



Name	Dr Sheela Balu Abraham		
Nationality	Indian		
Gender	Female		
Rank/ Position	Lecturer		
Department	Preventive and Restorative Dentistry, College of Dental Medicine.		
<b>Qualification</b>	Date	Degree	Institution
	1986-1990	Bachelor's in dental surgery BDS	Manipal, Mangalore University, India
	1991-1994	Master's in dental surgery MDS in Endodontics and Conservative Dentistry	Manipal, Mangalore University, India
	2018-2022	PHD Endodontics (Dental Studies)	Universiti Malaya, Kuala Lumpur, Malaysia
	1997	UAE Ministry of Health registered and licensed as <b>General practitioner</b>	Ministry of health, UAE
	2004	UAE Ministry of Health registered and licensed as <b>Specialist Category A - Endodontics</b>	Ministry of health, UAE
	2016	UAE MOH re-evaluated and licensed as <b>Specialist endodontist</b>	Ministry of health, UAE

<b>Teaching Experience</b>	Date	Courses	Institution
	1994-1996	Assistant Professor in Conservative Dentistry and Endodontics	Yenepoya Dental College, Mangalore, India
	2007-2010	Lecturer, Department of General and Specialist Dental Practice	College of Dental Medicine, University of Sharjah
	2010 to 2017	Assistant Professor, Department of General and Specialist Dental Practice	College of Dental Medicine, University of Sharjah
	2017 to date	Lecturer- policy change at the University of Sharjah	College of Dental Medicine, University of Sharjah
<b>Work experience</b>			
	1998-1999	General Dentist	Dr Meera Medical centre, Sharjah, UAE
	1999-2007	General Dentist and Specialist Endodontist	Dr Sunny Medical Centre, Sharjah, UAE
<b>Research Publications</b>	<p>1. Invitro comparison of the shear bond strength of amalgam to tooth structure using 2 bonding agents-luting glass ionomer and 4META published in <b>Indian Journal of Dental Research 1998</b> Jan-Mar;9(1):5-11 Sheela Kurien et al</p> <p>2. Attitudes and practices of infection control among senior dental students in the United Arab Emirates"-published in in <b>European Dental Journal Vol 7, Supp 1 sept 2013</b> Betul Rahman, Sheela Balu Abraham, Amna Mohammed Al Salami, Fatima Eisa AlKhaja, Shaikha Ibrahim Najem</p> <p>3. Attitudes and Use of Rubber dam in private practices in the UAE- published in <b>Saudi Endodontic Journal Vol 2, Issue 3 Sept-Dec 2012</b> Sheela B Abraham, Betul Rahman, Ali Istarabadi, Abdulwahab Hussein Ali Mahmoud, Quqa Danielle</p> <p>4. Root canal morphology of mandibular first premolars in an Emirati population-a laboratory study. Published in the <b>European Journal of Dentistry Vol 9 No.4 Oct-Dec 2015</b> Investigators: Dr</p>		

	Sheela Balu Abraham, Dr V.K. Gopinath
	<p>5. Published an editorial in <b>E-Cronicon Dental Science</b> M Omer Gorduysus, Sheela B Abraham Endodontics Current trends, New Horizons..Vol 1.1(<b>2014</b>) 1-3</p> <p>6. Abraham S B, Maria D. Gaintantzopoulou and George Eliades. Cavity Adaptation of Water-Based Restoratives Placed as Liners under a Resin Composite. <b>International Journal of Dentistry Volume 2017</b>, Article ID 5957107, 8 pages</p>
	7. Abraham S. B, Abdulla N. Quality of Root Canal Fillings Performed by Undergraduate Students at the College of Dental Medicine, University of Sharjah, UAE. published in <b>J Dental Sci 2016</b> , 1(3): 000113.
	8. Quality of life of dentists. Sheela B. Abraham <sup>1</sup> , Aline Mazen Alsakka Amini <sup>2</sup> , Noha Ehab Khorshed <sup>2</sup> , Manal Awad <sup>1</sup> Journal Article- <b>European Journal of Dentistry</b> , Volume 12 / Issue 1 / January-March <b>2018</b>
	9. Prevalence, severity and explanatory factors of tooth wear in Arab populations” MA Awad, D ElKassas, L.A.Harhi, S.B. Abraham, K.S.Khalifa, M.E.Khalaf, R.AlHabashneh, D Bartlett Published in the <b>Journal of Dentistry 2019</b>
	10. Dentine hypersensitivity and dentine exposure in Arab patient populations Manal A. Awad Dina El Kassas Latfiya Al Harthi  Sheela Abraham, Khalifa Al-Khalifa Mai Khalaf, Rola Alhabashneh, David Bartlett. <b>Journal of oral rehabilitation- J Oral Rehabil. 2020;00:1–7</b>
	11.Prevalence, virulence and antifungal activity of <i>C. albicans</i> isolated from infected root canals Sheela B. Abraham, Farah al Marzooq, Wan Harun Himratul-Aznita , Hany Mohamed Aly Ahmed, Lakshman Perera Samaranayake Citation: Abraham et al. <b>BMC Oral Health (2020) 20:347</b>

