

Mustafa Habeb

MD, MSc

Mostafa81@hotmail.com

mhabeb@sharjah.ac.ae

Mustafa.Habeb@nhs.net

+447799334579

+971547733211

Medical registration status: Fully registered medical doctor with a licence to practice in the UK and the Republic of Ireland

GMC 7563746

MDDUS M253103

MCI 417364

BMA 3221985

Profile

A qualified British medical doctor with a master's degree in Primary healthcare. Currently, I am working as a lecturer in Nursing department at the College of Health Sciences, University of Sharjah. Priorly, I worked as a locum Specialist Registrar in acute inpatient adult psychiatry unit in Ladywell, Lewisham University Hospital, South London and Maudsley NHS Foundation Trust. Good team player, reliable, hardworking, trustworthy, quick learner, organized, flexible, versatile individual who always aims for the best results. Works effectively with medical teams, administration staff, academic staff, students, patients, humanitarian organizations, and the public health sector. I work well as part of a team and independently as well. Both good communication skills and positive engaging personality enable me to communicate and collaborate well with colleagues and also help me to create a good working environment.

Summary of experience and responsibilities

August 2023- Current date, Lecturer in Nursing department at College of Health Sciences, University of Sharjah.

Teaching different courses: Health and Safety English and Arabic Sections, Advanced Communication Skills, Physical Assessment theory and practical, Health Education and Health Profession, Ethical and Legal issue in Health Profession, pathophysiology and Psychosocial Aspects in Health Profession. Furthermore, I work as an academic advisor for 62 students.

June- August 2023, Specialist Registrar in acute inpatient adult psychiatry unit in Ladywell, Lewisham University hospital, South London and Maudsley NHS Foundation Trust.

Leading ward rounds and Daily Clinical Care Meetings (DCCM). Responsibilities included leading ward rounds and Daily Clinical Care Meetings (DCCMs), performing

mental state examinations and risk assessments, and composing medical reports for tribunal hearings.

July 2022- February 2023 , locum specialty doctor in community adult psychiatry at Avenue House, Ealing Acton MINT, West London NHS Trust.

January - June 2022. Locum specialty doctor in adult psychiatry, Topaz Ward (acute inpatient), Crystal Centre, Broomfield. Essex Partnership University NHS Foundation Trust.

Writing up drug charts, amending and starting medications accordingly, clerking, medicine reconciliation, attending MDTs, attending formulation meetings, clerking CPA discharge meetings, discussing housing options with DIT, attending clinical governance meetings, performing mental health assessments, writing discharge summaries, writing reports to MHA office and tribunal courts, filling admission forms, fill and sign medical reports ,conducting and interpreting ECG and blood tests, performing medical reviews, calling, referring and following up GPs and other relevant mental health services.

August- November 2021. Locum SHO in adult psychiatry, Trent Ward Dennis Scott Unit, (acute inpatient), Edgware Community Hospital, London.

Writing up drug charts, amending and starting medications accordingly, clerking, medicine reconciliation, attending MDTs, attending formulation meetings, clerking CPA discharge meetings, discussing housing options with DIT, attending clinical governance meetings, performing mental health assessments, writing discharge summaries, writing reports to MHA office and tribunal courts, filling admission forms, conducting and interpreting ECG and blood tests, performing medical reviews, calling and following up GPs and other mental health services.

October 2020 until June 2021. Lecturer in College of Medicine, Department of Family & Community Medicine and Behavioural Sciences, University of Sharjah, UAE.

My responsibilities included:

Creating and delivering several public health and psychiatry lectures for the third and fifth year of medical school, including social determinants of health, psychopathology of dysfunctional families, personality disorders, and defence mechanisms. Supervising junior doctors at the Covid-19 vaccination centre. Supervising and facilitating Problem Based Learning (PBL) multisystem for year 2. Participating as an examiner in Objective Structured Clinical Examination (OSCE) examiner for year 1,2,3,4 and 5 at different stations. Organizing and supervising visits to corrective and punitive institutes in Um al Quwain for year 3 students as part of the community health program. Supervising and evaluating Clinical Based Research (CBR) students' posters and research. Developing and coordinating strategic plans, flyers, websites, and external agreements of the department. Writing and reviewing exam questions (public health and psychiatry). Reviewing exam questions for different years at the college of medicine. Advising students regarding their educational and social difficulties and challenges during the pandemic. Interviewing new students for medical school admission. Invigilation of students in their exams delivered by exam soft. Coordinating web-based courses in Clinical Research Methodology and Good Clinical Practice. Coordinating psychiatry and behavioural sciences clerkship. Participating in the clinical research group. Attending several webinars, workshops, and conferences delivered by the University of Sharjah and external foundations. Participating as a representative for the college of medicine at UOS virtual open days.

