scientific processes that underpin patient care.



Through interactive demonstrations and informative discussions, attendees gained a deeper appreciation of how laboratory diagnostics contribute to healthcare outcomes and improve the quality and efficiency of medical services. The participation also reinforced the importance of collaboration among healthcare disciplines and supported the event’s objective of promoting interdisciplinary integration within the healthcare sector.

The department extends its sincere appreciation to Dr. Asma Al Mansori, Ms. Amina, Ms. Zainab Al Mazmi, Ms. Asma Al Jeneibi, and MLS students Zain and Hafsa for their dedication and efforts in representing the department and contributing to the success of the event.

Medical Laboratory Sciences

Celebrating UAE National Day 2025: Science, Service, and National Pride



The Department of Medical Laboratory Sciences proudly participated in the UAE National Day 2025 celebrations organized by the University of Sharjah at the Medical Campus, joining the university community in commemorating the nation's remarkable achievements and rich cultural heritage.

Through its participation, the department showcased the essential role of medical laboratory sciences in supporting healthcare services and promoting community well-being. Visitors were introduced to the department's academic programs, professional contributions, and community engagement initiatives, highlighting the impact of laboratory professionals in advancing healthcare and improving patient outcomes.



In addition to presenting scientific and professional aspects of the discipline, the department's display incorporated elements of Emirati culture and heritage, creating a meaningful connection between national identity and professional service. The event provided an opportunity to celebrate the values of innovation, excellence, and community service that continue to drive the UAE's development.

Special appreciation is extended to Dr. Asma Al Mansouri, Chair of the College of Health Sciences and Chair of the MLS Public Relations Committee, as well as committee members Zainab Al Mazmi, Amina Al Ali, and Asma Al Jeneibi, and students Aisha Al Mheiri and Fatma Mohammed for their outstanding contributions and commitment to the success of the celebration.

Medical Laboratory Sciences

Showcasing Innovation and Research Excellence: MLS Senior Graduation Projects 2025–2026

Senior students in the Department of Medical Laboratory Sciences successfully presented and defended their graduation projects during the Fall 2025–2026 semester, marking an important milestone in their academic journey.



A total of seven high-quality projects were completed by approximately twenty-five students, with the majority involving original experimental research conducted throughout the semester. The projects addressed diverse topics within medical laboratory sciences and reflected the students' ability to apply scientific principles, research methodologies, and analytical techniques to real-world healthcare challenges.

During the presentations, students demonstrated strong scientific knowledge, critical thinking skills, and methodological rigor while effectively communicating their findings to faculty members, examiners, and peers. The examiners posed insightful questions that encouraged in-depth discussion and provided students with valuable opportunities to defend their work and reflect on the broader implications of their research.



The event highlighted the department's commitment to fostering a culture of research, innovation, and academic excellence. Beyond the scholarly discussions, the session also served as a celebration of the students' achievements, bringing together faculty members, classmates, and guests to recognize the dedication and hard work invested throughout the research process.

The successful completion of these projects reflects the preparedness of MLS graduates to contribute to scientific advancement, evidence-based practice, and the future of healthcare.

Conclusion

From scientific research and healthcare outreach initiatives to national celebrations and student activities, each event has contributed to strengthening the College's mission of preparing future healthcare professionals who are committed to excellence, innovation, and service.

As we conclude this edition of the College of Health Sciences Newsletter, we proudly reflect on a year filled with academic excellence, research achievements, community engagement, professional development, and memorable student experiences. The accomplishments highlighted throughout these pages demonstrate the dedication of our students, faculty, and staff in advancing healthcare education and serving the wider community.

As the team graduates and concludes the journey at the University of Sharjah, this newsletter marks my final contribution to the College of Health Sciences. I am deeply grateful for the opportunities, mentorship, friendships, and memories that have shaped my university experience. We leave with immense pride in what our college continues to achieve and complete confidence in the future generations of students who will carry forward its legacy of excellence.

Thank you to everyone who contributed to the success of this newsletter and to the many individuals whose dedication and achievements continue to inspire our community.

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