	12. Antibiotic prescribing practices of dentists for endodontic infections; a cross-sectional study Sheela B. Abraham, Nizam Abdulla, Wan Harun Himratul-Aznita, Manal Awad, Lakshman Perera Samaranayake, Hany Mohamed Aly Ahmed. Citation: B. Abraham S, Abdulla N, Himratul-Aznita WH, Awad M, Samaranayake LP, Ahmed HMA (2020) PLoS ONE 15(12): e0244585.
	13. Prevalence and virulence of C.albicans isolated from infected root canals of an Emirati cohort . Sept 2019 Sheela. B. Abraham, Farah AlMarzooq, HMA Ahmed, WHH Aznita, LP Samarnayake. Abstract published in International endodontic journal IEJ <b>International endodontic journal</b> Vol 52, supplement 1, Nov 2019-Abstract Journal abstract
<b>Research Presentations</b>	
	1.A case report “Management of extensive coronal tissue loss in upper anterior teeth. Presented a <b>poster</b> at <b>Annual World congress of FDI</b> , held in Dubai, <b>2007</b>
	2. <b>3rd Sharjah Dental conference and 16th Emirates Medical association international conference</b> at Sharjah University Presented a <b>poster</b> , <b>December 2011</b> , Infection control Practices among senior dental students at College of Dentistry, University of Sharjah
	2. Quality of first root canal treatments performed by undergraduate students at University of Sharjah. Sheela B. Abraham, Nizam Abdulla. <b>Poster</b> presented At <b>Pan Arab Endodontic congress in Dubai 2012</b>
	3. Conference of <b>2nd Pan Arab endodontic</b> conference at Festival city, convention centre, <b>Dubai 2012</b> . Presented a <b>poster</b> : Attitudes of dentists in private practice to use of rubber dam
	4. First <b>student Dental Conference USDSA. April 2012</b> Current concepts and controversies at Sharjah University Presented a <b>Poster</b> : Use of thermo-catalytic bleaching technique for management of discolored non-vital tooth-a case report
	5. Patient’s attitude towards rubberdam Investigators- Abdel Wahab Mahmoud, Al-Haytham Waleed, Ali Istarabad, Danielle Quqa, Maryam Al-Shamsi, Mohammed El-Barbary, Mohammed Saeed, Waleed Sharif, Dr Sheela B. Abraham, Dr Manal Awad, oral presentation done at <b>1st Student Conference of USDSA 2013</b>