November 2019 until September 2020. SHO at Ealing Crisis Assessment and Treatment Team (ECATT) St Bernard's Hospital. West London Mental Health NHS Trust.

Writing up drug charts, amending and starting medications, clerking, medicine reconciliation, attending MDTs, performing mental health assessments, writing discharge summaries, writing reports, filling admission forms, requesting and interpreting ECG and blood tests, performing medical reviews, carrying the on-call bleep for liaison psychiatry and wards, calling and following up GPs and other mental health services.

November 2019. Locum Senior House Officer at ENT department, Queen's Hospital, Romford.

Covering the ENT cases at A&E, at Major lite, Majors, children A&E, and UCC. Responsibilities also included history taking, attending the morning ward, clinical examination, clerking, filling admission forms, filling drug charts, requesting and interpreting lab and x-ray investigations, and working collaboratively with the night shift's colleague to prepare the next day's morning handover list.

September – October 2019. Locum Senior House Officer. Adult Psychiatry PICU, Berry wood Hospital, Northampton / Northampton General Hospital, Liaison Psychiatry (A&E) / Campbell House Outpatient clinic, Northampton.

Attending morning ward and handover, Mental Health Act, mental health assessment, lectures through the education program, occupational therapy sessions, and psychotherapy sessions. Moreover, my responsibilities included clerking, calling GPs and other mental health services to arrange patients' appointments, revising patients' files, and talking to patients regarding the treatment plan, discharge, and other future referrals.

September 2017 - May 2019. Completion of MSc degree/ preparation for Ph.D. in public health.

Engaged in finishing my MSc degree and preparing for Ph.D. in public health. As part of the Ph.D. research program, I volunteered in Greece and Turkey with NGOs for helping refugees to understand and assess their situation closely. Completed my requirements for full registration and license to practice with the GMC. Moreover, I attended some conferences, exhibitions, and workshops. I completed mandatory courses, CPDs, appraisal, and other requirements for attaining work in the UK.

September 2015- September 2017. Macula Clinic, A&E at Western Eye and Charing Cross Hospitals, Imperial College Healthcare, London.

History taking, measuring patient's visual acuity and intraocular pressure. Furthermore, examining patients with a wide range of eye conditions such as wet and dry age-related macular degeneration, diabetic retinopathy, cataract, retinal detachment, different ophthalmic cases, and glaucoma. Moreover, attending intravitreal injections sessions, attending surgeries, laser sessions, and MDT. In addition to participating in clinical research and clinical audit.

May- November 2015. Observer, Breast Surgery Unit at Charing Cross Hospital, Imperial College Healthcare, London.

My responsibilities included:

History taking, examining patients with a wide range of breast oncology and cosmetic problems, attending mammograms, surgeries, and MDT.

July -September 2014. Observer, General Surgery, Canadian Hospital, Dubai, UAE.

My responsibilities included:

Clinical examination of patients at the general surgery ward and A&E. Attended different laparoscopic surgical interventions such as gastrectomy, sleeve gastrectomy, gastric bypass, laparoscopy, and GI cosmetic surgeries.

May - June 2014. Clinical research fellow at National Institute of Legal Medicine Iasi, Romania.

Assisting in autopsy, medical archives, medico-legal reports, and bioethical issues.