	6. Quality of life of dentists in private practices in the UAE presented a poster at the <b>36th Asia-Pacific Dental Congress in Dubai June 2014</b> Sheela B. Abraham, Aline Mazen Alsakka Amin, Noha Ehab Khorshed, Manal Awad
	7. Root canal morphology of mandibular first premolars in an Emirati population-a laboratory study. Sheela B. Abraham, V.K. Gopinath Presented a poster at <b>APDC, Hongkong 2015</b>
	8. Prevalence of tooth wear and related factors among Arab adults. Abstract accepted for presentation at <b>IADR –in London 2018</b> Manal A Awad, Dina Elkassas, Latfiya Alharthi, Khalifa S Al-Khalifa, Rola Alhabashneh, Sheela B Abraham, David Bartlett.
	9. Prevalence and virulence of C.albicans isolated from infected root canals of an Emirati cohort . Sept 2019 Sheela. B. Abraham, Farah AlMarzooq, HMA Ahmed, WHH Aznita, LP Samarnayake. presented a poster at the <b>European endodontic society congress in Vienna sept 2019</b>
<b>Research Grants</b>	1. Root canal morphology of mandibular first premolars in an Emarati population-a laboratory study Investigators: Dr Sheela Balu Abraham, Dr V.K. Gopinath Research seed grant from the University of Sharjah-15,000Dhs <b>14-2-2011</b>
	2. Cavity adaptation of Biodentin and MTA as cavity liners in comparison with a glass ionomer cement Investigators: Dr Sheela Balu Abraham, Dr Maria Dimitra Gaintantzopoulou, Dr Eliades G. Competitive research grant from the University of Sharjah-40,000Dhs <b>8-12-2013</b>
	3. A Micro-Computed Tomography Study of the Internal Topography of Apical Constriction in Mandibular Incisors: Definition, Size, Form, Location, Canal Configurations and Extensions. Seed grant research fund from University of Sharjah <b>2015</b> Principal Investigator: Prof Mehmet Omer Gorduysus Co-investigator-Dr Sheela Abraham
	4. Prevalence of tooth wear in Arab populations <b>2016</b>

	Principal Investigator: Dr Manal Awad Co-investigator: Dr Sheela Abraham and others Funded for Dhs 950,000 by Glaxo SmithKline.
	5. Validation of a novel in-situ method of cultivating oral biofilms to study dental caries <b>Jan. 2017</b> Principal Investigator: Prof Hien Ngo Co-investigators: Dr Sheela B Abraham, Dr Nizam Abdulla, Dr Farah Al Marzooki, Dr Lakshman P Samaranayake Applied for fund for : Seed grant 40,000 by UOS
	6.Prevalence and Severity of Tooth Wear among Adolescents in the UAE-Targeted grant for 94,000 Principal Investigator-Dr Manal Awad Co-Investigator- Prof. Ensanya Abou Neel, Dr Nadia Khalifa, Dr Sheela B. Abraham
<b>Proficiency and trainings</b>	
<i>October 2020</i>	Advanced E-assessment skills: Crafting credible exam questions and effective online proctoring
<i>May 2021</i>	Lasers in Dental Practice –online training
<i>March 2021</i>	Accreditation Canada on Patient –Centred Care in Qmentum Global
<i>April 2019</i>	1 <sup>st</sup> and 2 <sup>nd</sup> practical session in <b>Research Methodolgy and Biostatistics</b> course at college of Medicine University of Sharjah
<i>March 2019</i>	<b>Basic Life support</b> for health care providers course by American Heart Association
<i>April 2018</i>	“T & L” workshop: Intergrating research in undergraduate courses- Institute of Leadership in Higher Education, University of Sharjah
<i>May 2017</i>	Basic life Support for Health Care Providers course-American Heart Association
<i>June 2016</i>	Attended an advanced workshop on advanced endodontics and certified as a trainer. <b>Dentsply Maillefer</b> - Ballaigues, Switzerland.
<i>Nov 2015</i>	Attended workshop on “ <b>Elsevier</b> ” <b>Interactive Academic Database</b> training at University of Sharjah.
<i>Feb 2015</i>	Attended a workshop on “Research Ethics Faculty Development Workshop” Conducted by Prof Henry Silverman” at College of Medicine, UOS
<i>Jan 2015</i>	Attended an extensive training program in “Axium Computer Systems In Dental Practice” at the College of Dental Medicine, UOS
<i>November 2011</i>	Designated as official for Dentsply Maillefer team and has attended the “ <b>Train the Trainer</b> ” course

<i>October 2011</i>	- <b>“Basic Life support</b> for health care providers” From American Heart Association
<i>April 2011-</i>	<b>“Healthy Lifestyle workshop”</b> conducted by College of Health Sciences, University of Sharjah
<i>June 2010</i>	<b>“The evidence-based Healthcare workshop”</b> From University of Sharjah and Sheikh Hamdan Bin Rashid A Maktoum Award for Medical Sciences
<i>March 2010</i>	<b>“Laser Dentistry for General Practice”</b> From SULTARC-International Dental Laser Course.
<i>September 2010-</i>	<b>“Revisiting Team based learning in Medical and health Science Education Workshop”</b> In University of Sharjah, Medical and Health Sciences
<i>October 2010-</i>	<b>“Invisible restorations with resin Composites: a possible challenge</b> in association with Scorpios, International In University of Sharjah
<i>November 2009</i>	<b>“Magnification in Dentistry”</b> a Hands-on training during theFODI(Federation of Operative Dentistry of India and IES(Indian Endodontic Society)National Conference
<i>April 2009</i>	<b>“Endodontic excellence-Intergrating Science into the dental practice</b> a workshop conducted by Nobel Medical centre, Sharjah
<i>March 2009</i>	<b>“The Learning, Teaching &amp; Assessment in Clinical Settings”</b> workshop-College of Medicine, UOS, U.A.E
<i>March 2009</i>	<b>“The Quality, Standards and Accreditation in Health Professions Education”</b> workshop-Medical and Health Sciences College, UOS, U.A.E
<i>Dec 2008</i>	- <b>Trends and Evolution of Implant Dentistry</b> - Zimmer Institute, Winterthur, Switzerland
<i>Nov2008</i>	- <b>ME Professional Implant Course-Zimmer Implant Systems –</b> CDE New York University
<i>Oct 2008</i>	- <b>GlamSmile Certified Dentist</b> – advanced theory and training in Dental Aesthetics using GlamSmile Veneer technology

<i>Feb 2008</i>	<b>Cerec 3D CAD/CAM Basic Course</b>
<i>Dec 2007</i>	<b>Emergencies in Medical and Dental Practice</b>
<i>Feb 2007</i>	<b>Current treatment concepts in practice-</b> Quintessence International Dental meeting
<i>Jan 2007</i>	<b>New Perspectives on Minimally Invasive Dentistry</b> – Ministry of Health, UAE
<i>March 2005</i>	<b>Smile Designing and Full Mouth Rehabilitation</b> – under the auspices of NewYork University College of Dentistry & Smile Care, Mumbai a one-week full time course.
<i>Oct 2004</i>	– <b>Basic Life Support for the Healthcare Provider</b> in accordance with the curriculum of the American Heart Association
<i>May 2004</i>	<b>Current concepts in American Dentistry, Cosmetic Dentistry &amp; Oral Rehabilitation</b> – at NewYork University – New York a two-week full time resident course.
<i>July 2003</i>	<b>Dentistry Today</b> – a seven-day comprehensive training program at Smile Care Center Mumbai in association with NYU College of Dentistry, New York.
<i>May 2003</i>	<b>Mastering a new era of Automated Root Canal Instrumentation</b> – workshop by EMA, Dubai.
<i>Jan 2003</i>	<b>Tooth Whitening, Aesthetics and Shade taking</b> – conducted by Health Plus International training and development centre.
<b>Presentations And talks At conferences</b>	
2010 February	Conference on Interdisciplinary approach for comprehensive dental care at Gulf Medical University, Ajman Oral Presentation on: <b>Teeth Bleaching</b>
January 2010	Seminar on “ <b>Standardisation of Teaching in the dental clinics</b> ” in College of Dentistry, University of Sharjah
April 2010	CME with Ajman Medical Zone and Ibn Sina Medical Centre,at Kempinski Hotel, Ajman UAE – <b>Oral Presentation on Treatment Outcomes in Endodontics</b>
Jan 14 <sup>th</sup> , 2011	Conference on Dental Aesthetics at German Dental Oasis Health Care city, Dubai Presentation on “ <b>Tooth resorptions</b> ”