UNDERGRADUATE QUALIFICATIONS

May 2015

MD, Gr.T. Popa UMF Iasi, Romania

POSTGRADUATE QUALIFICATIONS

December 2017

MSc International Primary Healthcare, Queen Mary University of London

Clinical Research

1. Habeb M, Ciobanu A, Al-Ani M, et al. (June 05, 2025) Stigma in Mental Health: The Status and Future Direction. *Cureus* 17(6): e85398.
doi:10.7759/cureus.85398
2. Mottershead, R., Subu, M. A., Habeb, M., Bani-Issa, W., Dias, J. M., Abraham, M., Seshan, V., Almarzooqi, A., Alshamsi, M. B. S., Al-Tamimi, M., Kavumpurath, J., AL-Fayyadh, S., Hall, J., Shahrour, G., Sanad, S., Almarzrouei, S. S., Alshaer, S. A. M., AlHammadi, A. Y., & Ali, M. B. H. A. (2025). The Holy month of Ramadan: A blessed union (Etihad) of societal collective effervescence, belonging and positive mental health for all [version 1; peer review: awaiting peer review]. *F1000 Research*, 14, 327-.
<https://doi.org/10.12688/f1000research.162960.1>
3. Mottershead, R., Subu, M. A., Habeb, M., Alonaizi, N., Bani-Issa, W., Dias, J. M., Refaat Ahmed, F., Abraham, M. S., Al-Fayyadh, S., Almesafri, R. K. S., Alhaiti, A., Awad Al-Kubaisi, K., Murendo, C., Al-Jabri, M., Hall, J., Shahrour, G., & Harrison, C. (2025). A eConstructionist Influenced Scoping Review of Addictions, Deviance and Crime: Biopsychosocial Perspectives for the Emerging Forensic Mental Health Nursing and Healthcare Services of the Middle East. *F1000Research*, 14, 120.
<https://doi.org/10.12688/f1000research.160802.1>
4. Ammar Abdulrahman Jairoun, Sabaa Saleh Al-Hemyari, Moyad Shahwan, Mena Al-Ani, Mustafa Habeb, Faris El-Dahiyat, Bridging generations: The central role of career-stage mentorship in social and administrative pharmacy, *Exploratory Research in Clinical and Social Pharmacy*, Volume 16, 2024, 100506, ISSN 26672766, <https://doi.org/10.1016/j.rcsop.2024.100506>. (<https://www.sciencedirect.com/science/article/pii/S2667276624001033>)
5. Jairoun AA, Al-Hemyari SS, Shahwan M, Karuniawati H, Zyoud SH, Abu-Gharbieh E, Zyoud SH, Al-Ani M, Habeb M, Jairoun M. Assessing Students' Knowledge and Attitudes Regarding the Risks and Prevention of

Consanguineous Marriage: A Cross-Sectional Online Survey. *J Multidiscip Healthc.* 2024;17:1251-1263 <https://doi.org/10.2147/JMDH.S449348>

6. Jairoun, A. A., Al-Hemyari, S. S., Jairoun, M., El-Dahiyat, F., Al Ani, M. R., & Habeb, M. (2024). Corrigendum to "Hidden factors in community pharmacy related to medication safety risks: Pushing patient safety to breaking point" [*Res. Soc. Adm. Pharm.* 18, Issue 8 (August 2022), 3217-3219]. *Research in social & administrative pharmacy : RSAP*, 20(6), 174. <https://doi.org/10.1016/j.sapharm.2024.03.010>
7. Mottershead R, Subu MA, Al-Yateem N et al.: A sense of coherence and health among British military veterans exposed to impactful life challenges - the emergence of post-traumatic growth and positive deviance within a life-story approach [version 1; peer review: 4 approved]. *F1000Research* 2024, 13:92 (<https://doi.org/10.12688/f1000research.145255.1>)
8. Mottershead R, Maria Dias J, Bani Issa W, Al-Yateem N, Ahmed FR, et al. (2023). Life Story Research: Methods, Theory and Analysis in Exploring Addictions and Substance Misuse with Military Veterans Exposed to the Criminal Justice System within the United Kingdom. Ashdin Publishing *Journal of Drug and Alcohol Research* .*Journal of Drug and Alcohol Research* Vol. 12 (2023), Article ID 236267, 10 pages, DOI:10.4303/JDAR/236267
9. Hamoud A, Zacharaki F, Rashad M, Awwad S, Herscu K, et al. (2023) Efficacy of Dexamethasone Sustained Released Implant in Treatment of Diabetic Macular Oedema: A Study during the COVID-19 Pandemic. *Int J Ophthalmic Pathol* 12:1. ISSN: 2324-8599. Efficacy of Dexamethasone Sustained Released Implant in Treatment of Diabetic Macular Oedema: A Study during the COVID-19 Pandemic | *SciTechnol*
10. Jairoun AA, Al-Himyari SS, Shahwan M, Al Ani M, Habeb M, Jairoun M, Zyoud SH, Alkhanani MF, Alhasani RH, Hakami AY, Ainousah BA, Alshehri FS, Alorfi NM and Suliman A (2023) Community pharmacists' perspectives on cardiovascular disease pharmaceutical care in the United Arab Emirates: a questionnaire survey-based analysis. *Front. Pharmacol.* 14:1237717. doi: 10.3389/fphar.2023.1237717
11. Jairoun, A. A., Al-Hemyari, S. S., El-Dahiyat, F., Jairoun, M., Shahwan, M., Al Ani, M., Habeb, M., & Babar, Z. U. (2022). Assessing public knowledge, attitudes and determinants of third COVID-19 vaccine booster dose acceptance: current scenario and future perspectives. *Journal of pharmaceutical policy and practice*, 15(1), 26. <https://doi.org/10.1186/s40545-022-00422-2>

12. Jairoun, A. A., Al-Hemyari, S. S., Shahwan, M., Godman, B., El-Dahiyat, F., Kurdi, A., Al Ani, M., & Habeb, M. (2022). Top unresolved ethical challenges and dilemmas faced by community pharmacists in providing pharmaceutical care: Drawing the line between ethical challenges and the quality of the pharmaceutical care. *Research in social & administrative pharmacy: RSAP*, S1551-7411(22)00159-0. Advance online publication. <https://doi.org/10.1016/j.sapharm.2022.05.009>
13. Ammar Abdulrahman Jairoun, Sabaa Saleh Al-Hemyari, Naseem Mohammed Abdulla, Mena Al Ani, Mustafa Habeb, Moyad Shahwan, Ammar Ali Saleh Jaber, Faris El-Dahiyat, Maimona Jairoun, Knowledge about, acceptance of and willingness to use over-the-counter COVID-19 self-testing kits, *Journal of Pharmaceutical Health Services Research*, Volume 13, Issue 4, November 2022, Pages 370–377, <https://doi.org/10.1093/jphsr/rmac037>
14. Jairoun, A. A., Al-Hemyari, S. S., Jairoun, M., El-Dahiyat, F., Al-Ani, M., & Habeb, M. (2021). Hidden factors in community pharmacy related to medication safety risks: Pushing patient safety to breaking point. *Research in social & administrative pharmacy: RSAP*, S1551-7411(21)00377-6. Advance online publication. <https://doi.org/10.1016/j.sapharm.2021.11.005>

Case presentations

1. All the World is a Stage: A proposed hybrid model for the use of digital storytelling and simulated clinical actors within nurse education at the University of Sharjah, UAE. Participating in poster presentation at the 2nd International Nursing, Midwifery and Allied Health Congress, hosted by Burjeel Holdings in Abu Dhabi, UAE 11/11/23
2. Bedan Aseel Hamoud and Habeb Mustafa. Characterizing the White Dot Syndromes, Atypical Presentation of Inflammatory Chorioretinopathy during the Covid-19 Dilemma - Case Presentation. *EC Ophthalmology* 14.5 (2023): 01-06.

Conferences, Forums, and Congresses

1. JRM, faculty of medicine, Cadi Ayyad University, Marrakesh, Morocco, Post-traumatic stress disorder among refugees in Greek camps presented and published March 2019.
2. Academy of Scientific Research & Training, London International Forum, February 2018

3. EU Retina, Barcelona, September 2017.
4. Iraqi Jurist Association International Conference, Human Rights in Iraq, Istanbul, 2014

Appraisal Certificates, June 2020, April 2022, March 2023 and January 2024.