March 2011	Conference by Emirates Medical Association and GSK at Ras Al Khaimah – <b>Oral Presentation on Tooth erosion</b>
April 2012	First Dental students conference USDSA: Current concepts and controversies at Sharjah University <b>Presented a workshop</b> on Protaper Universal Endodontic workshop
December 2011	Sharjah Dental college and 16 <sup>th</sup> EMA International Dental Conference at the University of Sharjah <b>Presented a workshop on Wave one</b> ; bringing simplicity to Endodontics
October 2011	CME in Ajman MOH and Ibn Sina Ajman at Ajman University conference hall <b>Oral Presentation on Tooth resorption</b>
December 2011	CME with AKMG- All Kerala Medical Graduates conference at Holiday International in Sharjah <b>Oral Presentation on Tooth erosion</b>
December 2012	CME with AKMG-All Kerala Medical Graduates Conference at Holiday International Sharjah-Diagnostic dilemmas in Dentistry <b>Oral Presentation on : When the pulp cries.</b>
March 2013	Contemporary Implant odontology and restorative dentistry conference at Ras al Khaimah college of dental sciences- <b>Oral Presentation on Regeneration in endodontics</b>
May 2013	Mastering endodontics (from A-Z) endodontic course in University of Sharjah, college of Dentistry <b>Oral Presentation on Treatment outcomes in Endodontics</b>
April 2015	Conducted workshop on” Full mouth Rehabilitation” at the 3rd International Students conference
	Routinely attend all dental meetings and conferences in the UAE to keep myself updated on new equipment, materials and techniques with particular emphasis on Endodontics
<b>Work Experience</b>	
Feb 2007 to date	University of Sharjah, College of Dentistry Position- <b>Lecturer</b> 2007-2010– Department of General & Specialist Dental

	<p>Practice</p> <p>2007 – 2008 Stream Coordinator – Dental Clinical Practice II &amp; III</p> <p>2008 – 2009 Stream Coordinator – Dental Clinical Practice III</p> <p><b>Assistant Professor</b>-2010 to 2017</p> <p>2010-Stream co-ordinator of DCP4</p> <p>2011 to date- Stream Co-ordinator of DCP3</p> <p><b>Lecturer</b> 2017 to date-Department of Preventive and Restorative Dentistry</p> <p>DCP 3 Stream Co-ordinator.</p> <p>Designation changed due to policy change at the university level.</p> <p><b>Specialist Endodontist:</b> Centre of Excellence, University Dental Hospital, Sharjah, UAE since 2007</p> <p><b>Examiner</b> for exit exams for undergraduate dental students.</p> <p>Serve on several <b>college committees at College of Dental medicine, UOS</b></p>
Dec 1999-Feb 2007	<p>Institution-Dr. Sunny’s Medical Center, Sharjah</p> <p>Position-Endodontist practitioner and General Dentist</p>
May1998-Dec 1999	<p>Institution-Meera Medical Clinic, Sharjah</p> <p>Position-General Dentist</p>
Sept.1994 – Feb.1996	<p>Institution-Yenepoya Dental College, Mangalore, India</p> <p>Position-Assistant Professor in the specialty of Conservative Dentistry &amp; Endodontics</p>
<b>Personal Data</b>	
Gender	Female
Nationality	Indian
Date of Birth	21 <sup>st</sup> December 1967
Marital status	Married with 2 children
Contact	<p>Mob. +97150 4828915</p> <p>Res. +9716 5458306</p> <p>Email. <a href="mailto:sabraham@sharjah.ac.ae">sabraham@sharjah.ac.ae</a></p> <p><a href="mailto:Sheelaba67@hotmail.com">Sheelaba67@hotmail.com</a></p>
Languages	<p>English – Excellent (medium of Education)</p> <p>French- Intermediate</p> <p>Arabic – Intermediate</p>
Memberships	<p>-Member of Emirates Medical Association</p> <p>-Member of the FODI and IES-Federation of Operative Dentists of India and the Indian Endodontic Society</p> <p>-Member of AKMG-All Kerala Medical Graduates</p> <p>-Member of the Biomaterial Research group at University of Sharjah, College of Dental Medicine.</p>

	-Member of the Microbiome Research Group at the University of Sharjah, College of Dental Medicine.
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