Training Courses

- Advanced Certificate in Health Professions Education. (Ongoing) . University of Sharjah.
- January 2024 , 66 completed courses 97 CPD Points
- September- October 2023, Central Laboratories Courses. University of Sharjah
- October 2023, Academic Advising System and Student Attendance System(English) University of Sharjah
- October 2023, Faculty Peer Observation of Teaching. University of Sharjah
- December 2022 Responsible Animal Research: Critical, Challenging & Creative Thinking Course.
- November 2022 60 Online training courses, 88 CPD Points
- July 2022 Rio Community, Rio and System One, Continuous Professional Development Certificate, Tutored course, West London NHS Trust.
- April 2022. OSCE examiner training course, Bart's and The London School of Medicine & Dentistry, Institute of Health Sciences Education, Queen Mary University of London.
- April 2022. 25 CPD, Learn a Study PRN, accredited by Union Européenne des Médecins Spécialistes (UEMS) and approved by the Faculty of Pharmaceutical Medicine.
- December 2021. 61 Online training courses, 86 CPD points.
- April 2021. Professionalism in a Pandemic: lessons from Covid-19, RCSI, University of Medicine and Health Sciences, Ireland, 5 CPD points accredited by RCSI.
- April 2020. Training Courses, 50 courses yield 79 CPD points.
- March 2020. Clozapine; Gastric Hypomotility, Ileus the need to be proactive. London Northwest Healthcare NHS Trust, Postgraduate Department at Ealing Hospital, London.
- February 2020. Section 136 new Rio process, West London NHS Trust, St Bernard's Hospital, London.
- February 2020. Forensic Case presentation, Post Grad Medical Education Centre, West London NHS Trust, St Bernard's Hospital, London.
- November 2019. Rio Community Clinicians, West London NHS Trust, London
- October 2019. BMJ Live - Careers Fair, London.
- October 2019. CCR Clinical Cosmetic Regenerative Expo London.

- August 2019. BLS&AED Level 2.
- Jan 19, Jan 20. Mandatory Training Courses, 15 courses yield 27 CPD Points.
- Sept 2018. American Heart Association, Dubai, UAE.
- March 2016. Personal life coaching course, London.
- December 2015. Bio microscopy, Moorefield Eye Hospital, London.

Voluntary Work

- 15/12/2015 – Present member and fundraiser of Mercy Worldwide Charity, London. (Multiple participations in charity and refugee missions in Greece and Turkey).
- 01/09/2016 -01/09/2017, member of Youth Stop Aids at Queen Mary University of London.

Online webinars, workshops, and conferences

- January 2024, Annual Mentorship Workshop. Speaker at Webinar. University of Sharjah.
- 16th May, 5th, 7th, and 14th July 2022. MBBS Part 1D, 3D and 4D OSCE examiner on; at Barts and the London School of Medicine, Queen Mary University of London.
- 15th November 2020 COVID-19 and Children, University of Sharjah – UAE.
- 23rd November 2020 COVID-19, University of Sharjah –UAE.
- 07th December 2020 Writing Effective Research Proposals, University of Sharjah- UAE.
- 10th January 2021, Nutritional requirements of people with special needs, Supreme Council for Family Affairs.
- 12th January 2021, First aid and impact of Covid-19, Supreme Council for Family Affairs.
- 7th February 2021, When I should stop doing research? Research talk, University of Sharjah.
- 22, 23rd February 2021, Tackling drug addiction and addicts' rehabilitation: Scientific and practical approach (virtual conference), University of Sharjah.
- 22nd March 2021, Physical activity and quality of life, University of Sharjah.
- 4th April 2021, Effect of Covid-19 on scientific research, University of Sharjah
- 8th April 2021, Management of disaster and crisis during Covid-19, University of Sharjah.
- 8th of April 2021, The 1st International Forum on Sustainable Development and Sustainable Innovations, University of Sharjah.
- 13th of April 2021, Online training workshop titled: Copyright in Online Teaching: Creative Commons as an Alternative, organized by Medical Education Centre, University of Sharjah.
- 21st April 2021, Thoughts detox and charisma, University of Sharjah (virtual workshop).
- 23rd April 2021, Professionalism in a Pandemic: lessons from Covid-19, RCSI-Ireland, University of Medicine and Health Sciences. (Virtual conference).

- 29th April 2021, Metabolism and weight management, University of Sharjah.
- 1st May 2021, Thinking compass and innovation management, university of Sharjah (virtual workshop).

Languages

Arabic, English, and Romanian

Referees available upon request